5K CATEGORIES AND MEDALS

FEMALE

1 OVERALL WINNER

10 & UNDER: 1ST, 2ND, 3RD

11 - 14: 1ST, 2ND, 3RD

15 - 19: 1ST, 2ND, 3RD

20 - 29: 1ST, 2ND, 3RD

30 - 39: 1ST, 2ND, 3RD

40 - 49: 1ST, 2ND, 3RD

50 - 59: 1ST, 2ND, 3RD

60 - 69: 1ST, 2ND, 3RD

70 & ABOVE: 1ST, 2ND, 3RD

MALE

1 OVERALL WINNER

10 & UNDER:	1 ST , 2 ND , 3 RD
TO & UNDER.	1,2,3
11 - 14:	1^{ST} , 2^{ND} , 3^{RD}
15 - 19:	1 ST , 2 ND , 3 RD
20 - 29:	1 ST , 2 ND , 3 RD
30 - 39:	1 ST , 2 ND , 3 RD
40 - 49:	1 ST , 2 ND , 3 RD
50 - 59:	1 ST , 2 ND , 3 RD
60 - 69:	1 ST , 2 ND , 3 RD
70 & ABOVE:	1 ST , 2 ND , 3 RD