

SATURDAY MORNING –JUNE 20, 2015

9:00 AM 4 Mile Run

PRE-REGISTRATION

By mail or at
TOTAL RUNNER
15265 Dix-Toledo Rd., Southgate, MI 48195
or register online until JUNE 19th at NOON
RunSignUp.com

Mail or drop off entries to: TOTAL RUNNER 15265 Dix-Toledo Rd., Southgate, MI 48195 734-282-1101

Make checks payable to (sorry, no refunds):

CITY OF SOUTHGATE

ENTRY FEE

Includes post-race refreshments\$20.00 By June 14 • \$25.00 June 15th-19th

\$30.00 Race Day: SOUTHGATE CITY HALL

No Shirt Guaranteed after June 14th

LATE REGISTRATION & PACKET PICK-UP JUNE 15 - 19

TOTAL RUNNER 15265 Dix-Toledo Rd., Southgate, MI 48195

RACE DAY REGISTRATION

SOUTHGATE CITY HALL 14400 Dix-Toledo Rd., Southgate, MI 48195 7:30 am - 8:45 am

41st ANNUAL HERITAGE DAYS WEEKEND

Start and Finish Southgate Municipal Complex

Plan to stay for Taste of the Town at Noon

4 Mile –
 Certified Course
 Run or Jog
 to the Nature Center

KILLER FLAMINGOS PERFORM FRIDAY 7-11 PM

BOOGIE DYNOMITE PERFORMS SATURDAY 6PM TO 9PM

MEGA 80'S PERFORM SATURDAY 9PM TO MIDNIGHT

AGE GROUP AWARDS

0-15 16-19 20-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+ Men 3 3 3 3 3 3 3 3 3 Women 3 3 3 3 3 3 3 3 3 3 3

3	Make checks payable to: CITY O	F SOUTHGATE	(sorry, no refunds)			
Please fill out completely and return only this portion			Entry may be photocopied			
LAST NAME:	FIRST NAME:		HOME PHONE: ()		
MAILING ADDRESS (APT.#):			WORK PHONE: ()		
CITY:		STATE:	ZIP OR POSTAL	CODE		
FEMALE MALE	BIRTHDATE E-MAIL ADDRESS (Optional)	AGE ON 6-20-15	MEN'S SHIRT SIZE	S M	l L	XL
			LADIES SHIRT SIZE	S M	L	XL
WAIVER: In consideration of acceptance of my entry, I, for myself, my executors, administrators, and assignees, do hereby release and discharge the City of Southgate, Total Runner and all sponsors, and even spectators of the City of Southgate Run for all claims of damages, demands, actions whatsoever in any manner arising from my participation in said event. I attest and verify that I have full knowledge of the risks involved in this event, am physically fit, and have my personal physician's approval. Further, I hereby grant full permission to any and all of the foregoing to use my photograph, videotape, film, motion picture, or record of my participation in this event.						
Χ		Χ				
Signature (runners and non-runners must sign waiver) Parent's Signature - if under 18 years						
FOR OFFICIAL USE:	Date Rec'd	Amt. Pd	Race. N	lo.	\perp	