

# FT. WASHINGTON STATE PARK - MILITIA HILL 5K

Fort Washington State Park  
Whitemarsh Township, PA

USATF Certificate  
PA14029WB

Effective: 06/05/2014 to 12/31/2024

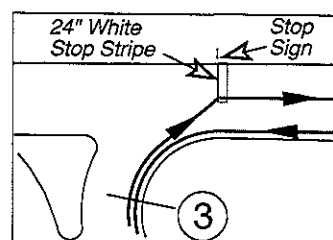


## NOTES & PARAMETERS:

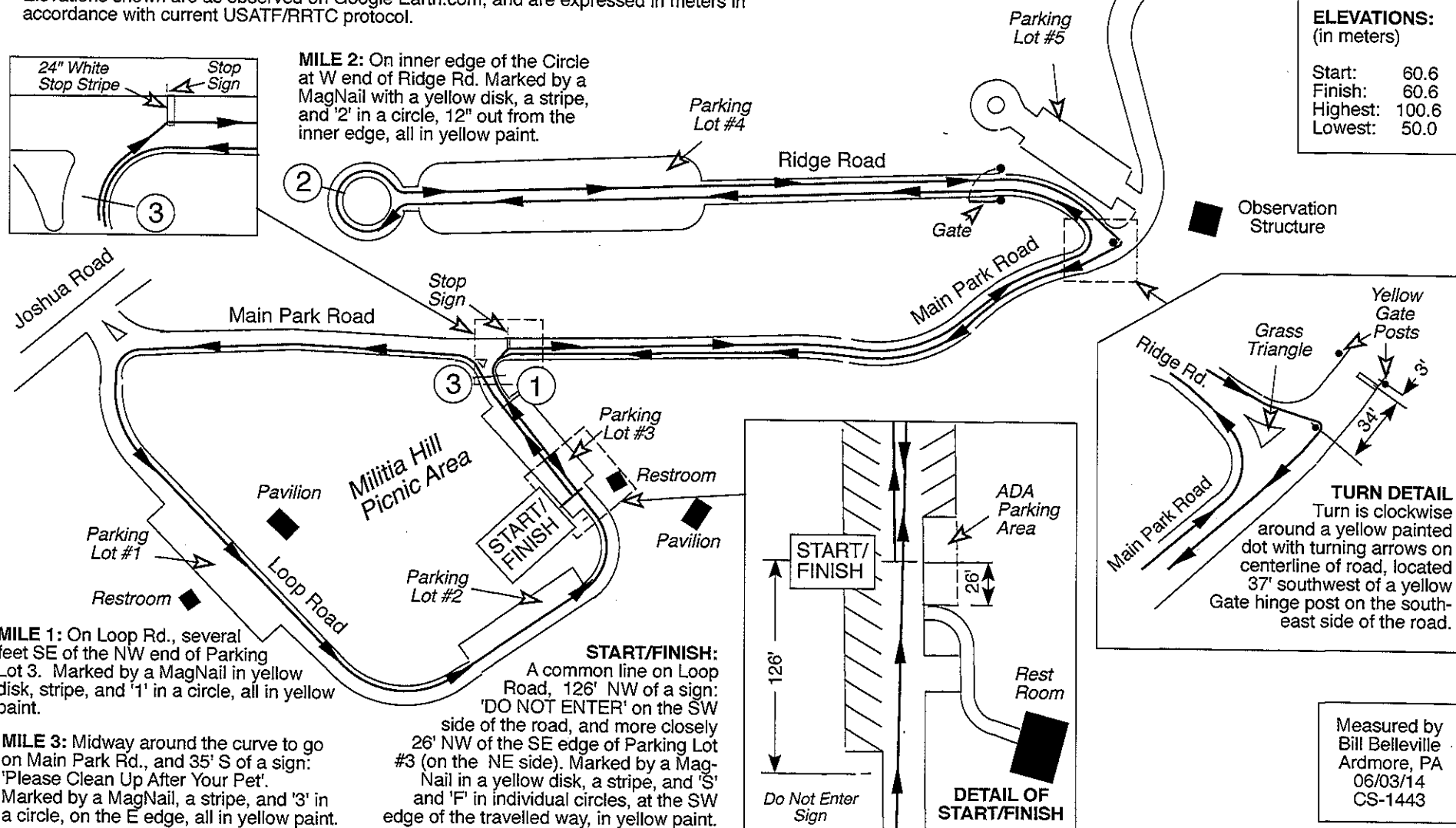
Course has been measured in accordance with USATF requirements, using the Shortest Possible Route (SPR) Method, to within 12" of all road edges and centerlines, and in accordance with the following additional State Park restrictions:

