

Course starts on S Main St and heads NORTH to the Mill St roundabout. Runners turn BEFORE the roundabout and head SOUTH on S Main to Bartges. Next WEST on Bartges to La Salle (closest to Dart). Next East on Bartges to the Towpath entrance. Take Towpath SOUTH, cross bridge, run NORTH to Finish Line behind Temporary Lock 3 Festival Site.

