

Hickory Christian Academy is a Classical Christian School, offering a full K-12 educational program to Christian families in the Catawba Valley area. We currently enroll over 480 students, having held school in our new facility since November, 2006. Your participation in the Knights 5K will assist us in continuing to provide quality academic, character, and spiritual training for generations of students to come. Thank you for your support.

Once again,
we are excited to have
Finish Line Pros

Handling all of our finish line needs
and tabulating the results of the
Knights 5K!!

Secure online registration available at
<https://runsignup.com/Race/NC/Hickory/HickoryChristianAcademyKnights5K>

Saturday
August 27, 2016
Hickory Christian Academy
Announces the
Tenth Annual
Knights 5K
Run/Walk



Participate in
One of Hickory's
Fastest, Flattest 5K courses!
USATF certified!

Hickory Christian Academy
3260 6th Street Drive NW
Hickory, NC 28601
828-324-5405
hickorychristianacademy.com

Registration Options

- Mail form to address listed on registration form
- Register at HCA through Friday, August 26, located at 3260 6th St. Dr. NW in Hickory. Summer office hours are M-TH, 9 am-2pm, or from 5-7 on August 26
- Secure online registration available through RunSignUp.
- *Register on race day

*On site registration will be held at the start/finish area at Hickory Christian Academy (HCA) from 6:30 a.m. to 7:15 a.m. Registration will **CLOSE** at 7:30 a.m.

(Be sure to arrive early. You may not be allowed to register if you arrive late, due to organizational requirements.)

Packet Pickup

Race packets will be available at **Hickory Christian Academy** on Friday, August 26 from 5-7 p.m. You may also pick up your packet the morning of the race at HCA.

Event Schedule for Race Day

Registration: 6:30-7:15 a.m.

5K Start: 8:00 a.m.

Course Description

This 3.1 mile race will start at HCA (3260 6th Street Dr. NW)

1. .6 mile west on 6th St. Dr. and turn around
2. 1.5 miles east on 6th St. Dr., almost to Hwy 127 and turn around
3. 1 mile west, return to HCA

An aid station will be available on the course.

Yes indeed...Tech Shirts!

Tech Shirts will be guaranteed to the first 400 registrants. Please be sure to indicate size on the registration form. Sizes are available on a first-come, first-served basis and cannot be guaranteed.

Awards

The awards ceremony will be held once the results are tabulated.

Unique awards will be given in the following age groups:

1. Top three overall male and female runners
2. 1st place Masters finishers male and female
3. Top three male and female finishers in the following age groups:

10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+.

Walkers are welcome, but no specific awards will be given.

Must complete the race within 60 minutes

Contact information:

Bill & Carol Johncock (828) 234-5457

Email: cjohncock@charter.net

Directions to Hickory Christian Academy

From Hickory: Hwy 127 N, turn left at light onto 29th Ave. Dr. NW (one block north of McDonalds). Drive one mile (29th Ave. Dr. turns into 6th St. Dr.). Hickory Christian Academy is on the right, next to Neill Clark Recreation Center.

Registration Form for the Knights 5K

By August 19--\$20, After August 19--\$25

Name_____

Address_____

Phone #_____

Email_____

Age_____(On August 23)____M____F

Free Tech Shirt size (Circle One)

Adult XXS XS S M L XL 2X 3X

Please make checks payable and mail to:

Hickory Christian Academy
Attn: Knights 5K
3260 6th Street Drive NW
Hickory, NC 28601

Release Waiver: I know that running is a potentially hazardous activity. I know that I should not enter the run/walk unless I am medically fit and properly trained. I assume all risks associated with participating in the 5K including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and humidity, or cold temperatures and rainy conditions; vehicular traffic and conditions of the road; all risks being known and appreciated by me. I give permission for the administration of medical aid in the case of emergency. I further give my permission for free use of my name, voice recording, and/or picture in any broadcast, telecast, or other account of media related coverage of this event.

Signature_____

(Parent or guardian if under 18)

Date_____