



Participants in live fitness events wear bib #s like the one above during the event. We hope you will print yours and wear it on your 5K Race for Recovery run or walk. It's one extra way to be connected through the Virtual event!

Print this blank bib # template, decorate however you like - sharpie, pen, crayons, bedazzler - by adding your name, a favorite number, your assigned bib #, a personal message. Then cut out your bib # for a professional look.

You can attach your bib # to your shirt with safety pins through the 4 corner pin holes or you can get creative and use anything you have at home such as decorative pins, string, badge holders, or tape!

Good luck and have fun!