

Race Information

Saturday, May 19, 2018

Registration: 7:00 - 8:15 a.m.

Race Times: 8:30 a.m., 5K Run and 5K Walk

Course Description

All events begin and end at Lory's Place. The course will take runners and walkers through the Edgewater Development. Come and race beside sailboats in the marina, along the river, past Lake Michigan and its sandy beaches, down the historical brick streets of Ridgeway, and into parts of St. Joseph's newest developments.

Cost and Registration Dates

Sprinter (\$20)	by March 31
Middle of the Pack (\$25)	April 1 to 30
Last Dash (\$30)	May 1 to 17
Back of the Pack (\$35)	May 18 and 19

Parking

Use the Whirlpool Tech Center parking lot located south of Momany Drive on Upton Drive

Register Early

Register now and receive the following benefits:

- Advance pick up of race day packet which includes your bib number and chip
- Avoid long wait times and lines on race day
- Automatic entry in rocker raffle
- Guaranteed short-sleeve event t-shirt (if registered by April 30)
- The sooner you register the lower the cost

Three easy ways to register!

1. Mail registration form with payment to Lory's Place, 445 Upton Drive, St. Joseph, MI 49085
2. Visit our website at www.lorysplace.org before midnight on May 17
3. Drop off registration form with payment at Lory's Place

New this year! Discounted registration pricing is available for corporate groups of 15 or more. We also have many corporate sponsorship opportunities available. Contact Lory's Place at (269) 983-2707 or tpickett@lorysplace.org for details.

Packet Pick Up Information

Participants who pre-registered can pick up their race packets on Friday, May 18, from 12:00 to 6:00 p.m. at Lory's Place, 445 Upton Drive, St. Joseph.

Rocking Chair Raffle

Paid race registration received by May 17 includes one entry into the Rocking Chair Raffle.

Restful Rocking Chair Rock and Sponsorship Information

The \$150 rocking chair sponsorship fee may reflect gifts of an individual or a group. Rocker sponsors are invited to design their own dedication signs to hang on the rockers during the race. Rocker sponsorships are due on or before May 11.

For more information call (269) 983-2707 or (800) 717-3812 or visit www.lorysplace.org

Event Pre-Registration Form (please print, and complete all blanks, one participant per form)

This is a charitable event. Entry fees are non-refundable. Please make checks payable to Lory's Place.

Circle an Event: 5K Run 5K Walk

Gender: Female _____ Male _____

Age: _____

First/Last Name: _____

Address: _____

City: _____ State : _____ Zip: _____ Phone: _____

Email: _____

Short-Sleeve T-Shirt Size (circle one)

YL Small Medium Large X-Large 2X-Large (additional \$2 fee) no shirt

School Attending: _____ ☐ Elementary ☐ Middle ☐ High ☐ College

NEW Families or groups of four or more, receive \$5 off each registration until May 17th.

Team name: _____

5K Run/Walk Race Fees:	\$Total
Sprinter - If registered by March 31	\$20 \$ _____
Middle of the Pack - If registered from April 1 to 30.....	\$25 \$ _____
Last Dash - If registered from May 1 to 17 (not guaranteed a shirt).....	\$30 \$ _____
Back of the Pack - If registered on May 18 or 19 (not guaranteed a shirt).....	\$35 \$ _____
\$2 fee for each XXL T-shirt	\$2 \$ _____

Total Registration Cost \$ _____

In consideration for acceptance of this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the event director, RunSignup.com, its agents assisting with the event, sponsors, sponsor's representatives and employees, Lory's Place employees, management, Hospice at Home, Inc. dba Caring Circle, the City of St. Joseph, Lakeland Health and all its affiliates, The Whirlpool Corporation and their representatives, successors, and assigns for any and all injuries or illness which may result directly or indirectly from my participation in the Run, Walk, Rock event and related activities. This release includes any and all injuries or damages suffered by me before, during or after the event. I further state that I am in proper physical condition to participate in this event. I authorize Lory's Place, Hospice at Home, Inc. and/or Lakeland Health to use any photographs, personal narratives, interviews, audio and/or video recording of my participation in any Lory's Place, Hospice at Home, Inc. dba Caring Circle and/or Lakeland Health event for any and all purposes. I certify as a material condition to me being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian acknowledges for all children under 18 years) having read and agree to the above waiver.

Signature: _____ Date: _____

For more information on additional sponsorship opportunities or donations call Lory's Place at (269) 983-2707 or (800) 717-3812 or visit www.lorysplace.org