

2025 ATHLETE GUIDE



Charity Partner
Amanda's Wish



Hello Run the Crest Athletes,

Thank you for being a part of the 2025 Run the Crest 5K, 10K, Half Marathon, and Crest Kids Run. We are very excited to provide you with a unique, fun, safe race experience and festival. Run the Crest is brought to you by JLD Events and the Borough of Wildwood Crest and presented by Stampone Law.

We will hold the event rain or shine. This guide contains the information you will need to have a successful race. Please read it in its entirety. If you still have questions, you can contact us at info@jldevents.com. See you on race day!!

Schedule of Events:

Friday, October 3, 2025 – Centennial Park, Fern Road and Ocean Avenue, Wildwood Crest, NJ

- 4pm-7pm – Athlete Check In/Package Pick Up – Tent at Centennial Park (available for all race distances) – Bring ID
- 5:20pm – Athlete Briefing for 5K
- 5:25pm – National Anthem
- 5:30pm – 5K Race Starts (Bike Path and Centennial Park)
- 6:30pm (or sooner) – 5K Awards (Centennial Park Stage)

Saturday, October 4, 2025

- 6:00am – Athlete Check In/Package Pick Up Opens – Tent at Centennial Park – Bring ID
- 7:15am – Athlete Briefing for Half Marathon
- 7:25am – National Anthem
- 7:30am – Half Marathon Race Starts (Bike Path at Centennial Park)
- 8:25am – Athlete Briefing for 10K
- 8:30am – 10K Race Starts (Bike Path at Centennial Park)
- 9:30am – Crest Kids Fun Run Check In (Tent at Centennial Park)
- 9:30am – Live Music Begins – Poor Mouth Henry (Centennial Park Stage)
- 10:15am – 10K Awards (Centennial Park Stage)
- 10:30am – Crest Kids Fun Run Starts (Bike Path at Centennial Park)

- 11:00am – Half Marathon Awards (Centennial Park Stage)
- 9:30am – 12:30pm – Post-Race Festival (Centennial Park)

Parking: Street parking will be available and parking meters will be disabled. When parking on the street, please be aware and do not park in front of driveways. Hotel parking lots are for guests only.

Lodging: Gold Crest Family Beach Resort, 6611 Ocean Ave, Wildwood Crest, NJ, 609-522-0153, has offered Run the Crest participants a 20% discount on lodging. Gold Crest is located just across the street from our race venue. Mention Run the Crest when you call to make your reservations to receive the discount.

Check In/Package Pick Up: Athlete check in/package pick up is available Friday (4pm-7pm) and also on race morning starting at 6am. Check in will take place at the large tent at Centennial Park. You must show ID to check in. At check in you will receive your race shirt, race bib, knit hat and gloves. The deadline to be guaranteed a race shirt was 9/15. If you signed up after that date and a shirt in your size was available in Run SignUp when you registered, you will get your shirt. If your shirt size was not available and you selected a different shirt size, you can stop back after the race to see if we have extra shirts in your size. There will be no shirt exchanges before the race and after the race shirt exchanges will be allowed while supplies last. If you would like to pick up a packet for another racer, be sure to have a copy of their ID available.



5K Race: The 5K race will start on Friday night at 5:30pm on the bike path at Centennial Park. The 5K course is as follows:

- Start/Finish at Centennial Park on bike path
- Runners head south on bike path and turn right onto Rambler Road
- Turn left on New Jersey Ave
- Go right at Sunset Lake Park onto Bayview Ave
- Turn left on W St. Louis Ave
- Turn left on New Jersey Ave back to Rambler Road (runners will stay left and have the southbound lane available to them)
- Turn right on Rambler Road
- Turn left onto bike path at Sunrise Park
- Finish on the bike path at Centennial Park

5K Aid Station: An aid station will be available at approximately mile 1 of the 5K. The aid station will have water available.



