

MOMENTUM IS EVERYTHING



WWW.BACKONMYFEET.ORG

Since 2007, Back on My Feet has been breaking cycles of poverty and addiction across the country. We believe long-term transformation can happen, but it needs a new approach, one that combines community and accountability to achieve economic stability.

In 16 cities across the U.S., we empower people living in homeless shelters or addiction facilities to take back control of their lives.

Through our morning runs and walks, relationships that last a lifetime are built, soft skills are developed, and a sense of mutual accountability is fostered. Members continue on with career coaching, financial and digital literacy, and employment resources. Our members not only start their careers, they build their credit, they obtain housing, and they reunite with their families.



What we do, works.

Physical fitness — combined with community and workforce development — transforms lives.

With your commitment to our program, we can help even more people overcome barriers like limited job opportunities, lack of affordable housing, medical diagnoses, former incarceration, and systemic racism.

Together, we're a movement for change.

OUR IMPACT

10,000+

MEMBERS EMPLOYED SINCE 2007

\$5,765

COST TO SERVE IN 2023

950+

MEMBERS EMPLOYED IN 2023

83%

MAINTAIN EMPLOYMENT

70%

SUCCESS RATE*

*Of members that go through our program, 70% achieve employment and housing.



BACK ON MY FEET

At Back on My Feet, we know the power of togetherness creates real and lasting change. That's why supporters like you are central to our members' success and the shared impact we have on how our communities support each other.

Join Our Community



INVEST

Your investment in Back on My Feet is an investment in human potential. Make a gift today and make the deepest impact.

backonmyfeet.org/donate



SPONSOR / ATTEND EVENTS

Attend our events as a sponsor and help us raise critical funds to keep creating real impact all across the U.S.

backonmyfeet.org/events



CORPORATE PARTNER

Your company's support can help strengthen our program and allow our community to thrive.

backonmyfeet.org/partner



FUNDRACE

Dedicate your marathon miles to Back on My Feet by fundraising while running world-class races with our FundRacing team.

backonmyfeet.org/fundrace



LEADERSHIP

Join our Board comprised of leaders from across the country who give their time, resources, and expertise.

backonmyfeet.org/leadership



VOLUNTEER

Empower members to regain control of their lives through fitness, personal development, and shared experiences.

backonmyfeet.org/volunteer



100+
PARTNERS

150K+

MEMBERS, ALUMNI, VOLUNTEERS, DONORS, & STAFF IN 16 CITIES ACROSS THE U.S.

ATLANTA, AUSTIN, BALTIMORE, BOSTON, CHICAGO, DALLAS, DENVER, FORT LAUDERDALE, HOUSTON, INDIANAPOLIS, LOS ANGELES,
NEW YORK CITY, PHILADELPHIA, SAN FRANCISCO, SEATTLE, WASHINGTON D.C.

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