



Rotary Jingle Belle Women's 5K

A 5K Run/Walk for Women · Saturday December 12, 2015

Proceeds will benefit the Delta –Waverly Rotary Club's local charitable projects

- STARTING TIME:** Runners start at 9 a.m., walkers at 9:02 a.m. Walkers who begin the race with runners will be considered runners and results will be adjusted accordingly.
- LOCATION:** Lansing Mall, 5330 West Saginaw, Lansing MI 48917
- PARKING & COURSE:** Parking will be available at the Lansing Mall and at Sharp Park.
The course is B chip-timed (B-tag) 5K route mostly on the Sharp Park Trail.
Please no dogs or strollers.
- SWAG:** All pre-registered entrants will receive a pink fleece hat with logo. We cannot guarantee a hat with race day registration.
- AWARDS:** Awards will be given to the overall winners of the walk and the run and 3 in each age group.
- AGE GROUPS:** 14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+
- PACKET PICKUP :** Friday, December 11, in the north theatre wing of the Lansing Mall 4-6p.m.
Saturday, December 12, in the north theater wing of the Lansing Mall starting at 7:30 a.m.
- INFORMATION & REGISTRATION:** Mail registration form and payment to: Delta-Waverly Rotary, P.O. Box 70042 Lansing MI 48917
Register online at <https://runsignup.com/Race/MI/Lansing/RotaryJingleBelle5KforWomen>
Questions? Contact Cherry Hamrick, Race Director, by email: jinglebelle5k@gmail.com
- GIVING BACK:** Proceeds will benefit local Rotary programs including food for kids and scholarships
- HOST HOTEL:** For special rates go to: www.qualityinn.com/ires/en-US/html/ArrivalInfo?hotel=MI700&srp=LJINGL&pu=no
Use the code JINGL for race rates on December 11 and 12, 2015

First Name	Last Name	Phone
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Address	City	State	Zip
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Email

AGE ON RACE DAY	CHECK ONE	EVENT COST	TOTAL
_____	<input type="checkbox"/> 5K Run	<input type="checkbox"/> THRU 11/14/15 \$27	_____
	<input type="checkbox"/> 5K Walk*	<input type="checkbox"/> THRU 12/10/15 \$30	
		<input type="checkbox"/> AFTER 12/10/15 \$35	
	<input type="checkbox"/> Donation to Delta-Waverly Rotary Foundation \$ _____		

Make check payable to Delta Waverly Rotary Foundation or charge Visa/MC # _____ exp : _____

NOTE FOR WALKERS: Because the walk is competitive, you cannot run at any time during the race and you must start the race at 9:02 a.m. with the other walkers. If it is reported that any walk participant was running during the race, that participant will be moved to the run division. If you plan to run AT ANY TIME during the race— please register as a runner.

WAIVER: In consideration of this entry, I hereby for myself, heirs and/or administrators, waive any and all claims I may have for damage against the Delta Waverly Rotary Club and all event sponsors and individuals associated with the event, their representatives, successors, and assigns for any and all injuries suffered by me in connection with this event including pre- and post-activities. I have been warned that I must be in good health to participate in the event. I hereby grant permission to Delta Waverly Rotary Club and its authorized agents to use my name and photograph for any broadcast, telecast, digital or print media account of this event. I also understand my application fee is non-refundable and non-transferable.

ENTRANT'S SIGNATURE

(Parent/Guardian Signature if participant is under age 18)

DATE