Half Marathon Race: The Half Marathon race will start at 7:30am on the bike path at Centennial Park. The Half Marathon course is as follows:

- Start/Finish at Centennial Park on bike path
- Runners head north on bike path and make a U-turn at Cresse Ave at the Wildwood Crest Arch
- Head back on the bike path keeping right, past Centennial Park and turn right onto Rambler Road
- Turn left on New Jersey Ave
- Go right at Sunset Lake Park onto Bayview Ave
- Turn left on Jefferson Ave
- Turn right on Pacific Ave which becomes Ocean Drive
- Make a U-Turn as marked on Ocean Drive
- Turn right onto USCG Entrance Street
- Make a U-Turn as marked in the Wildlife Refuge
- Turn right onto Pacific Ave
- Turn right onto Jefferson Ave
- Turn left onto Seaview Ave (runners will stay right and have the northbound lane available to them)
- Half Marathon runners will do a second loop by turning left from Seaview Ave onto Rambler Road
- (Second Loop) Turn left on New Jersey Ave
- (Second Loop) Go right at Sunset Lake Park onto Bayview Ave
- (Second Loop) Turn left on Jefferson Ave
- (Second Loop) Turn right on Pacific Ave which becomes Ocean Drive
- (Second Loop) Make a U-Turn as marked on Ocean Drive
- (Second Loop) Turn right onto USCG Entrance Street
- (Second Loop) Make a U-Turn as marked in the Wildlife Refuge
- (Second Loop) Turn right onto Pacific Ave
- (Second Loop) Turn right onto Jefferson Ave
- (Second Loop) Turn left onto Seaview Ave (runners will stay right and have the northbound lane available to them)
- After completing the second loop, turn right on Rambler Road
- Turn left onto bike path at Sunrise Park
- Finish on the bike path at Centennial

Half Marathon Aid Stations: Aid stations will be available on the Half Marathon course at approximately miles 2.2, 3.5, 5, 5.6, 7.6, 9, 10.5, and 11.1. The aid stations will have water, lemon-lime Gatorade, and GU Energy gels available (vanilla bean, chocolate outrage, and tri berry). Porto-Potties will be available at the aid station located at Pacific Ave and the USCG Entrance Street.

Half Marathon Cut Offs: Athletes in the Half Marathon race must maintain a minimum pace of 18 minutes/mile. To accommodate our race, the Middle Thorofare Bridge will be closed during the event. All athletes must be off the bridge and Ocean Drive by 10:50am. In order to allow us to honor our permit for using the bridge, we must establish a cut off time at mile 9. Athletes must be past mile 9 by no later than 10:10am in order to complete the Half Marathon course. Any athletes that get to mile 9 after 10:10am will be directed to continue on Jefferson Avenue and return to the finish instead of turning onto Pacific Avenue.



10K Race: The 10K race will start at 8:30am on the bike path at Centennial Park. The 10K course is as follows:

- Start/Finish at Centennial Park on bike path
- Runners head south on bike path and turn right onto Rambler Road
- Turn left on New Jersey Ave
- Go right at Sunset Lake Park onto Bayview Ave
- Turn left on Jefferson Ave
- Turn right on Pacific Ave which becomes Ocean Drive
- Make a U-Turn as marked on Ocean Drive
- Turn right onto USCG Entrance Street
- Make a U-Turn as marked in the Wildlife Refuge
- Turn right onto Pacific Ave
- Turn right onto Jefferson Ave
- Turn left onto Seaview Ave (runners will stay right and have the northbound lane available to them)
- Turn right on Rambler Road
- Turn left onto bike path at Sunrise Park
- Finish on the bike path at Centennial

10K Aid Stations: Aid stations will be available on the 10K course at approximately miles 1, 2.3, 3.8, and 4.3. The aid stations will have water, lemon-lime Gatorade, and GU Energy gels available (vanilla bean, chocolate outrage, and tri berry). Porto-Potties will be available at the aid station located at Pacific Ave and the USCG Entrance Street.



