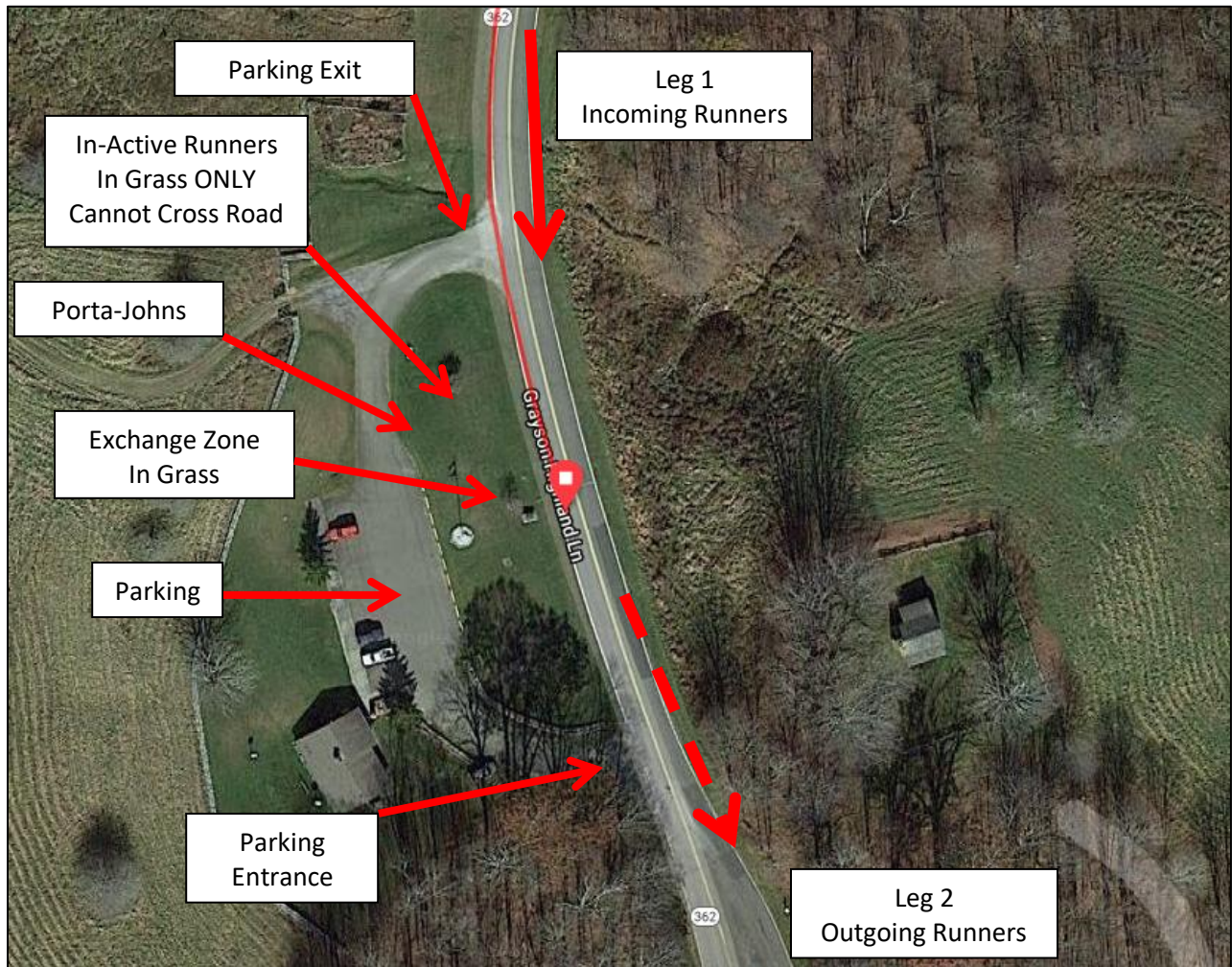


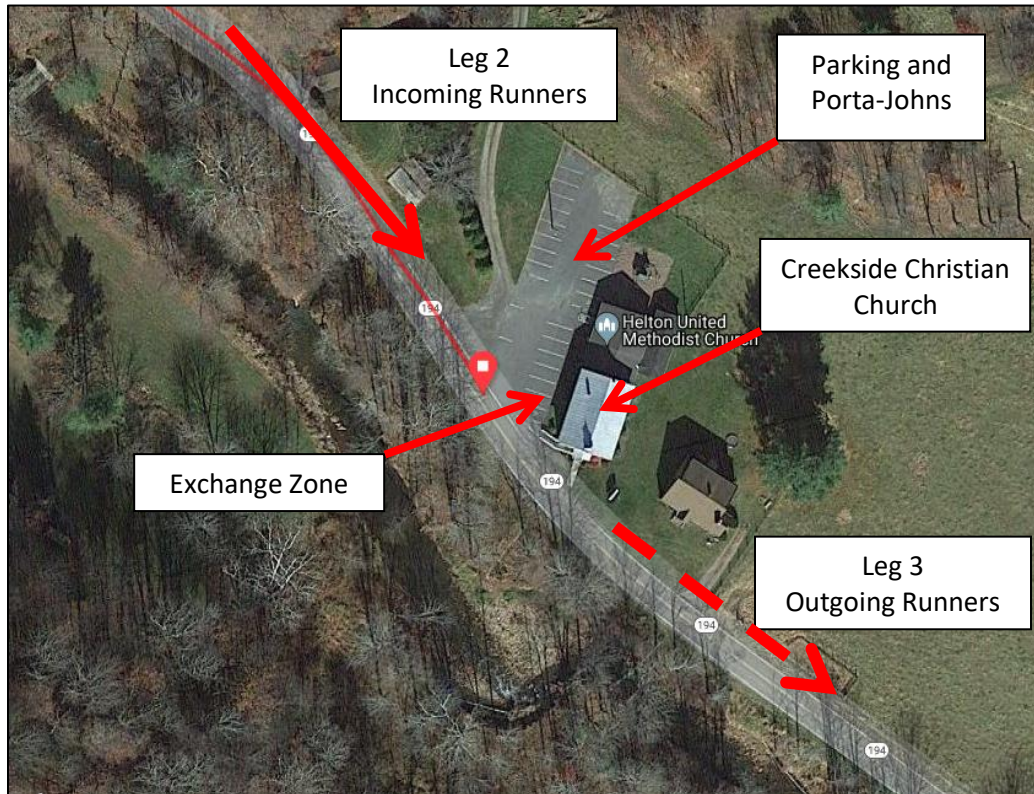
Start: Grayson Highlands