



## **10K RUN**

**START** Memorial Way NE - UW Campus

17th Ave NE to NE Ravenna BLVD

NE Ravenna BLVD to 15th Ave NE W

15th Ave NE to NE 62nd St Ν

NE 62nd St to 20th Ave NE

S 20th Ave NE to Ravenna Park Trail

through Ravenna Park to NE 58th St

S NE 58th St to Ravenna Ave NE

S Ravenna Ave NE to Burke Gilman Trail

S Burke-Gilman Trail to 15th Ave NE

Ν 15th Ave NE to NE 40th St

NE 40th St to Rainier Vista Trail E

Rainier Vista Trail, around Int. Fountain

W Lewis Lane to Okanogan Lane

Okanogan Lane to Thurston Lane

Thurston Lane to Rainier Vista

Rainier Vista to NE Grant Lane

NE Grant Lane to Spokane Lane NE

Spokane Lane NE to NE Skagit Lane

**NE** NE Skagit Lane to King Lane

King Lane to Yakima Lane Yakima Lane to Thurston Lane

Thurston Lane to Benton Lane

Benton Lane to E Stevens Way S

**NW** Stevens Way to Memorial Way

Memorial Way to Spokane Lane

Ε Spokane Lane to Pierce Lane

Pierce Lane to Red Square/Finish Line

## **5K RUN**

**START** Memorial Way NE - UW Campus

Memorial Way to NE 45th St

NE 45th St to 15th Ave NE W

15th Ave NE to Stevens Way S

Ε NE 40th St to Rainier Vista Trail

Rainier Vista Trail, around Int. Fountain Ν

W Lewis Lane to Okanogan Lane

Okanogan Lane to Thurston Lane Thurston Lane to Rainier Vista

Ν Rainier Vista to NE Grant Lane

NE Grant Lane to Spokane Lane NE

**W** Spokane Lane NE to NE Skagit Lane

**NE** NE Skagit Lane to King Lane

**SE** King Lane to Yakima Lane

**SW** Yakima Lane to Thurston Lane

Thurston Lane to Benton Lane

Benton Lane to E Stevens Way

**NW** Stevens Way to Memorial Way

Memorial Way to Spokane Lane

Spokane Lane to Pierce Lane

Pierce Lane to Red Square/Finish Line



