



# Choices for Life 5k

CONFIDENT CHOICES CREATE STRONG BEGINNINGS



## USATF Certificate

NC24028DF

Effective: 08/01/2024

Through: 12/31/2034



### Splits:

Mile 1: On Greenway, 35.521990, -78.327380

Mile 2: On Greenway, 35.520475, -78.327716

Mile 3: On SSHS Track, adjacent to 5<sup>th</sup> post after gate to south of bleachers on west side

### Directions:

Start on SSHS Track (east side)

Exit track via gate in SW corner

Exit school gate

Left onto sidewalk trail

Left onto park sidewalk trail (after bridge)

Left onto greenway connector trail

Left onto greenway

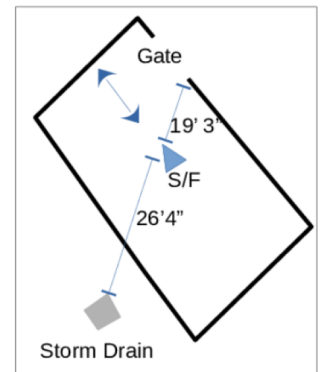
Turn-around on 3<sup>rd</sup> wooden bridge on greenway

Return following the same path

This course was measured using the full width of the road, unless otherwise noted, and the Shortest Possible Route (SPR)

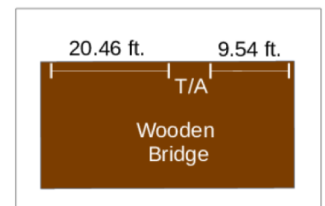


### Start/Finish Detail



The S/F is an imaginary line on the tip of the blue/pink triangle in Lane 4 in the NW corner of the track, located next to the endzone of the adjacent football field.

### Turn Around Detail



The turn-around is marked by a mag nail on the N side of the 3<sup>rd</sup> wooden bridge when following the greenway away from the Smithfield Community Park.