## UMAEF 2<sup>nd</sup> Annual Viking 5K Run/Walk & Kids Fun Run



## May 15, 2016

Registration/Packet pick up 7:45am; Fun Run Start 8:30am/5K Start 9:00am

Race Purpose: To raise money for Upper Merion Area Educational Foundation. UMAEF's mission is to

enhance the quality of education in the Upper Merion Area School District (four

elementary schools, one middle school and one high school) through programs funded by nonpublic support. Our focus is to encourage excellence and innovation at the faculty level by offering mini-grants to supplement and complement basic educational programs in the areas of Technology, Arts, Scholastic Enhancement and Cultural Enrichment. All of the proceeds from our Viking 5K/Fun Run go directly to fund the various projects that the

Foundation awards each year.

Location: Caley Elementary School, 725 Caley Road, King of Prussia, PA 19406; Winds along

residential roads and finishes back at the elementary school.

**Awards:** Top 3 male and female finishers and prizes to top males and females, in age categories:

10 and under, 11 to 14, 15 to 18, 19 to 29, 30-39, 40-49, 50-59, 60 and older

Entry: Register before April 29<sup>th</sup> –

1 Mile Fun Run (age 10 and younger): \$10 5K - Student (age 18 and younger): \$20 5K - Adult (age 19 and older): \$25

After April 29th to race day -

1 Mile Fun Run (age 10 and younger): \$15 5K - Student (age 18 and younger): \$25 5K - Adult (age 19 and older): \$35

**Amenities:** Each registrant receives a free T-shirt (not guaranteed if registered after April 29<sup>th</sup>), limited

quantities for sale on race day; Refreshments, water stations, raffles, and silent auctions at

the race.

Race Results: Race will be professionally timed by the Bryn Mawr Racing Co.; Results will be available at

brynmawrracing.com.

Questions: Contact: Eileen Ching (elc00@hotmail.com) or Nichelle Maultsby-Wiley

(nmwiley@gmail.com)

"By indicating your acceptance, you understand, agree, warrant and covenant as follows: I know that running is a potentially hazardous activity. I should not enter or run unless I am medically able & properly trained. I also know that there will be traffic, debris, poor footing and other hazards on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather, the conditions of the roads and getting lost, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the organizers of this event, all municipalities in which the all owners of properties through which the race crosses, the race committee, volunteers, the Bryn Mawr Racing/Running Co., all other organizations directly or indirectly associated with the race, any or all sponsors including their agents, employees, assigns or any-one acting on their behalf, or anyone else associated in any way with this race, from any or all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event This waiver extends to all claims of every kind or nature whatsoever; foreseen or unforeseen, known or unknown.

Signature						_ If under 18, Parent Guardian Signature)									
Name:															
Email:															
Address:	Address: City:						State: Zip:								
Phone:			Gende	r: M	F	Age c	n Rac	e Day:			_				
T-shirt Size:	Youth:	S	М	L	XL										
	Adult:	S	М	L	XL	XXL	XXX	L							
Please check	appropriate	box:													
□ - 1	Mile Fun Rui	n (Age 10	and yo	unger	.)										
□ - 5	K Run/Walk (	Timing c	hips wil	l be as	ssigned to	o all par	ticipar	nts of the	5K)						
Make check	payable to "U	pper Me	erion Are	ea Edu	ıcational	Founda	tion",	and mai	l paym	ent wi	th thi	s forr	m to:		
435 C	r Merion Are Crossfield Rd. of Prussia, PA		ional Fo	undat	ion										

Or register online at http://www.brynmawrracing.com (click on the Race Calendar)