



Welcome to the 2025 Quiet Silence 25K & 50K!

We are excited to have you join us for year two of this event. The Quiet Silence 25K & 50K is brought to you by Tydish Running partnering with Chase the Sun Running Co. Our relationship with the cities we travel through and the DNR are highly protected. We are so lucky and thankful to have this all season multi use path here locally.

Please read through the information provided here and reach out if you have any questions. We look forward to seeing you in a few weeks.

Your RD's,

Nicole & Carri

RACE ESSENTIALS

RACE START: Friday, December 5th @ 7pm

LOCATION:

Rotary Park

200 Water St

Lake Mills, WI US 53551

RACE CHECK-IN:

Race day check-in only starting at 6pm.

RACE TRANSFERS:

We offer race insurance for purchase for this event; however, we will allow deferrals if need be.

COURSE DETAILS:

This is an out and back course on the Glacial Drumlin Trail. We will start at Rotary Park in Lake Mills and turn around at the Western terminus of the Glacial Drumlin in Cottage Grove, 200 S Main St.

Trail map linked [here](#).

50K - One unsupported drop bag is allowed on the way out. It'll be set at an outdoor pavilion roughly 8 miles from the start. Then you'll pass it again (mile 23ish) on the way back and on to the finish. The halfway mark of the 50k is your turnaround point. Here, we'll host warm food, all the usual running snacks, volunteers and cheers to fill you back up and send you back on your way.

25k - One supported drop bag is allowed at the turnaround, at approximately 8 miles. There is no other aid for this course.

It's Quiet out and Silence on the way back. Obviously not total silence, just a gentle way for us to remember to be mindful of the sleeping communities we are traveling through late at night and into the early morning.

REQUIRED GEAR:

Every athlete is required to have a headlamp or equivalent light, reflective gear and a red blinking light on your back side. Links to examples below:

[Reflective vest](#)

[Red blinking light](#)

PARKING:

There is plenty of parking available at Rotary Park. You do not need a parking pass/permit to park here.

There is parking available for spectators and/or crew at the turnaround which is located at the Western terminus of the Glacial Drumlin in Cottage Grove, 200 S Main St.

RESTROOMS:

Porta potty's will be available at the start, Rotary Park and at the turnaround.

AID STATIONS:

There will be one aid station at the turnaround, at approximately mile 15. You will have access to your drop bag at approximately mile 8 & 23.