Crest Kids Fun Run: Check in for the Kids Fun Run will be from 9:30am to 10:25am at the athlete check in tent at Centennial Park. The Kids Fun Run will begin at 10:30am on the bike path at Centennial Park. The kids will start running north on the bike path, then turn left at the sidewalk on the Centennial Park side of Forget Me Not Road and continue making lefts to stay on the sidewalk that surrounds Centennial Park. When they enter the bike path, the runners will finish through the finish arch and receive their finisher medal. This is a spectator friendly race so let's line the park and cheer on our racers!



Post Race: We will be providing refreshments and water for all athletes following completion of the race. We will also have food trucks available as well as local vendors. Poor Mouth Henry, a local band, will be playing your favorite music on the Centennial Park stage from 9:30am-12:30pm so hang out and enjoy the music with us.

Emergencies/Injuries: In the event of an emergency or injury, Wildwood Crest EMS will be onsite at Centennial Park to provide assistance if needed. They will also be available to provide medical assistance on course as needed.

Race Results: Race results provided by JLD Events will be available at [RESULTS](#). A QR code will also be available at the race site so you and your family/friends can use your phone to see your results.

Awards: Race Awards will be given for the following categories:

- 5K, 10K, and Half Marathon Awards
 - Top 3 female and male overall winners – Cash Prizes plus Award
 - Top 3 female and male age group winners in 10-year age groups
 - Top Team – Awards will be given for fastest team in each category for the 5K, 10K, and Half Marathon. Team times will be the sum of the fastest 5 members on your team. To be eligible for the team competition, your team must have at least 5 members registered for the race distance in which you want to compete.
- Overall team with most participants

Charity Partner: We are honored to partner with the Amanda's Wish Foundation as our event charity. This organization was created in honor of Miss Amanda Holland. The Foundation's mission is to help children's programs, camp activities, youth scholarships, and keep Amanda's memory going in today's youth. You can support this great cause by making a donation to Amanda's Wish when you register for the race or you can donate without registering here [DONATE](#). Thank you for helping us support Amanda's Wish.

Volunteers: A race like this does not happen without volunteers. These are special people that get up early in the morning to be there and make sure you have an enjoyable and safe race. Please be sure to thank the volunteers and police officers as you pass them throughout the day. They are out there for you and they are the reason we are able to have a race. If you have family or friends interested in volunteering, they can sign up here [VOLUNTEER](#).

FAQs:

Q: I registered within the last two weeks before the race and my shirt size was not available. I picked another shirt size. Am I able to exchange my shirt for a different size?

A: Stop back after the race. If we have extra shirts, we will allow exchanges for size while they last.

Q: I signed up for the bundle (5K and 10K or 5K and Half Marathon). Will I get two bibs, one for each race.?

A: Athletes that signed up for the bundle will receive one bib that they will wear for both races so after you finish the 5K on Friday night, keep your bib for your Saturday race.

Q: Are the courses stroller and/or pet friendly.

A: All three courses are stroller friendly. We will allow well-tempered, friendly dogs to participate. Dogs must be on a leash and fully controlled by their owner. We ask that runners with strollers or dogs line up at the back of the start line to allow yourself more space when getting out on the course. The race is chip timed so your time will start when you cross the start line.

Q: Will race day registration be available?

A: Yes, race day registration will be available. We will have a QR code by athlete check in that can be scanned to register. All registrations must be done online. We will not be accepting cash for registration.

Q: Will there be a bag drop area?

A: We will not have a bag drop area at the site. We suggest that any belongings you will not bring with you on the course be left in your car or with family or friends that are there to cheer you on.

Q: Can I pick up a packet for another family member/friend?

A: You can pick up another packet, but please be sure you have a copy of the person's ID. Also, be sure to write the athlete's name on the back of the bib so they don't get mixed up.

Sponsors: We want to thank our amazing sponsors who showed faith in us and this race. Please patronize their businesses and tell them you saw their information at Run the Crest. Several of the business owners and employees will be racing alongside you. They helped make this event possible...THANK YOU!

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