

Kent Island
Fast & Furriest Run for Rescues 5K, 10K, and 15K
Runner's Guide

April 19th, 2026

Welcome to the 2026 *Fast & Furriest Run for Rescues* and thank you for your contribution towards helping animal shelters! This guide explains the procedures and logistics for all three race distances. **IMPORTANT: Please review this guide and pay particular attention to the red bold text.** It will help you and others stay safe, have fun, and enjoy being back in the game of racing with friends and family.

Inclement Weather: The race will proceed rain or shine. However, should there be an electrical storm, the start of the race may be delayed, rescheduled, or cancelled. Weather this time of year can be unpredictable, but the safety of runners is our foremost concern.

Registration: <https://runsignup.com/Race/MD/Stevensville/FastFurriestRunforRescues>

Race-day registration is available, but we highly encourage you to register prior to race day as **prices will increase** April 1st.

Location and Parking: The start and finish of the race will be held in [Terrapin Nature Park](#) located at 191 Log Canoe Circle, Stevensville, Maryland 21666. Parking is available along the curb of Log Canoe Circle and in the parking lot for Hydrasearch Company, adjacent to the park, at 203 Log Canoe Circle. There is a small parking lot at the entrance to the park but **please do NOT park there** because we do not want to inconvenience other visitors to the park or interfere with race support vehicles.

Saturday, April 18, 2026

2:30pm – 4:30pm Pre-race packet pickup at the **Queen Anne's County Library, Kent Island Branch**, 200 Library Cir, Stevensville, MD 21666.

Sunday, April 19, 2026

7:30 – 8:30am Arrive at Terrapin Nature Park, pick up packets if you were not able to on Saturday, and warm up on the trail or in the parking lot. [Online race day registration is allowed](#). If you do not have a smart phone or similar device, you may register in person using cash or check but please bring exact change.

8:40am Proceed to the starting area and self-sort according to pace.

8:55am National Anthem and any last-minute course instructions.

9:00am **START 5k, 10K, and 15K races** (see Start/Finish/Timing section below).
~ 10:00am Awards, 5K
~ 10:30am Awards, 10K
~ 11:00pm Awards, 15K
11:30pm Course closed

Pre-Race Packet Pickup: We will host a pre-race packet pickup at the Queen Anne’s County Library, Kent Island Branch, 200 Library Cir, Stevensville, MD 21666 from 2:30-4:30pm on Saturday, April 18th. There you will be able to pick up your bib and tech shirt. You may also pick up the packets for friends and family. If you are unable to pick up your packet on Saturday, you can do so on race morning at the registration table.

Start/Finish/Timing: The start and finish for all distances is on the Cross Island Trail about 100-yards north of the parking area for Terrapin Nature Park. **The races for all distances will start at 9:00am.** Runners will line up behind the start, self-organized by pace starting with the 6 minutes-per-mile and under group and proceeding to the 14 minutes-per-mile pace and walkers. This race will be scored by CHIP TIME. Chips are attached to each race bib. Your scored time will not begin until you cross the starting line which will be your CHIP Time. Your CHIP Time will determine age group placement and awards. QR codes will be posted at the finish for checking your time and place.

Restrooms: There are public restrooms and two port-a-potties in the parking area for Terrapin Nature Park. There is also a public restroom along the 10K and 15K courses at mile 2.5 by the water tower. This restroom can also be accessed at mile 6.5 for the 15K (courses are out and back).

The Courses: The 5K, 10K, and 15K courses (see maps below) are all out and back along the beautiful Cross Island Trail on Kent Island. Because this is a trail run with two-way traffic and the 15K is part of the RRCA Grand Prix Series, **no dogs or strollers are allowed on the course.** Run on the right side of the trail and pass on the left, faster runners may be coming towards you as they return to the finish. **Stay alert and pass on the left with caution.** The course is marked with mile markers and arrow signs. Sheriff deputies will control traffic at the three major trail/road intersections. We encourage you to **take your own water for convenience,** however, there will be water at the start and finish and three water stops on the course. The first water stop is located near the 5K turnaround (mile 1.5) and will also service runners of the 10K (at miles 1.5 and 4.7) and 15K (at miles 1.5 and 7.8). The second water stop will be just before the 10K turnaround and will service runners of the 10K and 15K (at miles 3 and 6.2). The third water stop is located at the 15K turnaround (~ mile 4.7). Trash cans will be available by each water stop. To limit the number of road crossings, the **15K course includes a short 0.2 mile up and back spur** along Whites Heritage Lane just after the 10K turnaround. Runners of the 15K will turn left shortly after the 10K turnaround, run down this Lane, turn around, and

rejoin the Cross Island Trail. **This spur is only for the outbound portion of the 15K course** and should be ignored when coming inbound to the finish. There will be signs and volunteers to reinforce these directions.

