



The Kendall County Women's Shelter seeks to provide safe, emergency shelter in a supportive environment where Texas Hill Country victims of domestic violence and their children can begin the healing process and receive the support services they need to build new lives. In 2014, KCWS served 94 women, 73 children and 23 pets, providing 4,694 bed nights. If you are in need of a safe place, please call KCWS. All calls are free and confidential. **1-800-495-8078**

Our Services

- Emergency Shelter
- On-site Pet Shelter
- 24-hour HOT Line
- Group Counseling
- Life Skills Classes
- Case Management
- Individual Counseling
- Legal Advocacy

Your support helps us provide services to our Hill Country clients. It also helps KCWS work in the community to prevent domestic violence, such as the Safe Dates, a Teen Dating Violence Awareness and Prevention Program, in both Boerne ISD public schools.

Sponsorship Opportunities

For information on how to become a sponsor, contact Hattie Allen at hallen@kcwstexas.org or 830-331-8950.

Volunteers Needed

If you are looking for a fun and rewarding volunteer opportunity, contact Emma Merrill at emerrill@kcwstexas.org or 830-331-8950.



2014 Heal the Soul Participants



5th Annual 5K/10K
Trail Run
and
1.4 Mile Walk

May 2, 2015
Benefiting the



24 Hour HOT Line
800-495-8078

Joshua Springs Park & Preserve

716 FM 289
Comfort, TX 78013
830-537-3470

Park is located off IH-10 and is 6 minutes north of Boerne. **Exit 533.**



The Joshua Springs Park & Preserve features 400 acres of breathtaking Hill Country views. Participants can choose to challenge themselves and compete in the 5K/10K Trail Run or enjoy the easy 1.4 mile loop through the park's pastoral grounds. The 5K/10K Trail Run is a **timed** event produced by Redemption Productions.

- ◆ Water and snacks provided.
- ◆ Start and finish on the park grounds.
- ◆ Awards to first place overall male and female 5K/10K.
- ◆ All participants, including children must register to walk.
- ◆ All participants under 18 must obtain parent/guardian signature.
- ◆ Paved 1.4 mile course is stroller and wheelchair friendly.
- ◆ Leashed pets allowed on the 1.4 mile course.

Event Information

Joshua Springs Park & Preserve
Saturday, May 2, 2015
(Rain or Shine)

10K starts @ 8:00 am
5K starts at 8:03 am

Children under 6 FREE!

Early Registration: April 10th

5K: \$30 10K: \$40

1.4 Mile Walk: \$30

Receive a goody bag and t-shirt!

After April 10th

5K: \$40 10K: \$50

1.4 Mile Walk: \$40

Cannot guarantee a t-shirt.

Please make checks payable to: KCWS

Register online at: www.kcwstexas.org

Mail to: PO Box 1087, Boerne, TX 78006

Phone: 830-331-8950

Email: hallen@kcwstexas.org

Packet Pick Up

Friday, May 1st: 10:00 am – 2:00 pm

KCWS Administration Office
930 N. School Street
Boerne, TX 78006

Saturday, May 2nd: 7:00 am

Joshua Springs Park and Preserve

Participant Registration

Name: _____

Sex: **M** **F** Age: _____
(17 and under) (Adult)

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

I would like to participate in:

5K 10K 1.4 Mile Walk

Registration Amount

Cannot guarantee t-shirts for registrations received after 4/10/2015

	5K	10K	1.4 Mile Walk
Before 4/3/2015	\$30	\$40	\$30
After 4/3/2015	\$40	\$50	\$40

I would like to make a donation in the amount of \$_____ in addition to my registration fee.

T-shirt:

ADULT: S M L XL 2XL YOUTH: S M L

Release of Liability Agreement:

In consideration of the acceptance of this registration entry, I assume full and complete responsibility for any injury or accident which may occur during my participation in this race or while on the premises of this event; and I hereby release and hold harmless the Kendall County Women's Shelter, and all other persons, agents, employees and other entities associated with this event. I hereby give permission to the KCWS and various media outlets to use my name and/or picture in any newspaper, broadcast, telecast, website or any other account of this event without limitation and without obligation to anyone to compensate me further thereof.

Signature (parent/guardian if under 18)

Date