



# Alex's duck duck run

racing to cure childhood cancer

## JUNE 20, 2020

Margaret Upton Arboretum  
St. Joseph, MI

Presented By:

**United**  
FEDERAL CREDIT UNION

### 5K Run/Walk

**9:00 a.m.**

Participants will race along Silver Beach, Lions Park Beach, Howard Recreational Trail and then through the Whirlpool Compass Fountain. Runners and walkers will be chip timed using the Bib Tag System. Awards will be given to the the top 2 female and male finishers in each age group.

### 1K Fun Run

**8:30 a.m.**

Children will follow a safe 0.62 mile route along a paved sidewalk. Parents are encouraged to run with younger children. All participants receive a race bib, award and t-shirt. Recommended for ages 11 and younger.

### ENTRY FEES

**5K Run/Walk Pre-Registration** ..... \$25  
On or before June 6

**5K Flock** (sign-up 4 runners/walkers) ..... \$80  
On or before May 31

**5K Run/Walk Late Registration** ..... \$30  
June 7 - June

**1K Kids' Fun Run** ..... \$15

**Duck Duck Supporter** (t-shirt only) ..... \$20  
On or before June 6

Make Checks Payable to: The Alex Mandarin Foundation

## Free Activities for Kids

FACE PAINTING BALLOON TWISTING INFLATABLE SLIDES

Proceeds Benefit:



The Alex Mandarin Foundation is a 501(c)3 tax exempt public charity.

### WAYS TO SIGN-UP

- **In Person:** Connected Soles, 1501 Niles Ave., St. Joseph, MI
- **Mail:** The Alex Mandarin Foundation, 1409 Wolcott Ave. St. Joseph, MI 49085
- **Online:** thealexmandarinofoundation.org
- **At Packet Pick-Up:** June 19 from 4 - 6:30 p.m., United Federal Credit Union, 2819 S. State St., St. Joseph, MI
- **On Race Day:** June 20 from 8:00 - 8:55 a.m., Margaret Upton Arboretum, St. Joseph, MI

SELECT AN EVENT: ☐ 5K Run/Walk - 9 a.m. Start  
☐ 1K Kids' Fun Run - 8:30 a.m. Start  
☐ Duck Duck Supporter (t-shirt only)

T-SHIRT SIZE: A short sleeve tee is guaranteed to all who register by June 2.

Adult: S ☐ M ☐ L ☐ XL ☐ 2XL (+\$1) ☐ 3XL (+\$2) ☐

Women: XS ☐ S ☐ M ☐ L ☐

Youth: XS ☐ S ☐ M ☐ L ☐ XL ☐

No Shirt: ☐

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

Age (on race day): \_\_\_\_\_ Male ☐ Female ☐

X \_\_\_\_\_

Signature of athlete or or parent/guardian if under 18 years