



Black Toenail Friday

Half Marathon and 7.5 Miler

November 28th, 2025

Early Packet Pickup

- Wednesday, November 26th
- Fleet Feet Burlington
 - 3816 Rural Retreat Road, Burlington, NC 27215
- Time: 3:00-6:00pm

Schedule of Events

- 9:30 AM - 10:45 AM - Packet Pickup, Registration & Bag Check
- 10:45 AM - Pre-race Meeting at the start line
- 11:00 AM - Half Marathon AND 7.5 Mile Start
- 12:45 PM - Half Marathon Cut Off at AS 3 (6.7 Miles)
- 1:00 PM - 7.5 Mile awards
- 2:00 PM - Half Marathon Awards
- 2:30 PM - Race Cut-off Time (If a half marathon runner has fallen far off-pace by the second lap, they may be pulled off the course by event staff)

Address for Race

- [Cane Creek Mountains Natural Area - Pine Hill Trail Head](#)
- 5075 Bass Mountain Rd
- Snow Camp, NC US 27349

Note: Parking is not at this location. Refer to slides 5 & 6 for parking information.

Parking Addresses

Participants will need to park at Camp Frontier:

5258 Bass Mountain Rd, Snow Camp, NC 27349

Overflow parking (when directed by staff) will be at Oak Hill Trailhead:

5545 Bass Mountain Rd, Snow Camp, NC 27349

How to Get from Parking to Start Line

Participants are not allowed to park in the staging area of the start/finish line due to space.

Because of the space limitation, participants and spectators also are not allowed to drop off at the start/finish line.

Participants/spectators must either walk from Camp Frontier or take the shuttle.

If walking, you **MUST** follow the marked trail. For safety, **DO NOT WALK ON BASS MOUNTAIN ROAD OR THE SHOULDER OF BASS MOUNTAIN ROAD.**

Arrival Time

If walking from Camp Frontier, we recommend arriving at Camp Frontier AT LEAST ONE HOUR before packet pick up closes.

If riding the shuttle, plan to arrive at 30-45 minutes before packet pick up closes.

Bag Check will be available at the event area.

Course Time Limits, Cut-Offs & Aid Stations

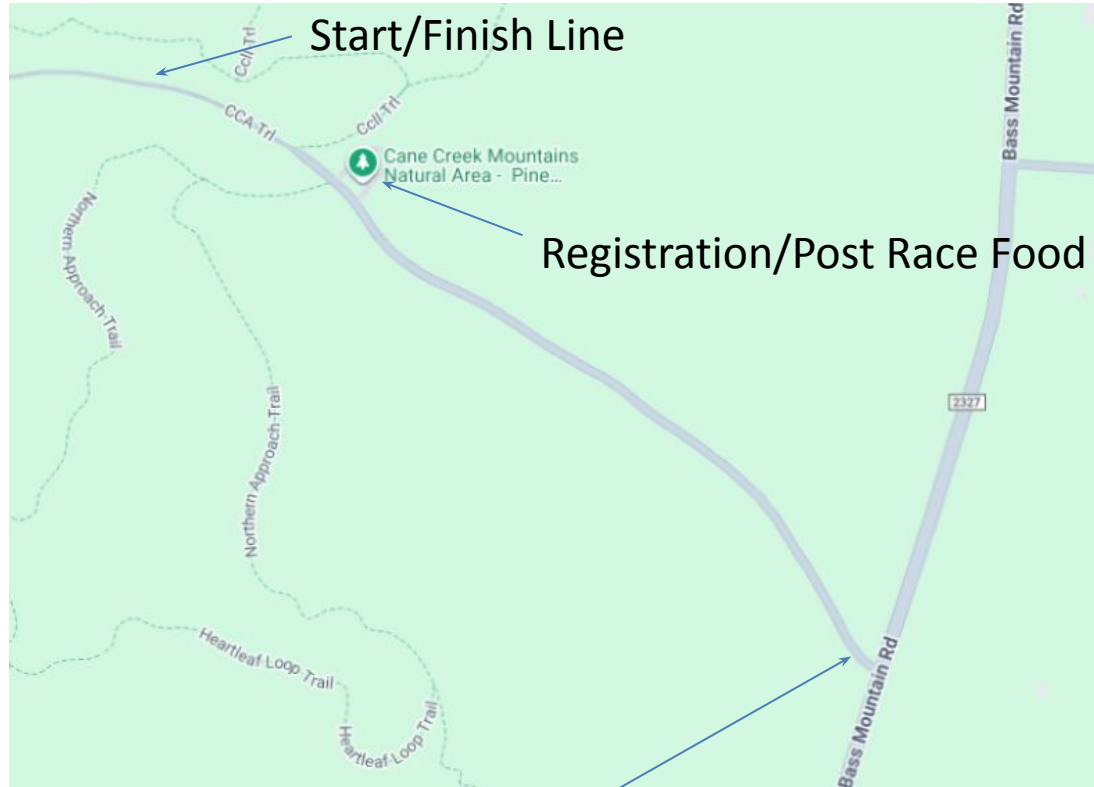
The course cut-offs are based on athletes keeping a steady time throughout the event.

