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**1&R Group**  
Inclusion | Quality | Respect

# Believe & Achieve 5K

Saturday, May 2, 2026

7:00 1-Mile Start, 7:30 AM – 5K Start

Riverside Park

3280 Riverside Park Drive, Vero Beach



## Time Table:

**Friday, May 1<sup>st</sup>:** Early Packet Pickup & Registration: **TBD, 12pm-4pm**

**Saturday, May 2<sup>nd</sup>:** **Riverside Park (3280 Riverside Park Dr, Vero Beach, FL 32963)**

6:15 AM: Registration & Packet Pickup Opens

6:45 AM: Registration Closes for 1-Mile

**7:00 AM: 1-Mile Race Starts (not chip timed)**

7:15 AM: Registration Closes for 5K

**7:30 AM: 5K Race Start! (chip timed)**

8:30 AM: Free Kids Fun Run (short dash to the finish line)

*Awards Ceremony immediately following the race*

## Awards:

Top 3 Overall Male & Female

Top Masters Male & Female (40+)

Top Male & Female in each age group:

9 & under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Award for the Largest Team

**Mission:** At Believe & Achieve, our mission is to open doors to resources for learners with Autism Spectrum Disorder and other varying developmental disabilities. We assist families in accessing the therapeutic and educational support needed for their child to progress and thrive. Our organization aims to alleviate barriers that may hinder a family from having access to necessary support and ultimately create a more inclusive community.

## Race Amenities:

- Race T-shirts (Shirts guaranteed size if registered by 4/12, then as available)
- Post-Race Food & Beverages
- Offering both in-person and virtual registration

## Fees:

	Through 5/1	5/2
<b>5K Run/Walk</b>	<b>\$35</b>	<b>\$40</b>
<b>Virtual 5K</b>	<b>\$35</b>	<b>N/A</b>
<b>1-Mile (not timed)</b>	<b>\$20</b>	<b>\$25</b>

**\*\$5 off for no shirt, \*\$5 Shipping charge for virtual**

**SORRY, NO REFUNDS.**

## Believe and Achieve 5K - Official Entry

Mail entry form with fee to: Running Zone - 3696 N. Wickham Rd, Melbourne, FL 32935

Make check payable to: Believe & Achieve

**First:** \_\_\_\_\_ **Last:** \_\_\_\_\_

**Sex:** Male Female **Date of Birth:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Age on Race Day:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Circle T-Shirt Size:** Youth Small Youth Medium Small Medium Large XLarge XXLarge

Are you registering for the virtual event? (circle one) Yes No

## INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Event Director, RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization. As it applies to my participation in this race, I agree to abide by the Center for Disease Control (CDC)'s recommendations for the prevention of the spread of COVID-19 and attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I also agree to abide by any COVID-19 distancing and other safety guidelines issued by the state, the community or by this race for my participation in this race. Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes. This event follows the standard running industry policy: All entry fees are non-refundable. We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that my entry fee is nonrefundable and bib numbers are non transferable. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.

Signature

Parent Signature (If under 18)

Date