





# Playmakers Kids' Running Glub



GOOD FORM RUNNING

Meridian Township and Playmakers have partnered to offer this unique fitness opportunity for children in 3rd-6th grades. Running Club members receive professional instruction in **Good Form Running** from Playmakers during seven (7) training sessions and concludes with a Fun Run Finale! Our goal is to promote healthy, active lifestyles and help children get in shape for other sporting activities.

<u>Days and Times</u>: Tuesdays and Thursdays from 5-6 pm Dates: April 14, 16, 21, 23, 28, 30, May 5, 7 (finale event)

Location: Nancy Moore Park

Price: \$40

Registration Deadline: April 10 (or until full)

## Proper Attire:

Running shoes and weather appropriate P.E. style clothing. Please bring water.

To Register: See back of form (Must sign registration form and Concussion information form)

#### For More information:

Playmakers Contact: Rob Antcliff- <a href="mailto:rantcliff1@gmail.com">rantcliff1@gmail.com</a>

The May 7th Finale Event is a fun run for participants, parents, family and friends. An official 3K course will be set up-complete with finish line, banners and the Playmakers event truck playing music!



# Playmakers Kids Running Club Registration Form



### **Registration Options**

- Online: Connect to <a href="www.meridian.mi.us">www.meridian.mi.us</a>: click on Recreation Department and then click on Active.com online registration banner
- **By Mail:** Send a completed registration form with a check, money order, or credit card information to Meridian Township Parks and Recreation; 2100 Gaylord C. Smith Court, East Lansing, MI 48823.
- **Phone:** To register by phone, please call (517) 853-4608 between the hours of 7:30 am 4:00 pm, Monday Friday.
- By Fax: To register by fax, call (517) 853-4099.
- **In Person**: Meridian Township Parks & Recreation Office, 2100 Gaylord C. Smith Court, East Lansing 48823, between the hours of 7:30 am and 4:30 pm. (Nancy Moore Park entrance off Okemos Road).
- Payment: Checks made payable to Meridian Township. Visa and MasterCard are accepted.

Player's Name	Age	Current grad	le	_Birth date//	<u>'</u>
Sex: Boy Girl School	Parent's Name				
Address			City		Zip
Home Phone	Work Phone				
Cell phone	E-mail Address				
Special Needs or Requests					
Method of Payment: CIRCLE ONE	Cash	Check	Visa	MasterCard	American Express
Cardholder NAME: (PRINT)			Card Number:		
Signature:	DATE:		Expiration Date:		
I hereby give my consent for the above referenced player to participate in the Playmakers Running club sponsored by Meridian Township Parks and Recreation and Playmakers for the 2014 season. I, on behalf of myself, the player, and our family, release and discharge all of the coaches, officials, Meridian Township Parks and Recreation and Playmakers from any and all liability and responsibility for any injury that the player may sustain while participating in the Program. I acknowledge that the Meridian Township Program and Playmakers does not provide medical insurance for participants.					
I hereby grant consent to any and all health care providers designated by Meridian Charter Township					
to provide my childany necessary medical care as a result of any injury/illness This consent name includes First Aid and transportation to/from health care providers.					
Parent or Guardian Signature	Date				
I give consent for my child to be photographed and or videotaped by Meridian Township for educational, informational, public relations and promotional purposes.  YES NO					