Finisher Medals: A custom finisher's ribbon and medal will be provided to all finishers and virtual runners. Virtual racers can pick up their packets at the pre-race packet pickup on April 18th, at start/finish of the race on April 19th, or the packets will be mailed to them along with their tech shirt.

Awards: **First-place age group winners** will receive custom age-group awards. Age groups include: <=12, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+, and Overall. Overall male and female winners for each distance will each receive a custom mug created by KIRG's own professional potter, Skip Sensbach. Overall winners will not be eligible to also receive age group awards. Awards for the 5K will be announced by ~10:00am, awards for the 10K will be announced by ~10:30am, and awards for the 15K will be announced by ~11:00am. Times are approximate and depend on when all first-place age group finishers complete each race distance.

Swag: The first 300 registrants will receive a tech t-shirt and all finishers will receive a medal.

Shoe Drop: Have old running shoes? Please bring them to the race and drop them off for recycling by the registration table.

Sponsors: A huge thank you to our wonderful sponsors including Team 29B, Roadhouse 313, Veterinary Medical Center, Bev's Grooming, The Pet Shop, Dogwood Acres, Queenstown Veterinary Hospital, TTU Promotions, Cult Classic Brewery, and Queen Anne's County Parks and Recreation.

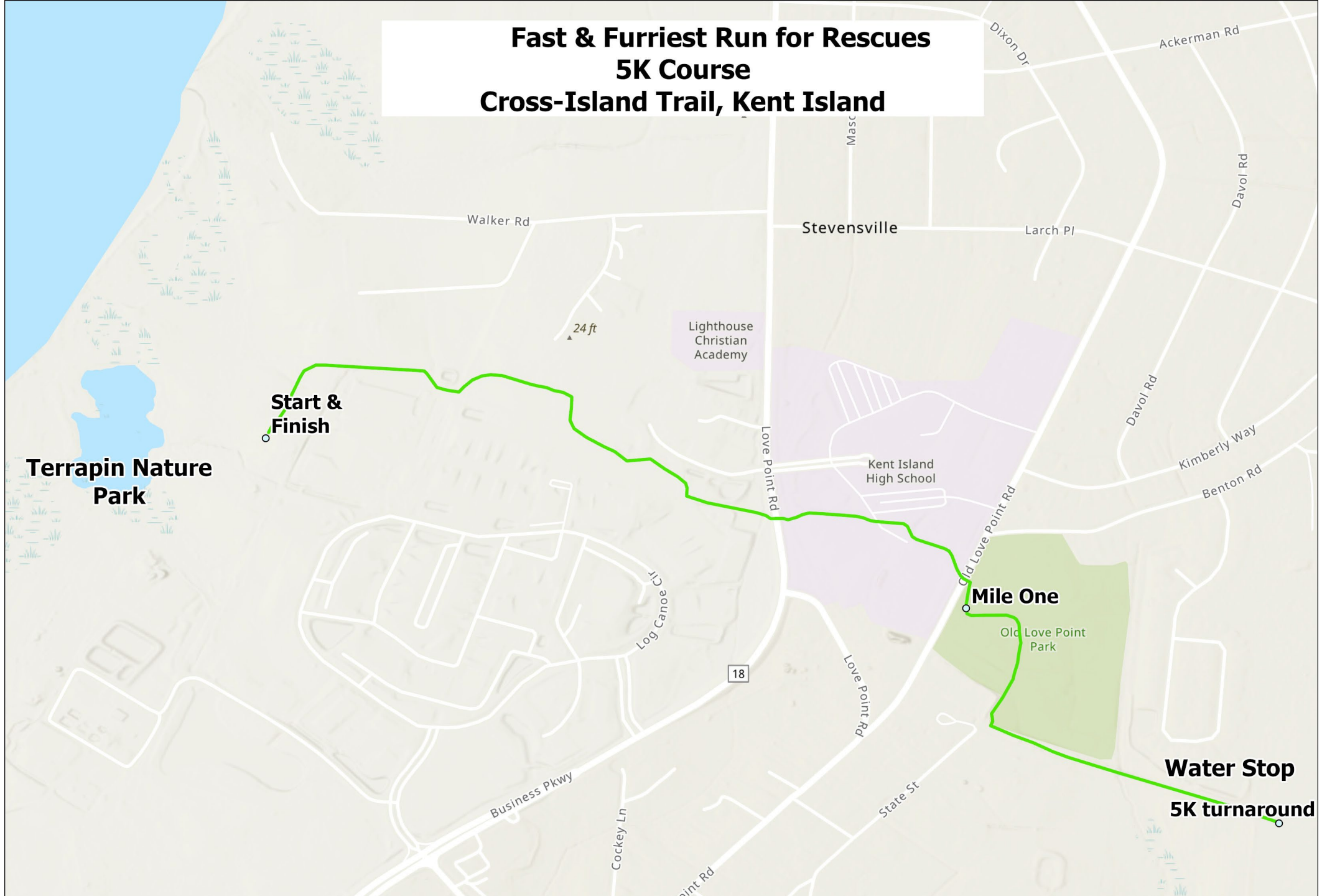
Have a Great Race!

