



Individual Registration Form

Friday, June 15th (Happy Hour Heat, 21+) and **Saturday, June 16th** (Saturday Scramble, ages 8+)

Individual Registration Costs	
Happy Hour Heat (6/15, 7pm, 21+) <ul style="list-style-type: none"> February 1st to March 31st - \$35 April 1st to April 30 - \$40 May 1st to June 11th - \$45 	Saturday Scramble (6/16, 9am & 11:30am, all ages) <ul style="list-style-type: none"> February 1st to March 31st - \$30 April 1st to April 30th - \$35 May 1st to June 11th - \$40

Participants age 8-16 are \$25 throughout registration

Checks can be made out to:

East Shore YMCA
Attn: Tom Gifford
701 North Front St
Harrisburg, PA 17101

**All paper registration forms must
be received with payment by
Monday, June 11th by 5pm**

Please Select a Heat Time (*there is a limit to 250 people per heat*):

FRIDAY (Happy Hour Heat, 21+) – **7pm**_____

SATURDAY (Saturday Scramble) – **9am**_____ **11:30am**_____

For more information visit www.YMCARun.com

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Telephone: _____

T-Shirt Size: **circle one** - S M L XL XXL

Email: _____

Gender _____

D.O.B.(mm/dd/yy) _____

*Please print neatly to ensure we
have the correct spelling for your
information*

In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Event Director, RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I also authorize the use of photographs or videos that include my image for promotional, informational, or other reasons deemed to be in the best interest of the event. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

Signature: _____ Date: _____

Parent's Signature (If younger than 18): _____