

**ABOUT THE RACE:**

Join us for a 5K to support Young Life in Southern Gwinnett! Young Life is a Christian ministry that introduces high school students to Jesus and helps them grow in their faith through relationships with caring leaders. We're raising funds to sustain our thriving ministries at Brookwood and Parkview High Schools and expand into Meadowcreek, Berkmar, and Grayson. Every student deserves the chance to hear the gospel and experience unconditional love.

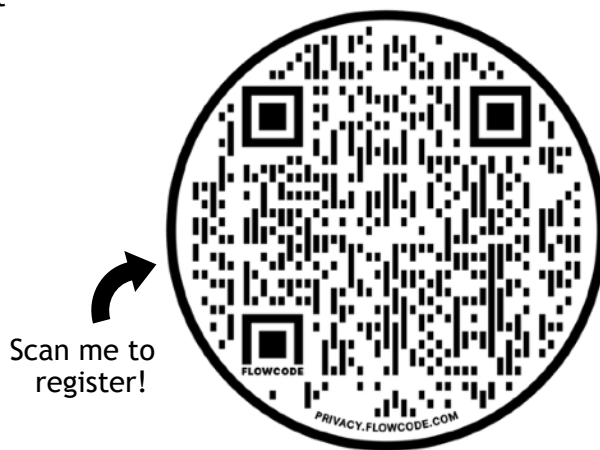
**COURSE:** March 7th starting at 8:30 am and will be held at Alexander Park: 955 Scenic Hwy S., Lawrenceville, GA, 30045

**5K REGISTRATION - race starts at 9 am:** \$30 prior to 2/21/26. \$35 afterward until race day. A t-shirt is guaranteed to runners who register prior to 2/21/26. All who register afterwards can still get one only as supplies last.

**1 MILE FUN RUN REGISTRATION - race starts at 8:30 am:** \$15 leading up to the race. If you would like a t-shirt, it will be an additional \$5 and registration completed by 2/21/26. You may purchase after the race, as supplies last.

**HOW TO REGISTER:** Register online by going to [runsignup.com/Race/GA/Lawrenceville/GetUpGwinnett5K](http://runsignup.com/Race/GA/Lawrenceville/GetUpGwinnett5K) (SCAN QR CODE) OR you can mail in the form below.

**FOR MORE INFORMATION:** Contact EJ Council  
• Phone: 706-972-9167  
• Email: [southernngwinnettyl@gmail.com](mailto:southernngwinnettyl@gmail.com)



REGISTER ONLINE OR USE THIS MAIL-IN ENTRY  
ONE ENTRY PER FORM PLEASE

Make checks payable to Young Life  
Mail completed forms & payments to



YoungLife  
PO Box 1492  
Snellville, GA, 30078

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ Gender: M F

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_

T-shirt Size: S M L XL XXL XXXL | Race Type:  5K  1 Mile Fun Run

Waiver: I hereby release the hosts, sponsors, volunteers, and the officials for the Get Up Gwinnett 5K, Alexander Park and/or Classic Race Services from all claims of injury or damages resulting in my participation in said event. I realize this is a strenuous event, and I am in proper physical conditions to participate.

Signature (under 18, parent/guardian) \_\_\_\_\_ Date: \_\_\_\_\_