State Park Visitors' Center



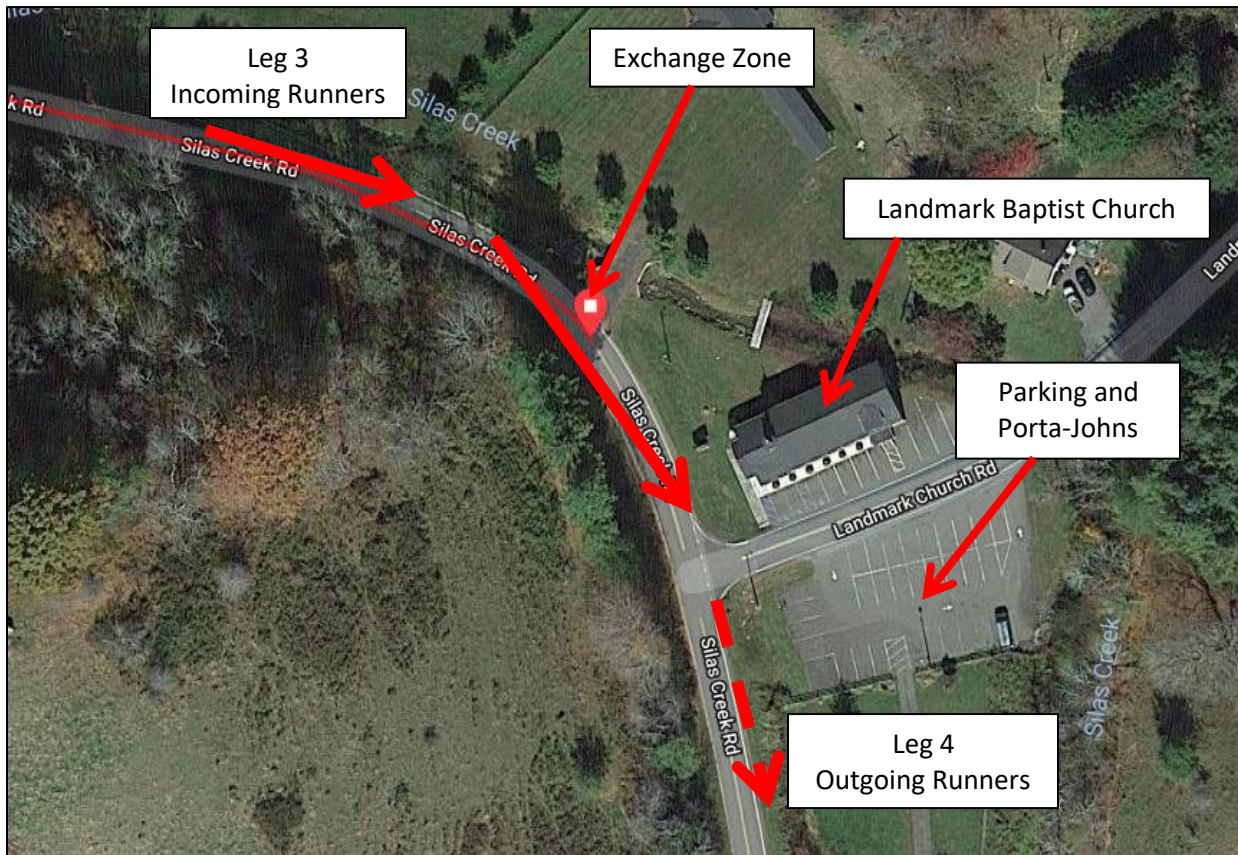
EZ 1: Grayson Highlands State Park Ranger Station



