

Black Toenail Friday

Half Marathon and 7.5 Miler

November 28th, 2025

Early Packet Pickup

Early Packet Pick Up for Wednesday, November 26 has been Cancelled

Schedule of Events

- 9:30 AM 10:45 AM Packet Pickup, Registration & Bag Check
- 10:45 AM Pre-race Meeting at the start line
- 11:00 AM Half Marathon AND 7.5 Mile Start (including Ruck)
- 12:45 PM Half Marathon Cut Off at AS 3 (6.7 Miles)
 - (If a half marathon runner has fallen far off-pace by this spot, they will be directed by staff to continue to the 7.5 mile course)
- 1:00 PM 7.5 Mile awards
- 2:00 PM Half Marathon Awards
- 2:30 PM Race Cut-off Time

Address for Start/Finish Line

- <u>Cane Creek Mountains Natural Area Pine</u>
 <u>Hill Trail Head</u>
- 5075 Bass Mountain Rd
- Snow Camp, NC US 27349

Note: Parking is not at this location. Refer to slides 5 & 6 for parking information.

Parking Addresses

Participants and Spectators will need to park at Camp Frontier:

5258 Bass Mountain Rd, Snow Camp, NC 27349

Overflow parking (when directed by staff) will be at Oak Hill Trailhead:

5545 Bass Mountain Rd, Snow Camp, NC 27349

How to Get from Parking to Start Line

Participants are not allowed to park in the staging area of the start/finish line due to space.

Because of the space limitation, participants and spectators also are also not allowed to drop off at the start/finish line.

Participants/spectators must either walk from Camp Frontier or take the shuttle.

If walking, you MUST follow the marked trail. For safety, DO NOT WALK ON BASS MOUNTAIN ROAD OR THE SHOULDER OF BASS MOUNTAIN ROAD.

Arrival Time

If walking from Camp Frontier, we recommend arriving at Camp Frontier AT LEAST ONE HOUR before packet pick up closes.

If riding the shuttle, plan to arrive at 30-45 minutes before packet pick up closes.

Bag Check will be available at the event area.

Course Time Limits, Cut-Offs & Aid Stations

The course cut-offs are based on athletes keeping a steady time throughout the event.

If a Half Marathon runner has fallen off pace, they may be pulled off the course by event staff before lap two at the HM/7.5 Mile Split.

Aid Stations

- Aid #1 Mile 1.8 Water/Tailwind/Huma Gels/Coke/Pickles/Candy
- Aid #2: Mile 4.9 Water/Tailwind/Huma Gels/Coke/Pickles/Candy
- Aid #3: Mile 5.6 Water/Tailwind/ HumaGels/Candy
 - Note: AS #3 will be the soft cut off for Half Marathon participants starting at 12:30 PM.
 - Note 2: Half Marathoners you will come back to AS after 2 miles making this AS 3.5
- Aid #4: Mile 8.1 Water/Tailwind/Huma Gels/Coke/Pickles/Candy
- Aid #5: Mile 11.2 Water/Tailwind/Huma Gels/Coke/Pickles/Candy

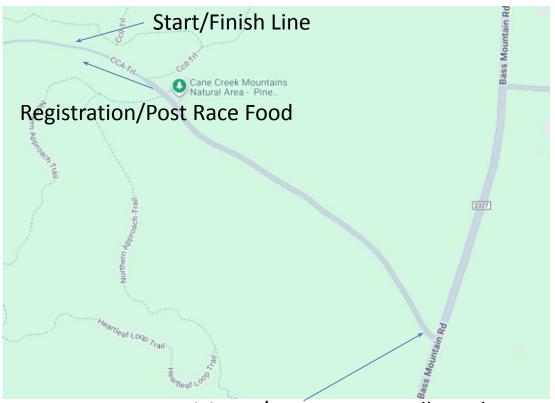
Half Marathon Cutoff

Mile 6.3 at the HM/7.5 Mile split at 12:45pm

Bathrooms on course

- There are no bathrooms on course but there will be in the festival area (across the parking lot for the Half Marathoners doing loop 2)
- Additional at approximately mile 4.6 and 11.2 there will be signs for restrooms in the Oak Hill Parking Lot, less than .1 mile off course)

Start/Finish & Registration Areas



No participant/spectator cars allowed to enter

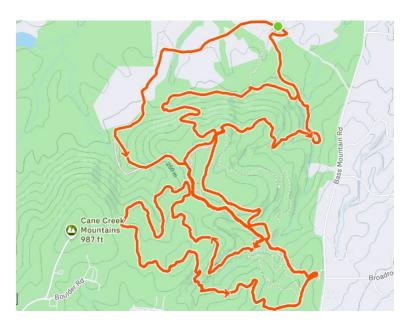
Course Markings



- Tape and Surveyor Flags
 - Cane Creek will be open therefore no trails will be marked off.
 - We have reduced the number of hanging tape and surveyor flags to only at turns, or areas that have wide open spaces. If you come to a turn sign, follow that sign!
 - Pink/Red Hanging Tape will be used for Half Marathon & 7.5
 - Where the 7.5 splits from the Half Marathon, you will follow Yellow Hanging Tape
- Turn Signs
 - Turn signs will be used for intersections requiring a turn. This
 course is very easy to follow with the amount of markings
 used.
- Wrong Way Signs
 - There will be Wrong Way signs where a trail can't be marked off.

Course Safety

- Most of the course winds along single-track trails, but don't worry—there are plenty of spots to pass. The trails are semi-technical, with moderate root- and rock-filled sections, yet it's the climbs that will really challenge you.
- Be aware: There is extensive leaf coverage on the trail obscuring roots and rocks.
- Hiking poles are recommended.



Half Marathon Course Map



This is a <u>course map</u> on Strava. Half Marathoners complete two loops of some of this course. You are able to view the course and elevation, as well as download a GPX file from this link to use with your running watch.

Most of the course winds along single-track trails, but don't worry—there are plenty of spots to pass. The trails are semi-technical, with a few moderate root- and rock-filled sections, yet it's the climbs that will really challenge you.



7.5 Mile Course Map



This is a <u>course map</u> on Strava. You are able to view the course and elevation, as well as download a GPX file from this link to use with your running watch.

Most of the course winds along single-track trails, but don't worry—there are plenty of spots to pass. The trails are semi-technical, with a few moderate root- and rock-filled sections, yet it's the climbs that will really challenge you.

Updates and Extras to Keep in Mind

- Please leave plenty of time to get in, park at Camp Frontier, get to the start line and get your bearings.
- The cutoff time <u>will not</u> change. We are on a limited timeline with daylight and park regulations
 - Cutoff at 6.3 miles into the race. This is the Half Marathon/7.5 Mile Split.
 - Athletes who have not made it here by <u>12:45 pm</u> will be sent in as 7.5 mile finishers.

Awards

- Awards for top three overall males, females and non-binary in the Half Marathon and 7.5 Mile events.
- Awards for top three overall males, females and non-binary in the Half Marathon & 7.5 Mile Ruck Events.
- Awards for top three males and females in the following age groups in Half Marathon and 7.5 Mile races – 14 & under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80+

The Goodies



Add on or Upgrade a Hoodie