1. On Main Park Road, runners shall keep to their left of the centerline (north side outgoing and south side returning).
2. After MILE 1, runners shall turn clockwise around a point on the centerline of Main Park Road and the 24" wide Stop Stripe in the westbound lane. (Event personnel shall provide a traffic cone and a monitor at this point to insure conformance)
3. After leaving Ridge Road on return route, runners shall turn clockwise around a defined point in the center of Main Park Road (Event personnel shall provide a traffic cone and a monitor at this point to insure conformance).

Elevations shown are as observed on Google Earth.com, and are expressed in meters in accordance with current USATF/RRTC protocol.

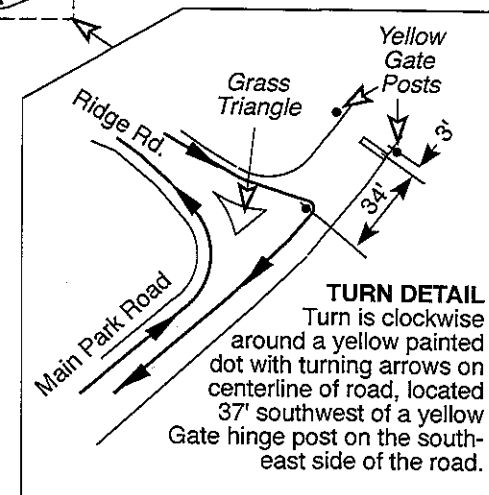


**MILE 2:** On inner edge of the Circle at W end of Ridge Rd. Marked by a MagNail with a yellow disk, a stripe, and '2' in a circle, 12" out from the inner edge, all in yellow paint.



## ELEVATIONS: (in meters)

Start: 60.6  
Finish: 60.6  
Highest: 100.6  
Lowest: 50.0



## TURN DETAIL

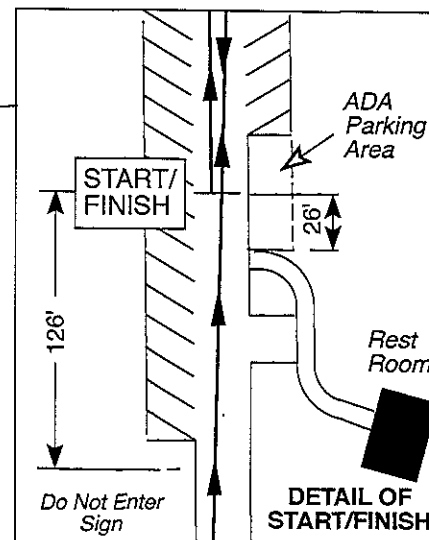
Turn is clockwise around a yellow painted dot with turning arrows on centerline of road, located 37' southwest of a yellow Gate hinge post on the southeast side of the road.

**MILE 1:** On Loop Rd., several feet SE of the NW end of Parking Lot 3. Marked by a MagNail in yellow disk, stripe, and '1' in a circle, all in yellow paint.

**MILE 3:** Midway around the curve to go on Main Park Rd., and 35' S of a sign: 'Please Clean Up After Your Pet'. Marked by a MagNail, a stripe, and '3' in a circle, on the E edge, all in yellow paint.

## START/FINISH:

A common line on Loop Road, 126' NW of a sign: 'DO NOT ENTER' on the SW side of the road, and more closely 26' NW of the SE edge of Parking Lot #3 (on the NE side). Marked by a MagNail in a yellow disk, a stripe, and 'S' and 'F' in individual circles, at the SW edge of the travelled way, in yellow paint.



Measured by  
Bill Belleville  
Ardmore, PA  
06/03/14  
CS-1443