



All you need to know about the Birmingham Physical Education 5th Grade Run

What time should I get to Beverly Park?

- It is recommended to get to Beverly Park (18801 Beverly Rd, Beverly Hills, MI 48025) between 8:15am-8:30am.

Where should I park?

- Since the parking at Beverly Park is limited, you can use the Beverly School parking lot as well.

What should I do once we have registered?

- Each student should pick up their run number from their physical education teacher at Beverly Park. They will then need to get their bib number on the front of their shirt. At about 8:40, they should be ready to warm up at their school sign which will be set up near the pavilion.

Where should I go when my child is running/walking?

- The run will start and finish near the pavilion. Parents can cheer on their children anywhere along the route but please stay off the course.

Will all the students be starting at the same time?

The girls will start at 9am and the boys will start at the completion of the girls run, approximately 9:20am. The timing device stops when they cross the finish line (chip timing).

What should my child wear during the run?

Dress for the weather but keep in mind they will heat up quick. Have them wear a warmer layer for warm ups that they can then take off before the run. Most students will receive a run t-shirt that they can chose to wear or not.

How long will it take for results to be posted after the race?

- Once all the races are done, runners will meet back by our school signs near the pavilion to find out our top 10 boys and top 10 girls and which school won the trophy for the most participants. Results will come several minutes after all runners have finished.

Can I run with my child?

- This run is for our 5th grade students. We hope this encourages them to do other runs which would be a wonderful thing to do as a family.

Does my child have to run?

- It is a run/walk so children can do what they are most comfortable with.

What happens if my child gets a cramp? Can they quit?

- We would encourage students to walk and see if they can finish the run. If something arises that they cannot finish the run that is fine but you need to let one of our physical education teachers know that they have stopped.

Do we have to stay for the awards ceremony?

- If you are unable to stay for the awards ceremony, we understand. However, we hope that they would be interested in the chances for their school to win the team trophy. We will make every effort to make this a quick process.

Do we get to keep the bib number?

- Yes, it is a wonderful memory of a great accomplishment and a fun day!

How will we be notified if the race is called off?

- We will only cancel the run for severe weather. Since we have hundreds of participants, we won't have time to call everyone. You will have to drive to Beverly Park to check.

Please thank our sponsors and volunteers.

- Our title sponsors are Chartwells and the BEF (Birmingham Education Foundation). They will be set up and offering water and snacks in the pavilion. Please stop by their set up and thank them for their continued support. Also, the CSO's (Community School Organizer's) along with students from Derby, Berkshire, and Groves will be there to help make this a successful event.

We look forward to seeing you on Saturday, October 4th!

The Birmingham Elementary Physical Education Teachers