Sincerely,



Director, 2026 Fast & Furriest Run for Rescues

Fast & Furriest Run for Rescues 5K Course Cross-Island Trail, Kent Island



Start & Finish

Terrapin Nature Park

Mile One

**Water Stop
5K turnaround**

Lighthouse Christian Academy

Kent Island High School

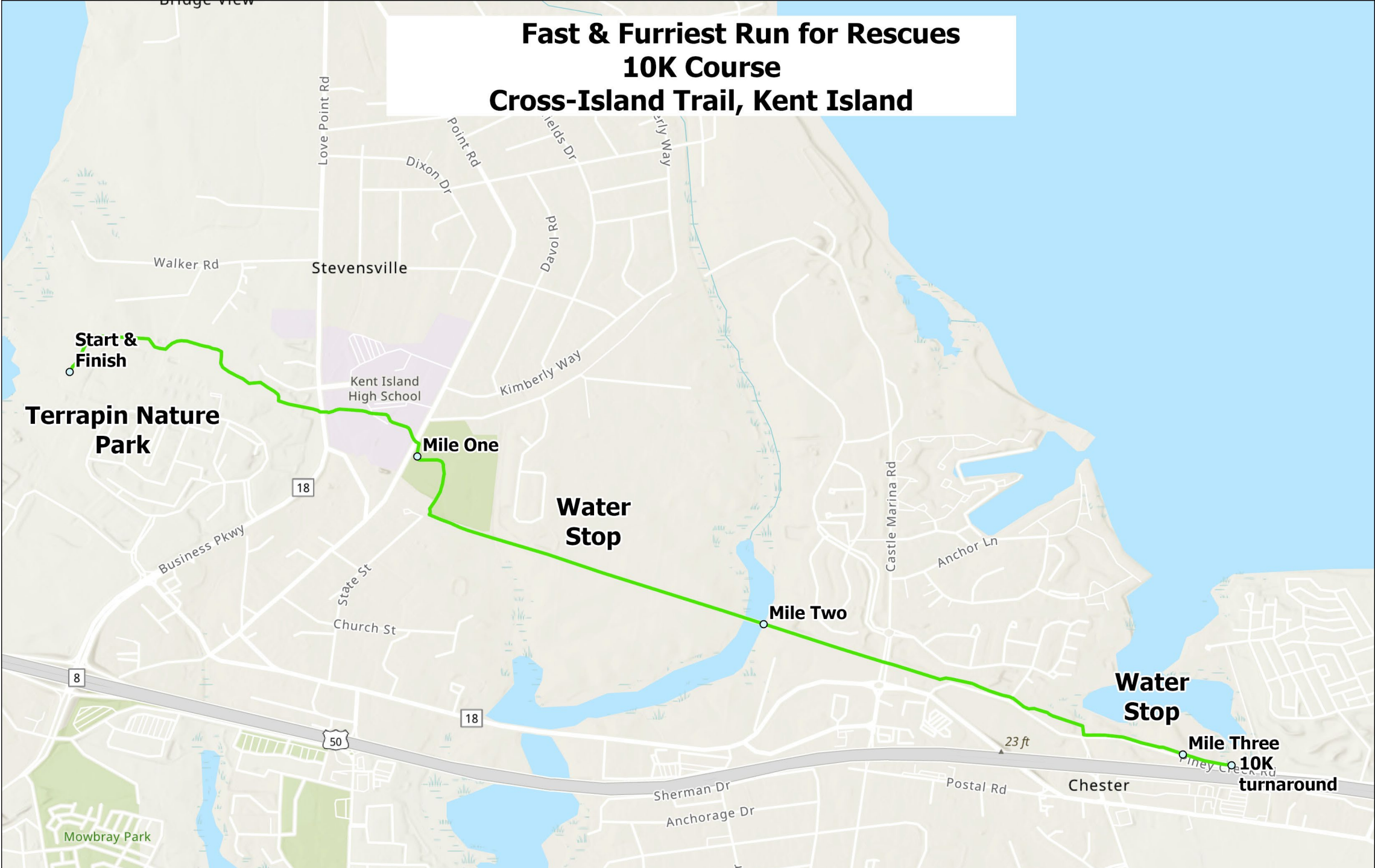
Old Love Point Park

Stevensville

18

24 ft

Fast & Furriest Run for Rescues 10K Course Cross-Island Trail, Kent Island



Start & Finish

Terrapin Nature Park

Stevensville

Kent Island High School

Mile One

Water Stop

Mile Two

Water Stop

Mile Three

10K turnaround

23 ft

8

18

18

50

Fast & Furriest Run for Rescues 15K Course Cross-Island Trail, Kent Island

