

Montgomery Regional Airport Runway 5K  
**Run/Walk GUIDEBOOK**

Saturday, May 30, 2026 // 7:30 A.M.



**About:** The Montgomery Regional Airport is excited to host its third annual Runway 5K. The MGM Runway 5K is on a closed course located on the airfield with roughly four miles of runway. Racers will run on Taxiway Bravo and Runway 3-21 south, which are all located beside our active Runway 10-28. Runners will have a chance to run beside aircraft and get a close-up view of aircraft landing and taking off. The uniqueness of this event allows runners to experience the airport grounds, amazing views of the MGM terminal and participate in a 5K race like no other! You must register as a runner to participate. Children 14 and under must be registered and accompanied by a registered adult. The race will be limited to the first 500 participants. Early registration is encouraged! Registered participants will be able to run or walk the runway.

**Registration:** There is a limit of 500 runners. Online registration will close on May 30, 2026. Limited in-person registration will be available. Race shirts will be ordered by May 8, 2026. To ensure your correct size is ordered, please register prior to this date. Registrations received after the t-shirt order date will be provided sizes from the available inventory.

**All participants will receive a complimentary race shirt which must be worn at all times to participate.**

**Please note: On-site registration will be limited, and all participants are encouraged to register online and in advance.**

**Swag:** The registration fee includes the MGM 5K race shirt (to be worn on race day), bib, and a finishers medal.

**Children:** For safety considerations, children aged 14 and under must be accompanied by a registered adult and must be registered as well.

**Cost:** Early Registration is \$35 per participant. After May 1, 2026, registration is \$45. Price will increase day of race.

**Benefactor:** Proceeds from the MGM Runway 5K will benefit the River Region United Way. Their long-term commitments are essential to addressing key social issues, such as helping children and youth achieve through education, promoting financial stability and independence, and improving people's health.

**Packet Pick up:** Packets will be available to be picked up at the Montgomery Regional Airport  
**(4445 Selma Highway Montgomery, AL. 36108)**

**Thursday, May 28**

**10 am-4 pm** Packet pick-up, MGM Intermodal Building (Taxi Building)  
4445 Selma Highway, Montgomery, Al 36108

**Friday, May 29**

**10 am-4 pm** Packet pick-up, MGM Intermodal Building (Taxi Building)  
4445 Selma Highway, Montgomery, Al 36108

**Saturday, May 30**

**5 am – 7 am** Late Registration / Packet pick-up, MGM Intermodal Building (Taxi Building)  
4445 Selma Highway, Montgomery, Al 36108

There will be limited packet pickup available on-site race day morning starting at 5:00 a.m. You must pick up your packet at one of the designated packets pick up locations. Packets will not be mailed after the race.

**Q:** *“Can someone else pick up my race packet on my behalf?”*

**A:** *Yes. Please make sure your friend has a copy of your driver license or run signup confirmation on hand for the packet pickup staff.*

**The Course:** The course features a 5K run, which is the length of the runway. All in-person runners must be able to complete the chosen course and be off the runway by 8:30 a.m. A courtesy vehicle will be out at 8:45 a.m. to pick up anyone who has not completed the course so that it can be reopened for aircraft traffic.

**Please note:** All racers and spectators must access the course by taking the provided MGM shuttle to access the course racecourse. Shuttles will be available at the MGM Taxi Intermodal Building. Please use the MGM terminal address at 4445 Selma Highway Montgomery Alabama, 36108. All

registered participants will receive a parking pass (last page of Runner's Guide) that must be printed out and placed on the dashboard of their vehicle to park in the MGM parking lot during the race. A Republic parking attendant will be available to assist at the gate.

*\*All participants and spectators must use the MGM parking lot.*

**Parking:** Entrance to free parking will be located at the Montgomery Regional Airport (**4445 Selma Highway Montgomery Alabama, 36108**). Follow signs to the designated parking lot. The parking lot entrance will open at 5:00 a.m. Directional signage will be posted, and staff will be available to guide you to the designated parking area.

### **Entrance to MGM Parking Lot: 4445 Selma Highway Montgomery Alabama, 36108**

#### **Directions to Montgomery Regional Airport:**

##### DIRECTIONS FROM NORTH ALABAMA:

Take I-65 S toward Montgomery.  
Take EXIT 167 toward Selma/Montgomery Regional Airport.  
Merge onto US-80 W/AL-8.  
Continue 3.0 miles on the Selma HWY and Montgomery Regional Airport is on left

##### DIRECTIONS FROM SOUTH ALABAMA:

Take I-65 N toward Montgomery.  
Take EXIT 167 toward Selma/Montgomery Regional Airport.  
Merge onto US-80 W/AL-8.  
Continue 3.0 miles on the Selma HWY and Montgomery Regional Airport is on left

