

Date & Location:

October 13, 2013

Lurker Park Ridgedale Ave. East Hanover

Entry Fees: Non-refundable

Early Registration by 10/3 - \$25

USATF-NJ by 10/3 - \$23

After 10/3 & Race Day - \$30

Online Registration:<https://runsignup.com/columbusday5k>**computer Timing**

Best Racing Systems

Results: www.bestrace.com**Course**

USATF Sanctioned

Fast & Flat

Water stops on course and at finish

Schedule:

7:00am - Packet Pick-up & Registration

8:30am - Race Start

9:30am - Awards

Awards:1st, 2nd & 3rd Overall Male/Female1st, 2nd & 3rd in 10 yr age groups

14yrs. & Under, 15-19, 20 to 80+

Amenities:

T-shirt to all pre-registered, others while supplies last.

Post race refreshments for runners only

Columbus Day 5K

Presented by

The East Hanover Italian American Club**Sunday, October 13th 8:30am****To Benefit:****The Italian American Club Scholarship Program providing scholarships to students preparing for college.**

5K Run/Walk and is in conjunction with the annual Morris County Columbus Day Parade sponsored by the East Hanover Italian American Club



Official Entry Form

Mail check and form to:**AC Race Management 5 Pirozzi Lane Hillsborough, NJ 08844****Information Contact: acracemanagement@gmail.com****Make checks payable to: EHIAC***Columbus Day 5K Registration Please consider including a \$25 donation with your registration.*

Last Name _____ First Name _____

Email _____ Donation: \$ _____

Street Address _____ City _____ State _____ Zip _____

DOB _____ Age on Race Day _____ Sex M F USATF-NJ # _____ T-Shirt - AS AM AL AXL

Please read carefully and sign Release and Waiver of Liability: I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls, contact with other participants, the effect of the weather, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release East Hanover Italian American Club, AC Race Management, Race Director, all race volunteers and all sponsors, their representatives, employees and successors from any and all claims and liabilities of any kind arising out of my participation in this event or carelessness of the person named in this waiver. Furthermore, I grant to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

Signature(Parent or Guardian if Under 18) _____ Date _____