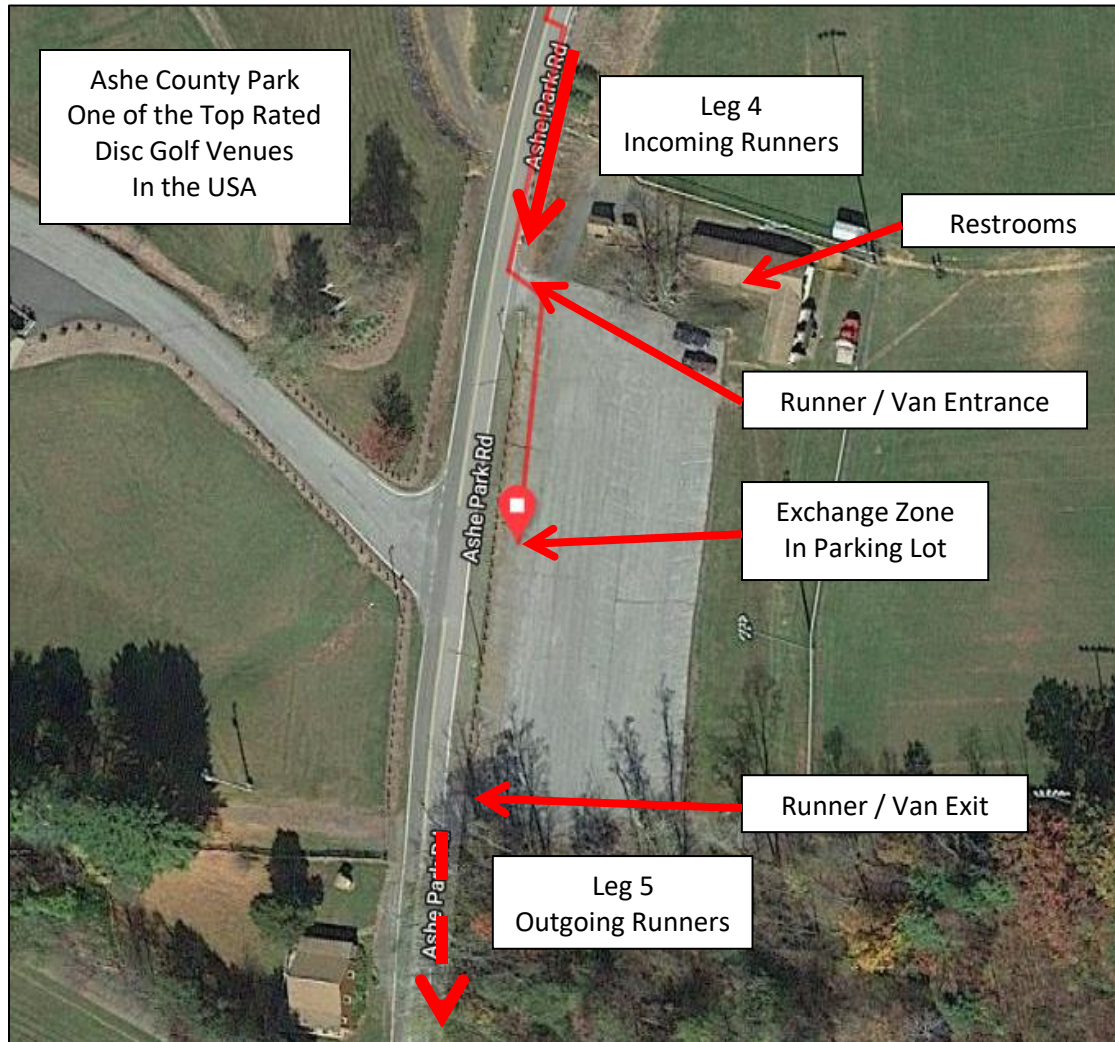
EZ 2: Creekside Christian Church: 15309 NC-194, Lansing