##### DIRECTIONS FROM EAST ALABAMA:

Take I-85 S toward Montgomery.  
Merge onto I-65 S on the left toward Montgomery.  
Continue south on I-65 to EXIT 167, toward Selma/Montgomery Airport.  
Take EXIT 167 and merge onto US-80 W/AL-8.  
Continue 3.0 miles on the Selma HWY and Montgomery Regional Airport is on left

##### DIRECTIONS FROM WEST ALABAMA:

Take US-82 E toward Montgomery.  
Merge onto I-65 S toward Montgomery.  
Continue south on I-65 to EXIT 167, toward Selma/Montgomery Airport.  
Take EXIT 167 and merge onto US-80 W/AL-8.  
Continue 3.0 miles on the Selma HWY and Montgomery Regional Airport is on left

*\*There will also be directional signage to guide you to the event site.*

**Time Keeper:** *This is a chip-timed event done by Second Wind Timing*

Second Wind Timing reserves the right to alter, postpone or cancel any event for safety concerns. This may include severe weather, security issues, construction, accidents, or other issues that may affect the safety of participants. When possible and if feasible an event may be rescheduled.

**Bag Policy:** No unauthorized bags will be allowed. Diaper bags will be allowed but will be subject to search. There will be a Gear Check Station available for racers to place items securely.

**Gear Check:** A station will be open for you to store permitted items. Runners must include their last name, and bib number at the gear check. Registered participants, please use the bag given out during packet pick up for the gear check.

**Security Checkpoint:** There will be a security checkpoint for all runners and spectators upon entering the MGM Runway 5K. All bags and backpacks will be subject to inspection. No weapons, guns, alcohol, or drugs are permitted.

**Water Stations:** Will be accessible throughout the duration of the run and at the Finish Line Water Station. Volunteers will provide runners with bottled waters along the course of the race.

**Safety:** This race is stroller and wheelchair friendly. Spectators are asked to stay within the start/finish line area and any warm-up activities should be performed near the race starting point. For the safety of all involved, participation with bicycles, scooters, hoverboards, and pets are all strictly prohibited.

**Awards:** Awards will be given out based on overall top male and female. Awards will also be given out to overall top three in each category. All registered participants must be present to collect finisher medals and awards.

**Medals:** All registered participants will receive an MGM Runway 5K participation medal. **No extras will be given. Medals will not be mailed after the race.**

**Awards Ceremony:** The Montgomery Regional Airport will highlight the winners from the race during the Awards Ceremony. The River Region United Way Raffle drawing will be held after the awards ceremony. All registered participants must be present to collect awards.

**Photos:** Race photos will be available for download from the Montgomery Regional Airport Facebook page. Keep an eye out for our on-course/finish line photographers and be prepared to strike a pose! Registered participation indicates acknowledgement and agreement to be used in MGM marketing, promotional and social media purposes.

**A few simple rules:**

1. Anyone participating or viewing the 5K Run/Walk must register. Please register your participation as runner/walker or spectator.
2. **Race shirts must be worn at all times to participate.**
3. No skateboards, rollerblades, bikes or pets allowed.
4. Stay on the course. Anyone deviating from the course will be removed from the race.

5. All participant registrations are non-transferable and non-refundable.
6. Selfie sticks will NOT be allowed on the runway.

**Please note:** The race will be held, rain or shine. If an unforeseen circumstance causes the race to cancel, a new date will be chosen, and all registered participants will be notified. No refunds will be issued.



# 5K EVENT TIMELINE

**Saturday, May 30**

**5 am – 7:00 am** Late Registration / Packet pick-up, MGM Intermodal Building (Taxi Building)  
4448 Selma Highway, Montgomery, Al 36108

