



**Race Entry Form**  
**Saturday, March 17, 2018@ 9:00 a.m.**  
**Race Details Go To: [www.runsignup.com](http://www.runsignup.com)**

**Make Check Payable to I Love LK Memorial Fund**

**The I Heart LK5K does not offer refunds, defer registrations to future years or allow transfers to other participants**

**Please print:**

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Sex:** M\_\_\_ F\_\_\_ **Date of Birth:** \_\_\_\_\_ **Age on Race day:** \_\_\_\_\_

**Sign me up for (check only one event):**

***\$20 entry fee for 5K***

☐ 5k Run

**Request Shirt Size (not guaranteed after March 11, 2018):**

☐ XS ☐ S ☐ M ☐ L ☐ XL ☐ XXL

☐ YS ☐ YM ☐ YL

In Consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against volunteers, officials, sponsors or affiliated organizations of the I Heart LK 5K, and the I Love LK Memorial Fund for injury or illness which may directly or indirectly result from participation. I further state that I am in proper physical condition to participate in these events. I also give permission for the free use of my name and/or picture in account of this event.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature of Parent/Legal Guardian if Child is Under 18

\_\_\_\_\_  
Date

- ArkansasRunner.com chipt timing Finish
- Shirt
- One Water Station at 1.5 miles
- Walkers welcome
- 5K Course closed to traffic from 9am to 10am.
- Awards Ceremony held at the pavilion by the beach at Lake Catherine State Park