



5th Annual
5K Run/3K Walk
Saturday, April 13, 2019
(Rain or Shine)
Timber Creek High School
501 Jarvis Rd, Erial, NJ 08081
Race Day Registration begins at 7:30 am
Football Stadium
9:00 am Start Time

Proceeds for this event support the Aim
High Scholarship in honor of Aimee Jo
Girard

AWARDS:

Top Overall Male
Top Overall Female
Top Male & Female for each of the
following age groups:
-14 & Under -15-19
-20-29 -30-39
-40-49 -50-59
-60-69 -70+

AMMENITIES:

-T-shirts to first 100 registrants
-Music provided by LEAD
-Timing & Results by L & M Sports
-THANK YOU to the BLACK HORSE PIKE
EDUCATION ASSOCIATON for providing
and paying for the refreshments!

ENTRY FEES:

\$20 prior to race
\$25 race day
FREE for children under 12

The AIM HIGH scholarship is in honor of Aimee Jo Girard & will be awarded to a local student with a commitment to nursing. Aimee was an active member of the Timber Creek High School community: she was captain of the Varsity Tennis Team, an officer of Student Council & the Class of 2007. She was crowned homecoming queen the fall of her senior year.

Aimee's good nature & passion for helping others led her to Thomas Jefferson University where she pursued a degree in nursing. Despite suffering a stroke her senior year, Aimee was determined to not only make a full recovery, but to complete her bachelor's degree on time. In true Aimee fashion, she accomplished both goals! Aimee then began her career as a registered nurse at Jefferson Hospital. She was adored by coworkers & patients alike for her compassion & positive outlook. Her motto was "Sometimes you just need to shift your perspective."

On August 10, 2014, Aimee Jo Girard's life was tragically cut short in a senseless act of domestic violence. Aimee's desire to help was contagious, & her innate ability to find a silver lining was inspiring. Her family and friends hope to shine some light by giving back to the community & we want you to be a part of it! Aimee's spirit of giving back inspired them to start a scholarship in her honor. Join us to raise funds for this great cause!

CONTACT INFORMATION:

Jennifer Pavelik
856-232-9703 ext. 7679
jpavelik@bhprsd.org

REGISTER: by mail or online at
www.bhprsd.org/timber

REGISTRATION & RELEASE:

NAME: _____
GENDER: _____
DATE OF BIRTH: _____ AGE: _____
ADDRESS: _____

PHONE: _____
E-MAIL: _____

(circle one) 5K RUN or 3K WALK
T-SHIRT SIZE: (circle one) Adult S, M, L, XL
\$3 more for XXL or XXL

WAIVER: In consideration of being permitted to participate in this event, I hereby for myself, my heirs, and personal representatives assume any and all risks which might be associated with this event, and I further hold no liability against the Black Horse Pike Regional School District and waive, release discharge, and covenant not to sue sponsors, officials, contributors, organizers, volunteers, and beneficiaries or their successors and assign for any and all injuries and damages of any kind whatsoever suffered by me as a result of taking part in the event and related activities. I also give permission for free use of my name and picture in any broadcast, telecast or other account of the event.

SIGNATURE: _____
(Parent/Guardian signature for minors)

**PLEASE RETURN THIS FORM WITH CHECK
OR CASH TO:** Timber Creek Aim High
C/O Jennifer Pavelik
501 Jarvis Road
Erial, NJ 08081