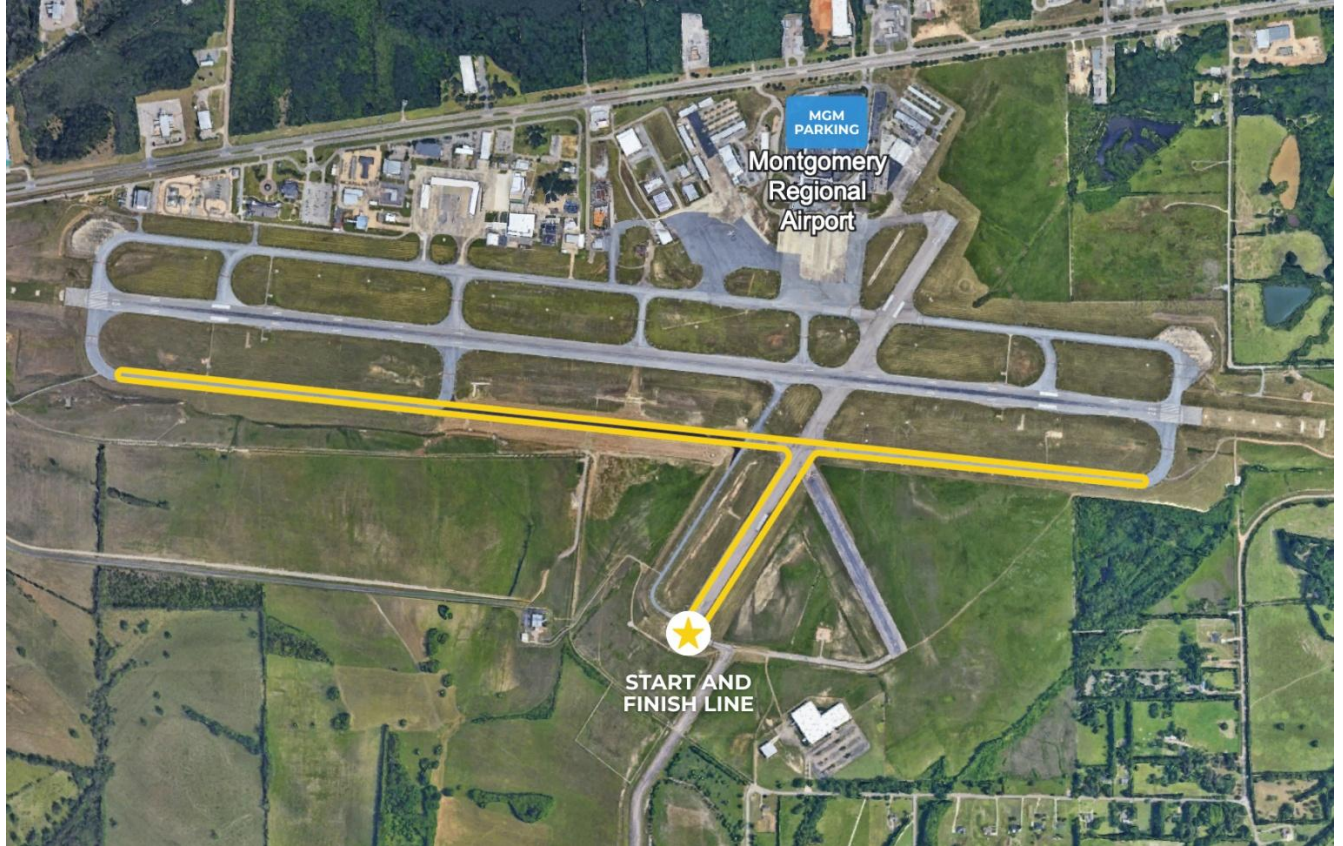
**5:00 am** Race Check-In Opens

**5:00 am** First Bus Departs to Race Check-In / Shuttle to Racecourse  
*(\*buses will run 15-20 min a part)*

**Last Shuttle to leave the MGM Intermodal Building at 7:10 am**  
**Participants will not be permitted to begin race after 7:45 am**

- 5:00 a.m. MGM Parking lot opens Runner check-in (MGM Intermodal Building)  
Packet pick-up (MGM Intermodal Building)
- 5:00 a.m. Runner's Shuttle Begins to race site
- 5:00 a.m. Exhibitors open  
Security Screening Opens  
Light Breakfast Opens (at race site)
- 6:30 a.m. Race Welcome/Announcements
- 6:45 am Warmup
- 6:50 am National Anthem
- 7:00 a.m. Runners into position
- 7:25 a.m. Wheelchair start
- 7:30 a.m. Race starts
- 8:30 a.m. Race conclusion  
Participant pickup for those not finished with the course, if necessary
- 9:00 a.m. Awards Ceremony  
Wheelchair division  
Top three men, women, youth divisions  
Raffle ticket drawing
- 10:00 a.m. Event Concludes  
*(\*please visit our exhibitors and MGM information booth)*

**\*Bus shuttles will run continuously, however, please be advised runners will not be allowed to enter the racecourse after 7:45 a.m.**



## MGM Airport Race Route

## Supporting River Region United Way

Running down the Montgomery Regional Airport's Runway is just half the fun you can expect to have at the Inaugural MGM Runway 5K, you can also enter to win roundtrip tickets and more prizes.

## Raffle Drawings

**Purchase your raffle tickets**

**<https://runsignup.com/Race/Store/AL/Montgomery/MGMRunway5K>**

- \$5 each or \$20 for 5
- Proceeds benefit United Way River Region
- You don't need to be present to win
- Raffle is open to anyone
- Drawing will be on May 30, 2026, and winners not present will be notified by email.

