

Armed Forces 5K Run/Walk Entry Form:

Name: _____ Phone: _____

Address: _____ City State Zip _____

I am a: Active Military Reserve Military Retired Military Other

\$5 Discount for Active, Reserve, Retired Military

Check your Payment: *In order to compete, you must be in good health and physically prepared to take on the challenges of the event you register for. Registration is available in advance or on race day. Skateboards, skates, and bikes, are prohibited on the course. Online registration for the 5K race closes on July 22nd, 2017. Register by June 30th to be guaranteed a t-shirt for 5K participants.*

5K Run \$20 5K Walk \$20

I am not able to participate in this Race but please accept my donation \$_____ enclosed.

Age: 14 and under 15-19 20-29 30-39 40-49 50+ Gender: Male Female

T-Shirt Size (Guaranteed before 6/30/17): XS S M L XL XXL XXXL

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of the weather, including high heat/humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver, and knowing these facts, and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the NOSC Erie, the Commonwealth of Pennsylvania, all sponsors, volunteers and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant my permission to all of the foregoing to use photographs, motion pictures, recordings, or any other record of this event for legitimate purpose. I also understand that my entry fee is nonrefundable. A parent must sign if entrant is under 18 years of age. This is to certify that my child has permission to compete in this event, is in good physical condition and the event officials may authorize necessary medical treatment. I understand that bicycles, skateboards, baby joggers or strollers, roller skates or blades, animals, and radio headsets are not allowed in this race and I will abide by this guideline.

Signature of Applicant

Date

Signature of Parent (if under 18)

Date

Please send payment and make checks payable to:

Erie Navy Ball Committee

Attn: Armed Forces 5K

3938 Old French Rd.

Erie, PA 16504-2098



Sunday, July 23rd, 2017
Race Time: 8:00 a.m.
Presque Isle
State Park
Erie, PA

Benefiting the Erie Navy
Ball Committee

Armed Forces 5K
Coordinators

Earl Jackson
taz1458@gmail.com
814-657-3486

Sean Schwartz
sean.sc6@gmail.com
814-464-3962

Armed Forces 5K Run Information

Event

Armed Forces 5K Event benefitting the Erie Navy Ball Committee at Presque Isle State Park Beach 1 in Erie, PA

Times

Race Registration: 7-8 a.m.
Packet Pick-up: 7/21 @ NOSC Erie 1-3PM
5K Start: 8:00 a.m.
Awards Ceremony: 9:30 a.m.

5K Awards

Awards to top three finishers in each age category (men and women).

Registration

Register by mail using the form on the reverse side or online at <https://runsignup.com/Race/PA/Erie/ArmedForces5K> (\$2.50 service fee applies for online registration). Registration ends 7/22 Online, 6/30 by Mail. Race day registration will be available.

Packet Pick-up

Pre-Race Packet Pickup will be available at NOSC Erie on July 21st from 1:00-3:00 and on race day between 7:00-7:45 a.m.

Course Information

Runners will make their way around the beautiful Presque Isle State Park in Erie. The race will go on rain or shine. Race Timing will be timed by Erie Runner Club. Race results will be posted at www.erierunners.club.

Corporate Sponsorship

Contact either **Earl Jackson** by email at taz1458@gmail.com or **Sean Schwartz** by email at sean.sc6@gmail.com

About Erie Navy Ball Committee:

The goal of this fundraiser is to organize and raise all of the funds necessary to hold our annual Navy Birthday Ball. The Navy Ball is held every year in October to celebrate the Navy's Birthday, this year will be our 242nd birthday. Gaining the attention of the Regional Navy Reserve Command as well as the local media and community we strive to ensure our Navy Ball captures the essence of our distinguished heritage and traditions.

In order to meet our financial goals we hold various fundraisers throughout the year. One such event is our Armed Forces 5K Run. This year's run is being held on July 23rd, 2017 at 8am located at Presque Isle State Park. This will be our 9th year hosting this event and we hope to make it a successful one.

