



Event Overview

Welcome to the 2025 Cheeky Monkey 24 Team Relay. Below are the Final Runner Instructions. Please review EVERYTHING carefully.

We appreciate your participation in this first year event. We have done our best to make it a fun experience.

Should you have any questions, we are always available to assist you before and during race day.

Good Luck and Good Racing!

Teresa Chaney / Jim Chaney / David Beck – Run to You Racing



The Basics

The Cheeky Monkey 24 is a simple concept. See how far your TEAM can run over the course of 24 hours over a ONE MILE LOOP. The event starts at 9am on Saturday, September 13th and concludes at 9am on Sunday, September 14th. A few notes...

- You DON'T have to start right at 9am on Saturday BUT your team is on the clock beginning at 9am.
- There is NO particular method for your team to follow regarding the running / walking. You can run one runner at a time for the mile loop then hand off to the next runner. You can have a runner run multiple loops before handing off to a teammate. You can take breaks. You can finish early. It is up to you!
- There is nothing to carry. No baton. No slap bracelet. Just high five your teammate in the EXCHANGE ZONE.
- STAY AWAY from the timing mats if you are NOT running. Only the active runner should cross the timing mats.
- We are ONLY tracking your TEAM. We are not keeping individual runner splits...just TEAM splits. EACH team will have the same bib number with the same bib timing number on the tag. The computer does not know the difference between team members. It will record laps for the TEAM.
- Should you want to run together with a teammate, we will only count your TEAM as one. You cannot pile up the miles by running together at the same time.
- Updates will be provided throughout the event at www.cantonruns.com



Schedule of Events – Saturday, September 13th

- 7:30am – Team Bibs can be picked up in the Pavilion at Veterans Park.
- 7:30am – Team sites can be accessed to set up your tent. We have 22 teams and plenty of room to set up space for your team site. WE CANNOT SET UP TEAM SITES ALONG THE RUNNING TRAIL. WE ARE RESTRICTED TO THE PAVILION AREA which is 100 meters away from the running trail (see map below).
- 9:00am – The clock starts for the event.
- 3:00pm – 6 Hour Standings Checkpoint
- 8:00pm - Pizza
- 9:00pm – 12 Hour Standings Checkpoint

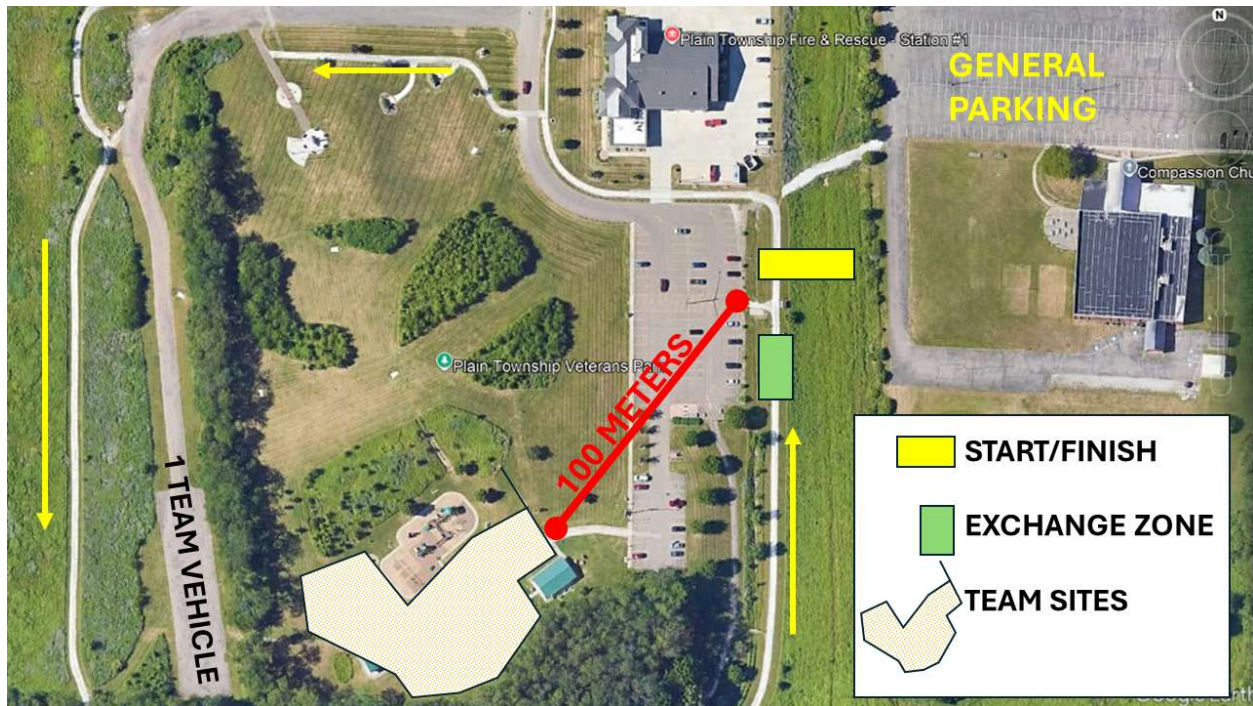
Schedule of Events – Sunday, September 14th

- 9:00am – Event / Timing Ends. Only completed laps will count.
- 9:02am – Awards pickup in the Pavillion



Parking Overview

Each TEAM can park ONE vehicle in the TEAM SITE PARKING LOT. It is a small lot adjacent to the Team Site location. ALL OTHER team members / spectators / family MUST park in the CHURCH parking lot next to Veterans Park. THERE IS NO PARKING IN THE VETERANS PARKING LOT. We must keep that OPEN to the public for use of the trail and dog park.



Team Sites Overview

We are using Veterans Park in Plain Township. It is located across the street from GlenOak High School. Use the address of 1742 Schneider St NE, Canton, OH 44721 to get there. Please READ the PARKING instructions above.

Each team should try to use roughly a 10'x10' space in the team site area. We have a handful of 10'x10' tents should you need one (no sides).



AID / FOOD – We recommend that you bring everything you need (chairs, tables, food, etc). We will be providing snacks, water, Gatorade, and pizza. You should bring any specific nutrition that you may need. Remember, most are only running 1 mile at a time. This is NOT AN ULTRA MARATHON.

Course Overview

We are running a one mile loop in a counter clockwise direction. The beginning of the loop is a mild uphill, while the remaining 1400 meters are downhill to flat. We will have solar powered driveway lights along the route, but it WILL get dark in the overnight hours. We HIGHLY recommend bringing a headlamp.

We have 22 teams this year and there will be plenty of room for you while running the route. The trail is hard packed limestone (if you have never been to Veterans Park). It is open to the public throughout the event. Please take caution when passing.



BIB NUMBER – Your bib has a timing tag on the back. Each team will have the same timing tag. For example, team CHANEY GANG – Bib 23 – will have 8 bibs with the number 23 and an identical timing tag on the back of each one. You **MUST** wear a bib while running your mile loop.



EXCHANGE ZONE – You must high five / tag your teammate in the Exchange Zone. This is located 15 meters before the timing mats. Please do not cross the timing mat while waiting for your teammate.

WORK AS A TEAM – Know roughly how long the person before you will take to run a mile. Plan your exchange based on that. Rest when you need to rest.



Final Thoughts

We put this together as a FUN team activity. I'm sure there will be a bump or two along the way. Everything can be worked out before, during, and after the event. We appreciate your participation and look forward to spending 24 hours with you.