



6th ANNUAL 5K & FAMILY FUN RUN

Saturday, May 11, 2019

5K - 8:30am Fun Run - 9:30am

Ramsey, NJ Municipal Pool on E. Oak St.

www.RPEFrun.com

- Timing and scoring by BEST Racing Systems
- USATF certified course / sanctioned race
- Awards for top finishers
- Performance race shirts
- Mile clocks
- DJ, music, post-race refreshments
- Register online at www.RPEFrun.com
or mail this entry form with your check payable to: RPEF, PO Box 244, Ramsey, NJ 07446

PLEASE FILL OUT ONE FORM PER RUNNER
Or Register Online at www.RPEFrun.com

Requested Shirt Size (circle one) YOUTH: S M L
Register by 4/24 to be guaranteed a shirt WOMEN: S M L
 MEN: S M L XL

Name: _____ **Birthdate:** _____

Age on Race Day: _____ **Address:** _____

City: _____ **State:** _____ **Zip:** _____

Phone #: _____ **Email:** _____

Check one: MALE FEMALE

Check one: 5K / \$25 until 5/1/19 (\$30 after 5/1)

1-mile Fun Run / \$15 until 5/1/19 (\$20 after 5/1)



USATF# (if applicable) _____ (\$3 discount for USATF members)

Is this registrant a **student** or **faculty member** in a Ramsey school? Yes No

If Yes, School Name: _____ check one: **student** **faculty**

**The Ramsey public school with the highest percent participation
will receive an extra \$1000 grant!**

Waiver/ Release: For and in consideration of the acceptance of my entry in the Ramsey Public Education Foundation (RPEF) 5K Race to be held on May 11, 2019. I agree and certify that I am physically fit, have sufficiently trained for, and am physically capable to participate in the 5K event and/or the 1-Mile fun run. I understand that participation in this race is an inherently dangerous activity and the risks of participation include, but are not limited to, death and serious bodily injury. I assume all risks associated with participating in this event, including but not limited to; the weather, conditions of the road and other race area surfaces, falls, collisions, motor vehicle traffic and the conduct of spectators and other runners. For myself, my heirs, my administrators and executors, I hereby forever waive, release and discharge the RPEF, its directors, officers and members, the Borough of Ramsey, NJ, USA Track & Field and all of its various departments, employees and officials including all race sponsors, officials, participants, organizers, planners, and volunteers from any injuries sustained arising out of my association with, entry or participation in this road race and any pre-, post-, or other race related activities. I grant permission for the use without fee of my name and likeness incidental to any photograph, video, display, or other reproduction in any broadcast, telecast, print, or cyber media account of this event for promotional or publicity purposes.

Parent's Signature if under age 18 Date

Runner's Signature Date

*The RPEF is a non-profit 501(c)(3) organization
Federal E.I.N. 223-406-929/000*