



Stars & Strides 5k Athlete Information Sheet

Welcome to Jacksonville, North Carolina! Home of Marine Corps Base Camp Lejeune located in Eastern NC. If you want to know more about our county or need to find a hotel room check out our tourism website. www.onlyinonslow.com.

Book your hotel through this [link](#).

RACE START LOCATION

815 New Bridge Street
Jacksonville, NC

ABOUT THE EVENT ORGANIZER

Owned & operated by Jacksonville-Onslow Sports Commission with the support of many community partnerships. Our mission is to foster economic impact through sports in Onslow County, NC. Check us out at www.playiosc.com | www.raceiosc.com



COURSE INFORMATION

The 5K run course will travel through downtown Jacksonville. We will have signs, flagging and volunteers on the course to help direct runners. We will have one water station AND a watermelon station!

[Course Map](#)

SCHEDULE

Packet Pick up

Friday, June 5, 2026

11:00am-1:00pm

Marine Chevy

1408 Western Blvd

Jacksonville, NC

Packet Pick up

Saturday June 6, 2026

1:00pm-3:00pm

Fleet Feet Jacksonville

1154 Western Blvd

Jacksonville, NC

Sunday, June 7, 2026

5:30pm- Packet Pickup opens (at race start location under the JOSCO Tent in front of City Hall)

6:30pm- Packet pickup closes

6:45pm- Opening Remarks

7:00pm- Start (**we will not allow any late runners to start the race after it is in progress**)

PARKING

Free parking is available around downtown Jacksonville within walking distance of the start/finish line. [Click here](#) for a map of the parking options. There will be no parking available at the start/finish line. **Please make sure you give yourself enough time to get to the start line.**

Note: Part of New Bridge Street will be closed

PACKET PICK UP

See above for the packet pick up information. You may pick up packets for family and friends.

Inside your packet

-Information from our sponsors.

*-Information about the **JOSC Race Series** and the next race in the series (Running with the Law) with a discount code that can be used on ANY of the races in the series.*

*-**List of restaurants** offering a discount each race weekend if you show your bib.*

-If you ordered a shirt, it will be available for pickup at our merchandise table.

TRANSFERS

Transfers are available through June 1st. **DO NOT give your bib to someone else.** Everyone needs to register and sign a waiver. Unauthorized transfers will cause issues with our awards since the awards are based on registration information (age and gender).

INCLEMENT WEATHER

The event is rain or shine with no rain date. The only reason to cancel or delay would be due to lightning.

How do we inform the athletes of a delay or cancellation?

Delay: Announcements will be made over the speakers and posted on social media.

Cancellation: All athletes will be notified via email, through social media and text message (if necessary).

BATHROOMS

Portable toilets will be available near the start/finish line by the Rotary Conference Center.

SOCIAL MEDIA

Feel free to follow us on Facebook, Instagram, TikTok and X. We will be sharing reminders leading up to the event and photos after the event.

Instagram, Tik Tok & X: @playjosc

Facebook: JOSCS.NC

#racejosc #joscraceseries

AWARDS, RESULTS & MISCELLANEOUS DETAILS

FINISH LINE REFRESHMENTS: We will have birthday cake, water and snacks available at the finish line area for athletes ONLY. We will also have vendors at the start/finish.

RESULTS

Results will be posted continuously during the evening on the website. Scan your QR code on your bib.

AWARDS

Awards will be given to the top overall male, female, male masters and female masters. First place will receive a medal along with a Fleet Feet certificate and Fleet Feet certificates for second and third will be given in the following age groups. Reminder: age is determined by your age on December 31st of the race year.

Age groups:

14U

15-19

20-24

25-29

30-34

35-39

40-44

45-49*

50-54*

55-59*

60-64*

65-69*

70+*

** Masters division*

This event is a part of the JOSCS Race Series. More info at www.racejoscs.com.

SPONSORS

Thank you to our sponsors!



[Marine Chevy](#) | [AM250 NC](#)

[Visit Jacksonville NC](#) | [Onslow County Tourism](#)

[Fleet Feet](#) | [Kineticco](#) | [Jacksonville Rotary](#) | [Food Lion](#)

FAQS

1. Does everyone receive a finisher medal?

Yes! Unless we sell out of medals and we open up the “No medal” category, those participants will not receive a medal.

2. Does everyone get a race shirt?
 - a. Only those that purchase them separately. In order to keep our races affordable we have the race shirt as an optional cost.

3. Are dogs allowed to run with us?

- b. No, unfortunately our insurance does not allow dogs unless they are a certified service dog.**

4. Do you offer photos?

- c. We have volunteer photographers on the course and will post the photos on RunSignUp after the race.

5. What is the JOSCS Race Series?

- d. The JOSCS Race Series is a running series that was started in 2019. All races occur in Onslow County, NC and runners earn points towards being the first, second or

third place winners overall. In addition you receive exclusive discounts on all the races in the series (once you race in at least one) and you receive exclusive restaurant discounts on race weekends.

6. Where do the proceeds go?

e. Proceeds go to us (JOSC) and the USO. We're both non-profit organizations.