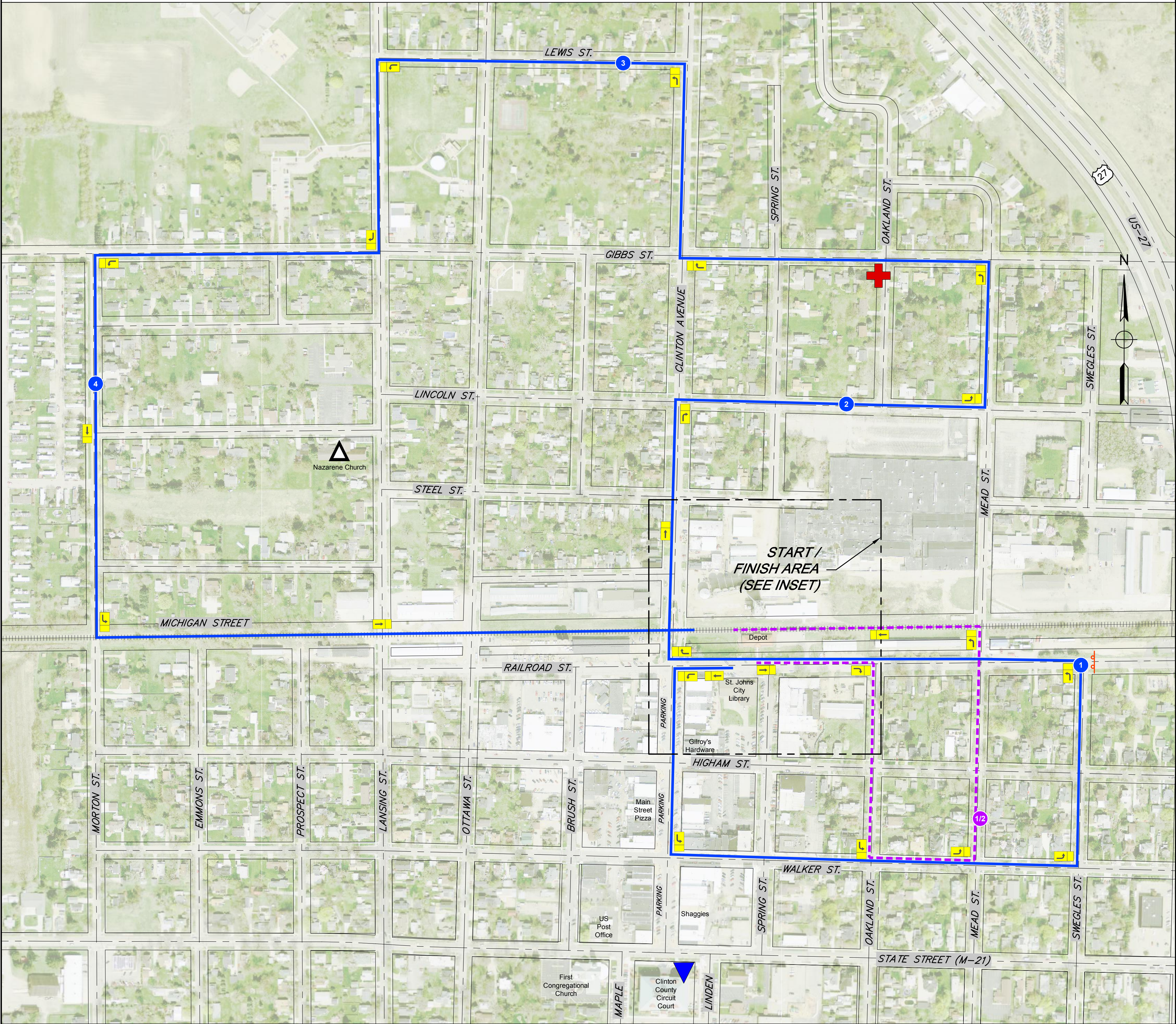
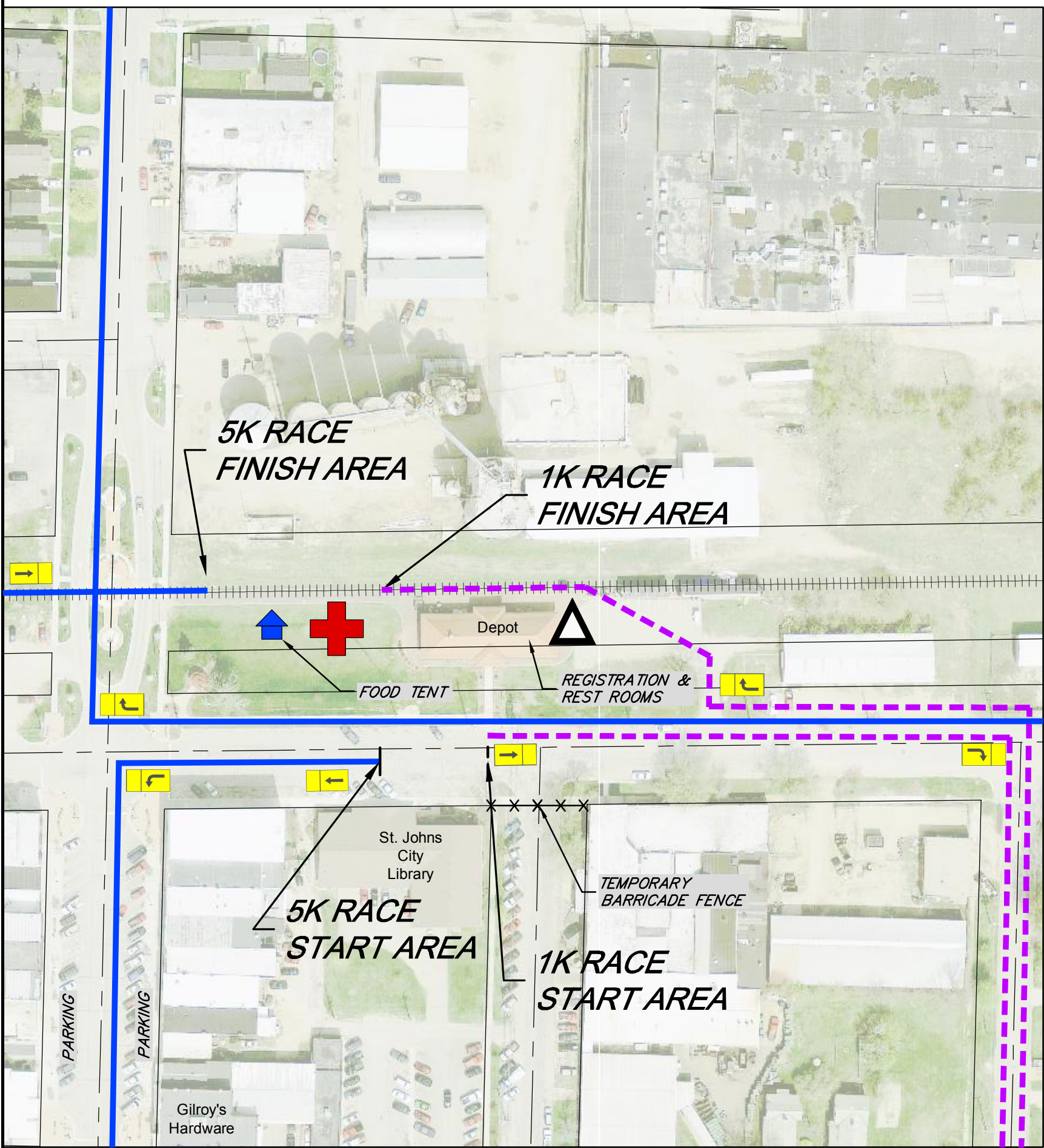
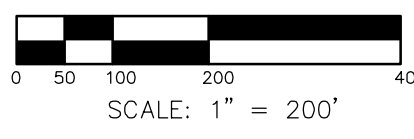


