

MOLTEN MOHAWK NINER

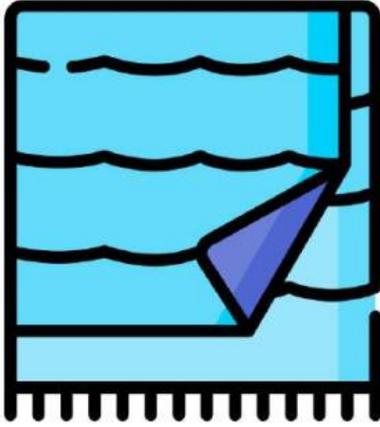
The moment you've been waiting for has finally arrived - the Molten Mohawk event is here! We're thrilled to share all the exciting details with you. If you haven't already, be sure to follow us on Facebook or Instagram, where we'll be posting race day information throughout the week. You can also find important updates on our website.

As we gear up for race week, please be aware that our team will be fully occupied with preparations, and we may not be readily available to respond to emails or messages. However, you can always refer back to this email or check our social media channels for any information you may need.

Thank you for your understanding, and we can't wait to see you at the Molten Mohawk event!

Best regards,
Rhonda Hayden
Owner of Kinda Gritty

RACE DAY ESSENTIALS



GOOD
VIBES



MM9R

The Molten Mohawk Niner (and 4 miler) has a packing list for YOU or we did before the forecast changed to warmer than expected weather.

We will have a cold plunge at the Finisher's party so if you think you want to take a plunge bring a towel and even a change of clothes.

As pack a chair or blanket to hang out at the party.

We plan on having fun at the finish line and want you to be as comfortable as possible after your run.

PACKET PICK UP



FRIDAY 4:30 - 7:30pm
SATURDAY 6:00 - 7:15am

The Molten Mohawk Niner and 4 Miler packet pick up schedule is as follows:

Friday, 2-20, 4:30 - 7:30 pm

Saturday, 2-22, 6:00 - 7:15 am

📍 Thomley's Christmas Tree Farm, 50 Hegwood Road

Packet pick up will close down promptly at 7:15 am. If you are later than 7:15 on Saturday morning, you will not be included in the race results as MS Timing Company will need the 15 minutes between packet pick up and race start to download all bib information into their system. We are expecting Saturday morning to be busy so please do not wait till the last minute to get there. You will have a three to four minute walk from your car (parking will be discussed in the coming days) so plan accordingly.

**Our athletes may have someone else pick up their bibs and packet.

Final reminder... if you ordered an extra shirt, please let the volunteers know at packet pick up and they will gladly hand it to you.



🔥 Friday Packet Pickup:

Athletes, please park at Calvary Church across the street.

🚫 Do NOT park at the farm —we need the space for race setup. Parking will be self-serve. If (unlikely) the church lot fills up, keep driving past the farm and park in the grass.

🔥 Race Day Parking (Saturday):

There are TWO designated parking areas:

- ✅ First: Calvary Church lot (volunteers will guide you).
- ✅ Second: Once the church lot is FULL, volunteer will direct cars to the grass field next to the farm

Thomley's Christmas Tree Farm
50 Hegwood Rd , Hattiesburg

Calvary Baptist Church
3139 Oak Grove Rd, Hattiesburg

🚫 No parking at the farm on race day as the start/finish line is at the entrance!

Both parking areas are close, so no long walks. Be kind to our awesome volunteers and follow their instructions—they're fellow runners helping make race day smooth!

***The most important detail is that no one will be able to park at the farm for packet pick up and /or race day.

RACE SCHEDULE

PACKET PICK UP

FRIDAY 4:30-7:30

SATURDAY 6:00-7:15

RACE START 7:30

RACE FINISH 10:00

AWARDS 10:30

FESTIVITIES END 11:00

MM9R

Come ready for a LIT race experience!

If we can ask one thing from YOU... thank the volunteers and sponsors every chance you get... they are the backbone of the Molten Mohawk Niner.

Lastly, take a minute to introduce yourself to the race director, Rhonda Hayden. "I love putting a face with the names I see for months on the participant spreadsheet and just enjoy meeting everyone, thanking them for their support, and running into them at other races as an athlete myself."

See YOU on 2-21-26!!!



