

# 5K Run/Walk

Saturday, April 18th

Sally's YMCA

1601 Forney Creek Pkwy. Denver, NC

**Race Start: 8 AM**

*Trophy for Top Overall Female & Male  
Medals for 1st & 2nd Place for Female &  
Male Winners in 7 age categories*

Registration Online at:

[www.racingtoes.com](http://www.racingtoes.com)

Go to "Event Page"

(or complete and mail in form on back)



**100% profits benefiting: Operation Feed the Children, Sally's YMCA Scholarship Fund and Helping Hands Birdie Program**



*Igniting Hope in the Lives of Youth,  
Locally & Globally*

**Cost: \$20 Adult, \$15 Kids**

**(ages 18 & under), \$25 Race Day**

**School Running Team?**

Contact us about team discount rate

The "Light A Life" 5K is organized BY Youth FOR Youth with 100% proceeds going to three non-profit organizations helping "at risk" youth both local and abroad!

Questions about the "Light A Life" 5K,  
contact:

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*Igniting Hope in the Lives of Youth,  
Locally & Globally*

# "Light A Life" Walk/Run 5K Information & Registration

**Saturday, April 18th**

**Sally's YMCA**

**1601 Forney Creek Pkwy. Denver NC**

Student Outreach Services (SOS) is sponsoring the "Light A Life" 5K, with ALL profits going to youth organizations serving children in our community and abroad. SOS is a student-led organization, comprised of middle and high school students, with the mission of serving and helping others. This 5K Run/Walk event will bless three organizations:

**Sally's YMCA (Lincoln County).** Sally's YMCA offers quality summer camps for children. Scholarships are offered to children in need to attend this safe, quality summer camp experience. [www.ymcacharlotte.org/sallys](http://www.ymcacharlotte.org/sallys)

**Helping Hands Birdie Program (Lincoln County).** The Birdie Program is a subgroup of the Helping Hands organization. Birdies work closely with social workers, guidance counselors and graduation coaches through "Communities In Schools," to focus on serving the needs of "at risk" youth identified within local schools and Lincoln county. [www.denvermethodist.org/group/helping-hands](http://www.denvermethodist.org/group/helping-hands)

**Operation Feed the Children (India).** An international non-profit organization which focuses on providing food, education and shelter for over 500 orphaned children in India where orphans are shunned and left alone to fight for their lives. [www.operationfeedthechildren.org](http://www.operationfeedthechildren.org)

**Please join us for the "Light A Life" Walk/Run 5K. Your participation helps provide a LIGHT for youth in need.**

Participant Name: _____	Email Address: _____
Home Address: _____	City/State/Zip: _____
Home Phone: _____	Mobile Phone: _____
Age: _____	Gender: Male _____ Female _____
Shirt Size (ADULT) Small _____ Medium _____ Large _____ XL _____ (YOUTH) Medium _____ Large _____ XL _____	
Emergency Contact: _____	Emergency Phone: _____
Amount Enclosed: _____	Gift Donation * _____

\* If you are not able to participate in the "Light A Life" Run/Walk 5K, please consider a charitable gift donation option.

## Online Registration Option:

[www.racingtoes.com](http://www.racingtoes.com) / Go to "Event Page" to register and pay online

Mail-In Registration Option: Make checks payable to SOS. Mail payment and registration to Student Outreach Services, 8016 Westbay Drive, Denver NC 28037

This is a Family-Fun  
Event with FREE Play  
Zone for Kids

\$20 Adult, \$15 Kids  
(18 & under), \$25  
Race Day