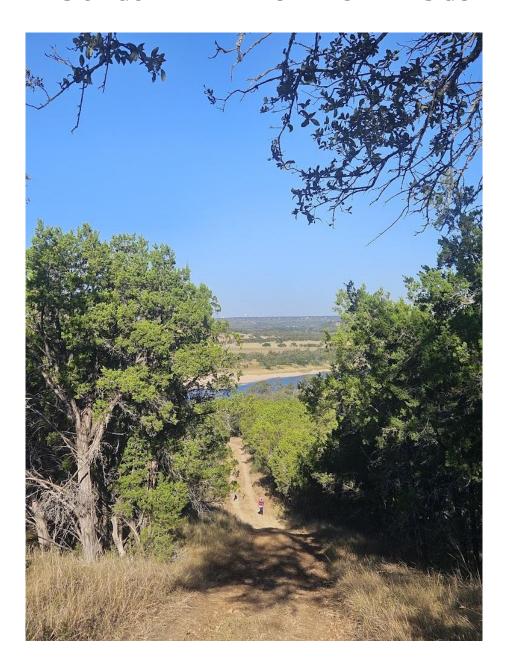
# FIELDS OF GOLD TRAIL RUN - RUNNER'S GUIDE



#### **Event Overview**

Welcome to the Fields of Gold Trail Run at Shaffer Bend Recreation Area in Marble Falls, Texas! Experience the beauty of the Hill Country with courses ranging from 5K to 50 miles. Every stride supports youth running programs through HKRS Cedar Park.



#### **Event Details**

 $Location: Shaffer\ Bend\ Recreation\ Area,\ 706\ County\ Road\ 343A,\ Marble\ Falls,\ TX\ 78654$ 

Dates: Saturday, October 25 - Sunday, October 26, 2025

**Start Times:** 

• 50-Miler & 50K: 9:00 AM (Sat) – 6:00 AM (Sun)

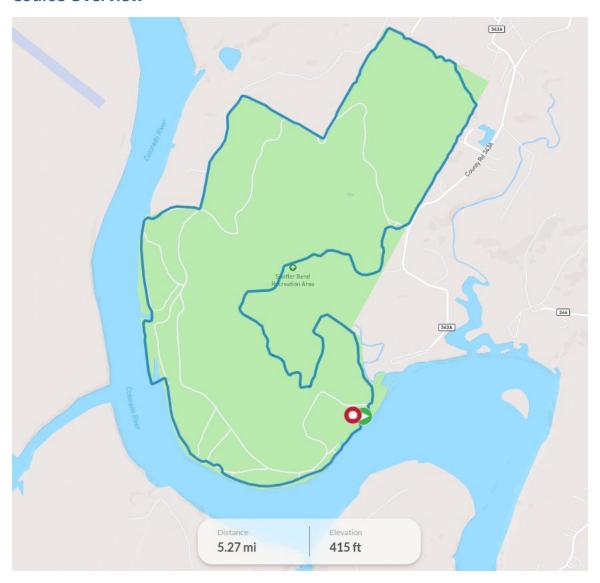
• Marathon: 9:00 AM - 9:00 PM

• Half Marathon, 10K, 5K: 9:00 AM - 7:00 PM

Registration Deadline: October 24, 2025, at 11:59 PM CDT

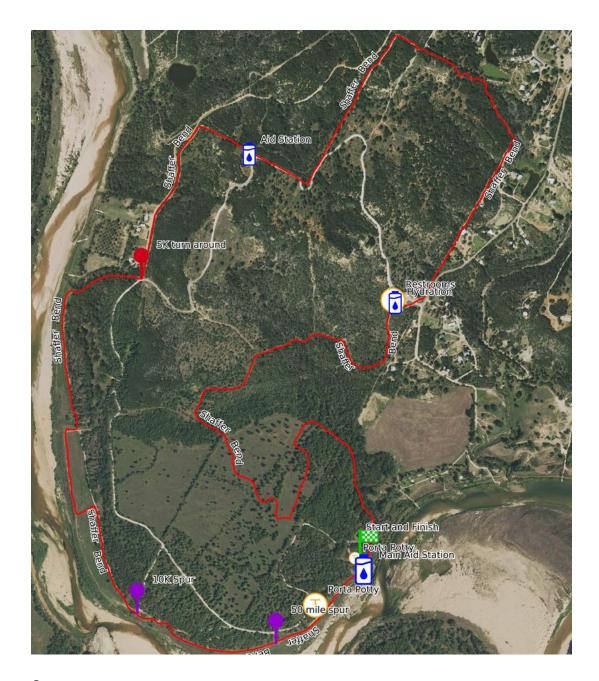
ℜ Beneficiary: Healthy Kids Running Series (HKRS) Cedar Park Youth Programs

