

Signature:

9th Annual

"Strawberry Shake" 5K Run & "The Shortcake" Kids' 1 Mile Run

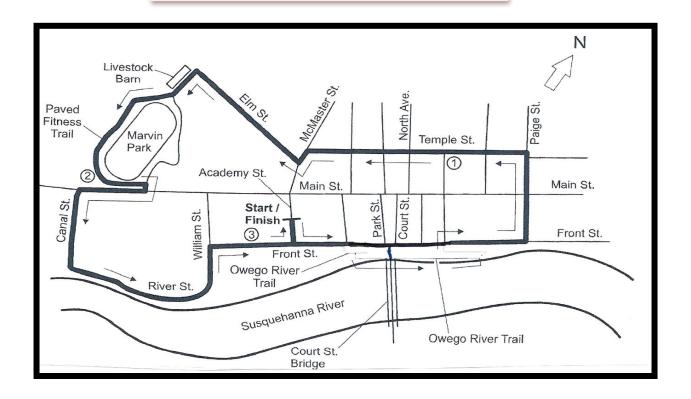


	Friday, June 19, 2020
Kids' R Entry Fee:	un begins at 5:30 pm; 5K Run begins at 6:15 pm. Deadline for Pre-Registrations: Tuesday, June 16, midnight. 5K Individual Pre-registration: \$25 for individuals Teams of 4 or more: \$20 each — Team Name: 1 Mile Kids' Run (ages 5-10) \$10 each
After Deadline:	5K Individuals: \$30 Teams of 4 or more: \$25 each – Team Name: 1 Mile Kids' Run (ages 5-10) \$15
Place:	Tioga County Office Building Property, Academy St. & 56 Main Street, Owego (See back for map and directions.)
Check-in:	Pre-registered packets can be picked up and race day registration can be completed on Friday, June 19, from 2:00 pm-6:00 pm for the 5K and 2:00 pm-5:15 pm for Kids at the race site. No registration or pick-up after 6:00 pm.
Awards:	1st, 2nd and 3rd Place prizes in the Male and Female categories will be awarded for the 5K Run. Prizes will also be awarded for the Kids' Run.
Giveaways:	T-shirts available while supplies last.
Note:	The race directors reserve the right to reject any entry for any reason. The race is partly run with traffic on a state highway, so dogs are <i>absolutely forbidden</i> . Jogging strollers are allowed. Those observing poor manners towards motorists or not obeying the traffic marshals will be disqualified. The race has been certified by USA Track & Field. No refunds for cancellations.
Benefit:	All proceeds will benefit Owego-Apalachin School District Cross Country and Track teams, along with other Booster club teams.
	Christine (crhafer@yahoo.com). Mailing Address: Owego Pennysaver c/o Strawberry Shake 5K, 181 Front Street, Owego NY 13827 For online registration visit the race website at https://runsignup.com/Race/NY/Owego/OwegoStrawberryShake5KRunWalk
BIB #	Entry Form Mailing Address: Owego Pennysaver c/o Strawberry Shake 5K, 181 Front Street, Owego NY 13827 Credit cards accepted. Cash accepted on site race day. Checks are not accepted. Money orders are accepted c/o OFA Boosters Strawberry Shake 5K and mailed to Owego Pennysaver First Name T-Shirt Size YMSM LXLXXL First Name SEX Month Date Year BIRTHDATE (ex: 06/04/1971)
Street Address	City State Zip
	Phone #5K Run 5K Walk Kids' 1 Mile Run
	ent: CashVisaMCAE
-	VISA INC AL Exp. Date CVV# (back of card)
Release: I know t any decision of a race of	nat running a road race is a potentially hazardous activity. I agree I should not enter and run unless I am medically able and properly trained. I agree to abide by fficial relative to my ability to safely complete the run. I assume all risks associated with running in this event, but not limited to, falls, contact with other participants, er – including high heat or humidity, traffic and conditions of the road, all such risks being known and appreciated to me. Having read the waiver and knowing

these facts and in consideration of you accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Village of Owego-Apalachin, Boosters, the New York State Department of Transportation or the Historic Owego Marketplace, Inc., and other sponsors, organizers or successors from all claims or liabilities of any kind arising out of my participation in this event. Failure to date and sign release will invalidate your entry. Parent or Guardian's signature necessary if under 18 years of age.

Date:_

5K Run Route



Kids' 1 Mile Run Route