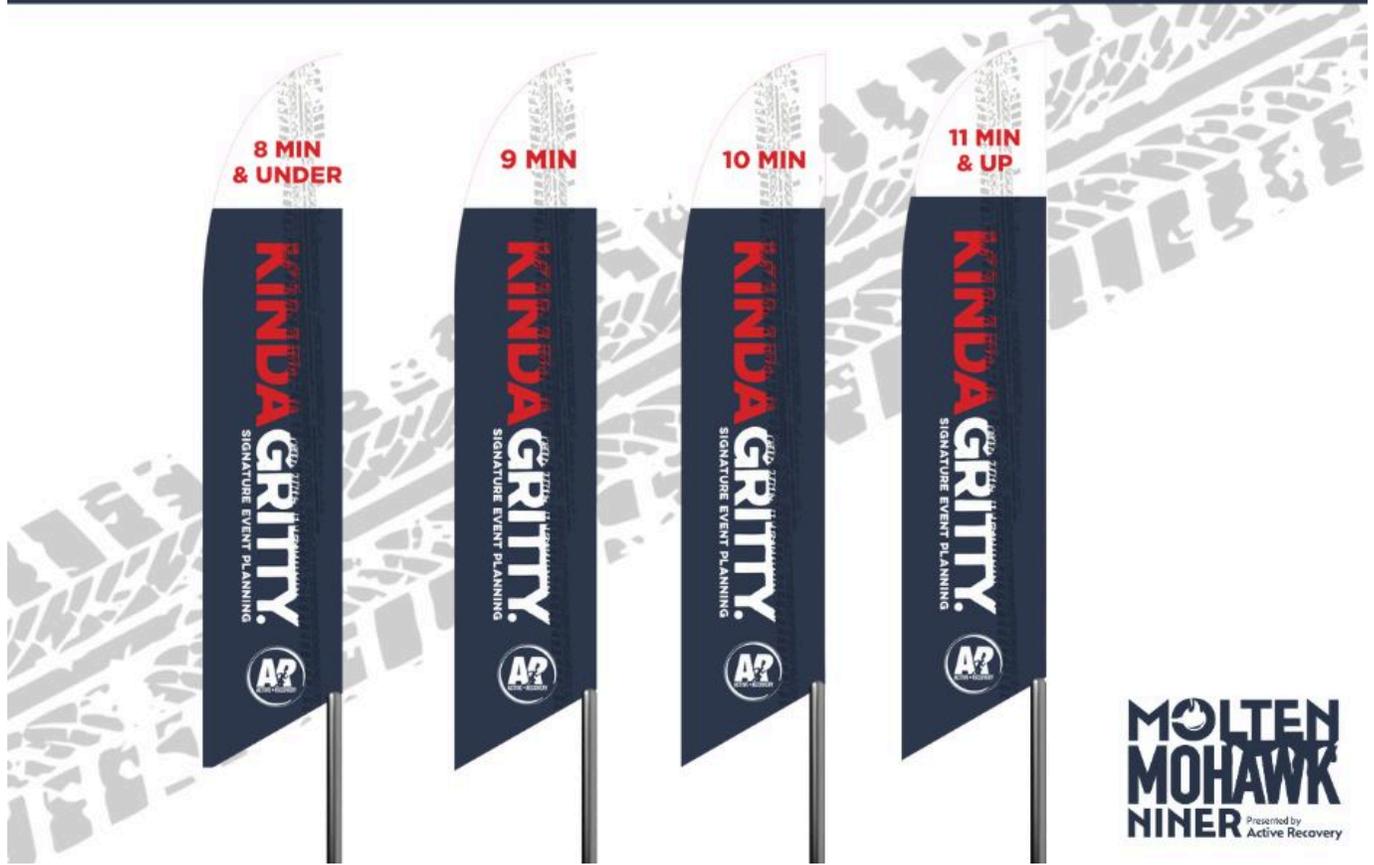
Let's talk about running lanes. The Lamar County Sheriff's Department and Board of Supervisor has non negotiable for our runners and race course and we support them 100 %. The race will leave Thomley's Christmas Tree farm and take a hard right onto Hegwood. There will be one lane coned off (the right lane) for runners.

YOU MUST STAY INSIDE THE CONES.

There will be traffic moving in the other lane and it is a hilly road. This rule is in place for your safety. If you run outside of the cones/cross the yellow line at any time you will be pulled off the course. There will be deputies on motorbikes that will escort you off the course. So it is very simple... stay in your running lane and race day will be smooth sailing for everyone involved.

As far as the rest of the course goes... hug the inside of the road and always stay on the right hand side of the road. Please do not run two and three abreast and always allow faster runners to pass you in a timely fashion.

START LINE UP



**MOLTEN
MOHAWK
NINER**
Presented by
Active Recovery

Let's talk start line up! Both 4 and 9 Milers will line up together. However, you will seat yourself according to your pace. There will be 4 flags with pace times on them. Find the pace that you will most likely keep on the race course and line up there.

The 8 minute and under group will start at 7:30 while everyone else will hold back. Then the 9 minute group will roll out at 7:31, 10 minute group at 7:32, and the 11 minute and up at 7:33.

FURRY FRIENDS CHEER FROM HOME



he Molten Mohawk Niner is for humans only. Furry friends cheer from home. Although we are dog lovers ourselves, we do not allow dogs on race day. There are multiple safety reason along with the fact that our host farm has animals of its own. But please grab a special treat for your dog on the way out on race day compliments of B & B Pet Stop Mobile, Alabama.

FINAL DETAILS:

All of our participants received a detailed email on Tuesday morning. We do not think there are any details left to uncover but want to highlight a few race course details.

There will be water stops on the race course with H2O and Powerade. The 4 miler will hit 2 water stops and the 9 miler will hit 4.

This is a self supporting fuel race which means we will not have nutrition on the race course. You will need to pack and carry whatever you plan to eat during your run.

The temperature is going to be unusually warm on race day so please plan accordingly, hats, sunscreen, come hydrated, etc.

There will be a cold plunge and sauna at the Finisher's Party so pack a towel and even a change of clothes if you so desire.

The food and beverages at the Finisher's Party are for athletes only. Your family is welcome to attend but not snag the food and drinks- if they do, there will not be enough for those who ran or walked. On a side note- encourage them to pack a snack and drink of their own.

This is how we do race day at the MM9R! See you Saturday.