## **Course Overview**





#### **Elevation Profile**

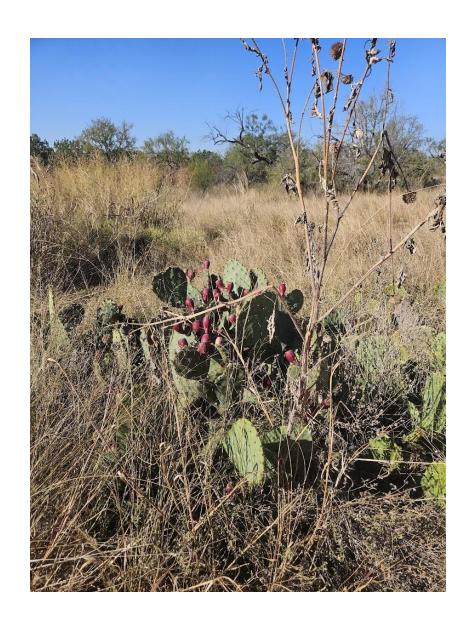


#### Course map

All races begin and end at the Shaffer Bend Homestead area. The trail network covers rolling hills, meadow paths, and lakeside terrain with scenic overlooks of the Colorado River. Expect varied terrain and elevation changes that capture the golden hues of fall across the Texas Hill Country.

Race	Loops	Spur / Out-Back	Direction
5K	0 (Out & Back)	Start >Lakeview ↔ Osprey Junction	Reverse
		Start > Homestead	
10K	1+ Spur	Reverse spur to $\leftrightarrow$ Turkey/Lakeview Junction	Standard
Half Marathon	ı 2	Plus 5K course	Standard/Reverse for 5K
Marathon	5	_	Standard
50K	6	_	Standard
50-Miler	9 + Spur	Reverse spur to first intersection	Standard

GPX file for the main loop- 5.27-mile route can be found here RunGo | FoG main | Smithwick



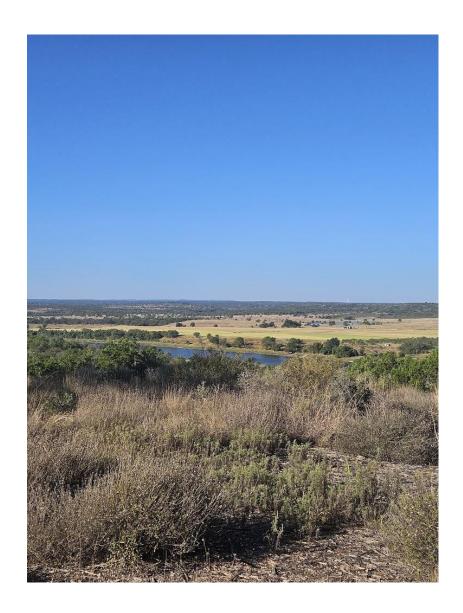
**5K Race** 



- This event does **not use the full loop.**
- Runners start at Homestead, travel in reverse direction (clockwise) on
  Lakeview Trail, and turn around before Osprey junction, then return.
- Out  $\approx 1.55 \text{ mi} + \text{Back} \approx 1.55 \text{ mi} = 3.1 \text{ miles total (5 km)}.$
- Entirely contained on **Lakeview Trail**, so it never overlaps the longer races' flow.

#### **Elevation and Terrain Notes for the Main Loop**

Main Loop Total Distance: 5.27 miles Total Elevation Gain per loop: 415 ft The course includes rolling hills with moderate climbs and descents. Expect loose rock, compact dirt, and grass surfaces with occasional sandy riverbed crossings.



### **Race Day Information**

Packet Pickup: October 25 (7:30 AM – 8:30 AM) at Shaffer Bend Recreation Area Weather Policy: In the event of severe weather, the race may be delayed, postponed, or converted to a virtual format.

Spectator Access: All vehicles entering Shaffer Bend must show proof of race registration or spectator pass.

Parking: Available on-site with overflow parking near the main entrance.

Aid Stations: Located approximately every 2.5 miles with water, electrolyte drinks, and light snacks.

Thank you for being part of the Fields of Gold Trail Run! Your participation supports local youth running programs and celebrates the beauty of the Texas Hill Country.