HEART OF THE TRAIL 5K RUN/WALK

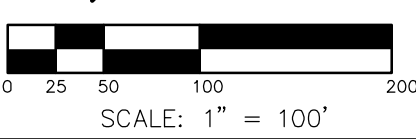
SATURDAY, MAY 13, 2017



RACE ROUTE MAP



START / FINISH AREA



LEGEND

- 5K RUN ROUTE
- 5K ROUTE MARKER
- 1K KID'S RUN ROUTE
- 1K KID'S ROUTE MARKER
- FOOD TENT

VOLUNTEERS

- POLICE/ROAD CROSSING
- AID/WATER STATION (HALF WAY MARK)
- EMERGENCY SHELTER (NAZARENE CHURCH - LANSING STREET)

- 5K RACE - 10:00 AM RACE START
- KIDS 1K RACE - 11:00 AM RACE START

ESTIMATED TIME AT MILE MARKER	
5K RACE: START 10:00	
1K	10:05 TO 10:15
2K	10:10 TO 10:30
3K	10:15 TO 10:45
4K	10:20 TO 11:00
5K	10:25 TO 11:15

- REGISTRATION AND REST ROOMS WILL BE LOCATED AT: THE TRAIN DEPOT

SIGNS/TRAFFIC CONTROL

- FRONT - (6) (11) (5) OR 5K
- FOLDING SIGN BOARDS (1' x 2')
- RACE IN PROGRESS BARRICADE/SIGN (2)
- TEMPORARY FENCING



HEART OF THE TRAIL

5K RUN/WALK

2017 RACE PLANNING MAP

spicer group ROUTE MAPS PREPARED BY SPICER GROUP INC.