If a Half Marathon runner has fallen off pace, they may be pulled off the course by event staff before lap two.

Aid Stations

- Aid #1 Mile 1.8 water/Tailwind/Gels
- Aid #2: Mile 4.7 water/Tailwind/Gels
- Aid #3: Mile 6.7 water/Tailwind/Gels
 - Note: AS #3 will be the cut off for Half Marathon participants. Cut Off Time is 12:45pm.
- Aid #4: 8.1 water/Tailwind/Gels
- Aid #5: 11.2 water/Tailwind/Gels

Start/Finish & Registration Areas



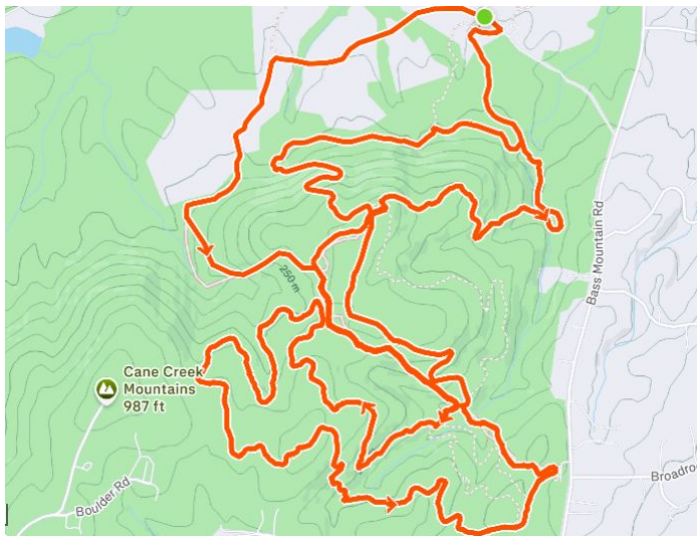
No participant/spectator cars allowed to enter

Course Markings



- Tape and Surveyor Flags
 - Cane Creek allows us to tape off trails, which means there is less opportunity for you to go the wrong way.
 - We have reduced the number of hanging tape and surveyor flags to only at turns, or areas that have wide open spaces. If you come to a turn sign, follow that sign!
- Turn Signs
 - Turn signs will be used for intersections requiring a turn. This course is very easy to follow with the amount of markings used.
- Wrong Way Signs
 - We do not use many of these, but areas where your first instinct would take you the wrong direction, we have placed Wrong Way signs

Half Marathon Course Map



This is a [course map](#) on Strava. Half Marathoners complete two loops of this course. You are able to view the course and elevation, as well as download a GPX file from this link to use with your running watch.

Most of the course winds along single-track trails, but don't worry—there are plenty of spots to pass. The trails are semi-technical, with a few moderate root- and rock-filled sections, yet it's the climbs that will really challenge you.

7.5 Mile Course Map



This is a [course map](#) on Strava. You are able to view the course and elevation, as well as download a GPX file from this link to use with your running watch.

Most of the course winds along single-track trails, but don't worry—there are plenty of spots to pass. The trails are semi-technical, with a few moderate root- and rock-filled sections, yet it's the climbs that will really challenge you.

Updates and Extras to Keep in Mind

- Please leave plenty of time to get in, park at Camp Frontier, get to the start line and get your bearings.
- The cutoff time will not change. We are on a limited timeline with daylight and park regulations
 - Cutoff at AS 3: 6.7 miles into the race (where the 7.5 mile course splits) athletes who have not made it here by 12:45 pm will be sent in as 7.5 mile finishers.

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The Goodies



Add on or Upgrade a Hoodie

