

RIDGE TO RIVER

4 & 10 MILE TRAIL RUN

June 6th, 2015 8:00 am — Barboursville Park

First Name: _____ Last name: _____ Gender: _____

Address: _____ City: _____ State: _____

Email: _____ Telephone: _____ Age on Race Day: _____

Event: 4 Mile Run \$25 _____ Race Day Registration \$30

Event: 10 Mile Run \$30 _____ Race Day Registration \$35

(\$5 off above prices for current HRR Members: Check here _____)

Awards will be given to the Top 3 Male and Female finishers of both races. The remainder of pre-registered runners will be entered in a raffle for door prizes.

Shirt Size (Unisex) EXTRA SMALL SMALL MEDIUM LARGE X-LARGE XX-LARGE

Entries must be postmarked by May 9th to guarantee a shirt

WAIVER STATEMENT

(MUST BE SIGNED AND SUBMITTED WITH REGISTRATION- NO EXCEPTIONS)

As a participant in the Ridge to River 10 Mile Trail Run / 4 Mile Trail Run, I assume complete responsibility for injury to me or damage to property which may occur during the event or while I am on the premises of the event. I hereby release and hold harmless HealthyTriState.org, sponsors, promoters, and all other persons associated with this event otherwise. I also understand and acknowledge that the event will be conducted on trails and the sponsor, promoters, and all other persons associated with this event will not be held responsible for the conditions of the trails.

Signature required for ALL participants: (If under 18 must be signed by parent or legal guardian)

X _____ Date: _____

Make checks payable to: Healthytristate.org

Send payments and application to:

c/o Ridge to River Trail Run

Robert's Running and Walking Shop

1440 4th Ave. Huntington, WV 25701

Questions? Contact: Kathleen Clark — clark266@gmail.com