

TUFF eNUFF 2019 is going to be a lot of FUN!

SATURDAY, JUNE 1st

Here's 11 things you need to know:



- 1. Pick up your race bib & chip, buff and goodies on Friday, May 31st between noon – 5:30pm at 125 High Rock Ave** in Saratoga Springs. Please pick them up on Friday, it is easier for all! Yes, you can still pick up your packet on race day (SATURDAY JUNE 1st)
2. PLEASE Car Pool and get there early. There is no parking at the BOCES grounds. You need to use the United Methodist Church parking lot (corner of Henning and Fifth Ave) or at the NYRA parking lot on Henning Rd. (look for signs)
3. Look for the Registration Tent and Race Start is at southern end of BOCES property – You can see them from the road. Kids Run: 8:30AM.
Teen/Adult Run first wave 9:15AM.
4. There are new, awesome muddy obstacles! The BOCES students are having a blast digging it up!
5. You will be coated in mud at the end of the race. Bring a towel, flip flops, maybe something clean to wear.... just saying...
6. Did your friend just say "I wish I could go!" well registration is \$40 on race day itself. And the Kids' Run is \$20 on race day!
7. **Please NO DOGS!! This is school property – no dogs allowed.**
8. Post-race munchies – no cost to participants – fruit and snack bars
9. **FREE Photo Booth courtesy of Nemer Motors!!! Smile your best, muddy smile!**
10. **BOCES Culinary Arts students will be preparing and selling food to-go at the event!**
11. Give-away item 2019: TUFF eNUFF BUFF! *Camo color!*

We'll see you soon!

Your mud-loving friends at the Prevention Council