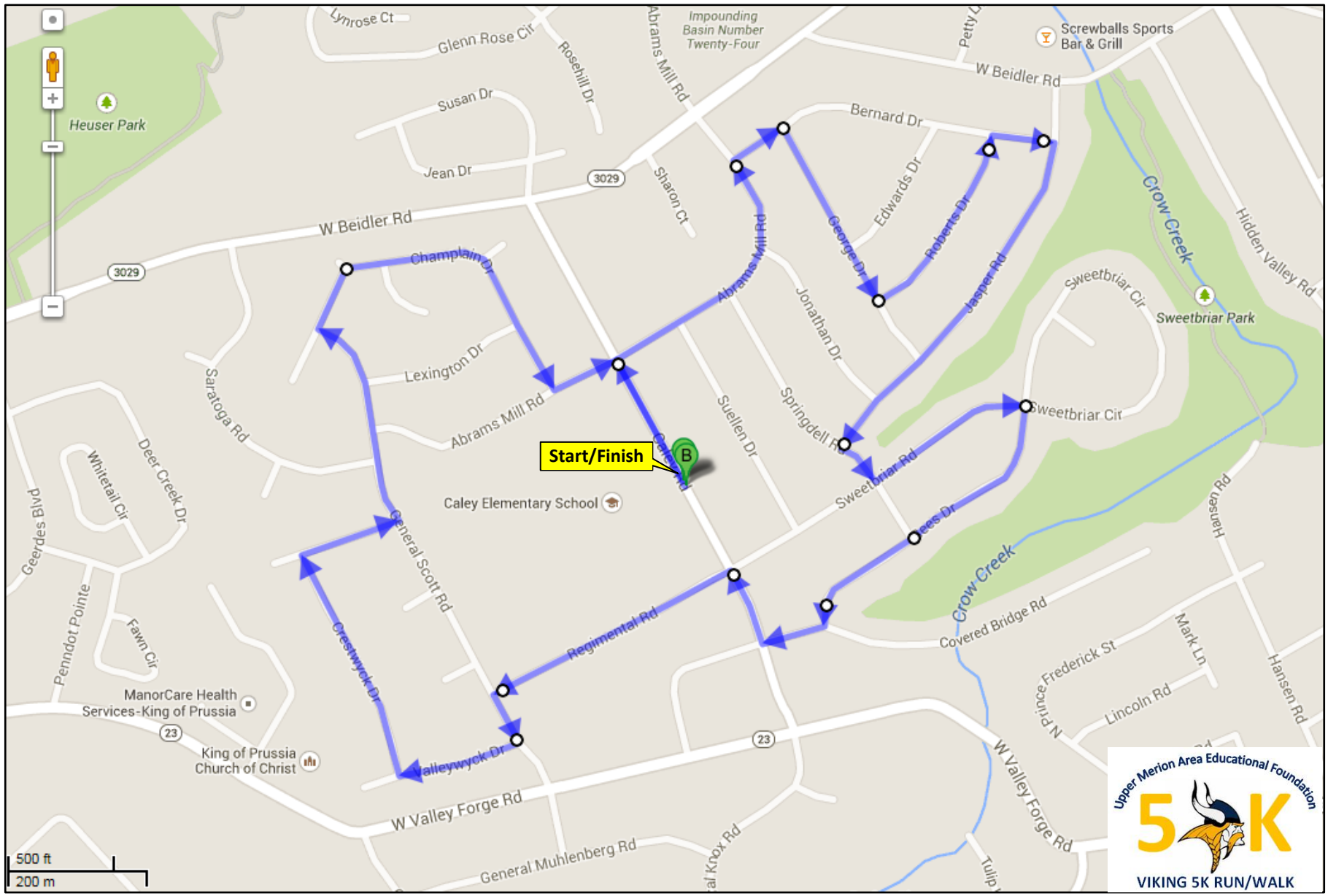Upper Merion Area Educational Foundation Viking 5K Run/Walk Route