NEW SHIRT NEWS | The Seaside School Half Marathon & 5K is excited to introduce a new style shirt for 2020! This is not your ordinary race tee. This 65% poly, 35% rayon blend shirt is lightweight and soft and delivers lasting comfort - perfect for a run. This shirt is also a great casual wear piece, just what you want to lounge around in anytime. The sizing of this shirt is modeled after the Nike Performance line.

## **MEASUREMENT TIPS**

- Select shirt size based on your largest measurement.
- Shirts are semi-fitted, but for a tighter fit order one size down.
- · Measurements shown in chart represent body measurements.

Use a fabric measuring tape and measure as follows:

**CHEST/BUST:** Lift arms slightly and measure around fullest part of chest/bust.

**WAIST:** Measure around the smallest part of your torso.

**HEM:** Stand with your heels together and measure around the fullest area of your hip.

**LENGTH**: Full length of the shirt

MEN'S						
AA SIZE	BUST	HEM	BODY LENGTH			
xs	34-35	34-35	27			
S	37-38	37-38	28			
M	42-43	42-43	29			
L	45-46	45-46	30			
XL	48-49	48-49	31			
2XL	53-54	53-54	32			

WOMEN'S					
AA SIZE	BUST	WAIST	HEM	BODY LENGTH	
xs	32-33	29-30	35-36	25	
S	33-34	30-32	37-38	26	
M	36-37	33-35	39-40	27	
L	39-40	37-39	44-45	28	
XL	43-44	40-41	46-47	28.5	
2XL	44-45	41-42	48-49	29	