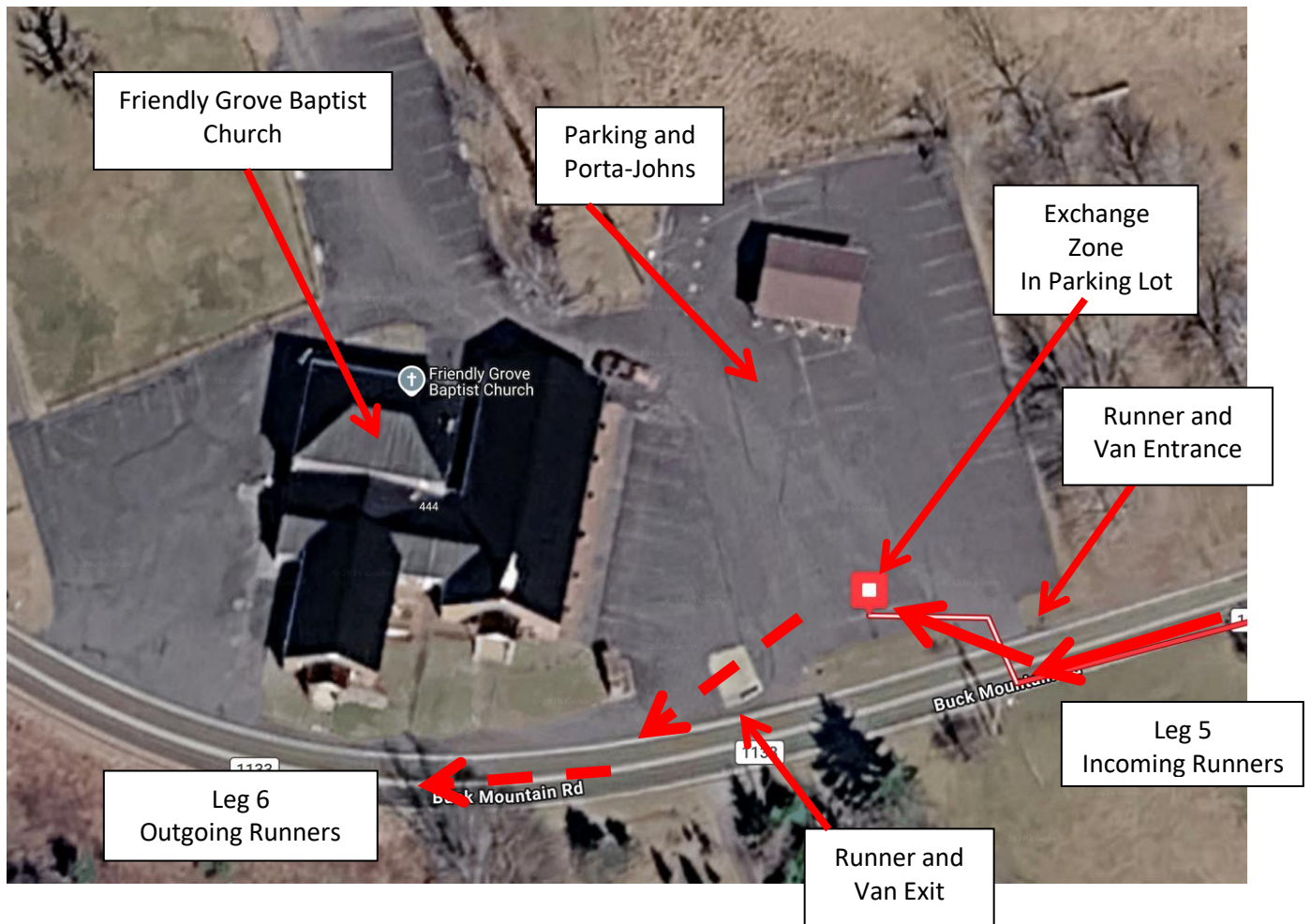
EZ 3: Landmark Baptist Church: 115 Landmark Church Rd; Lansing



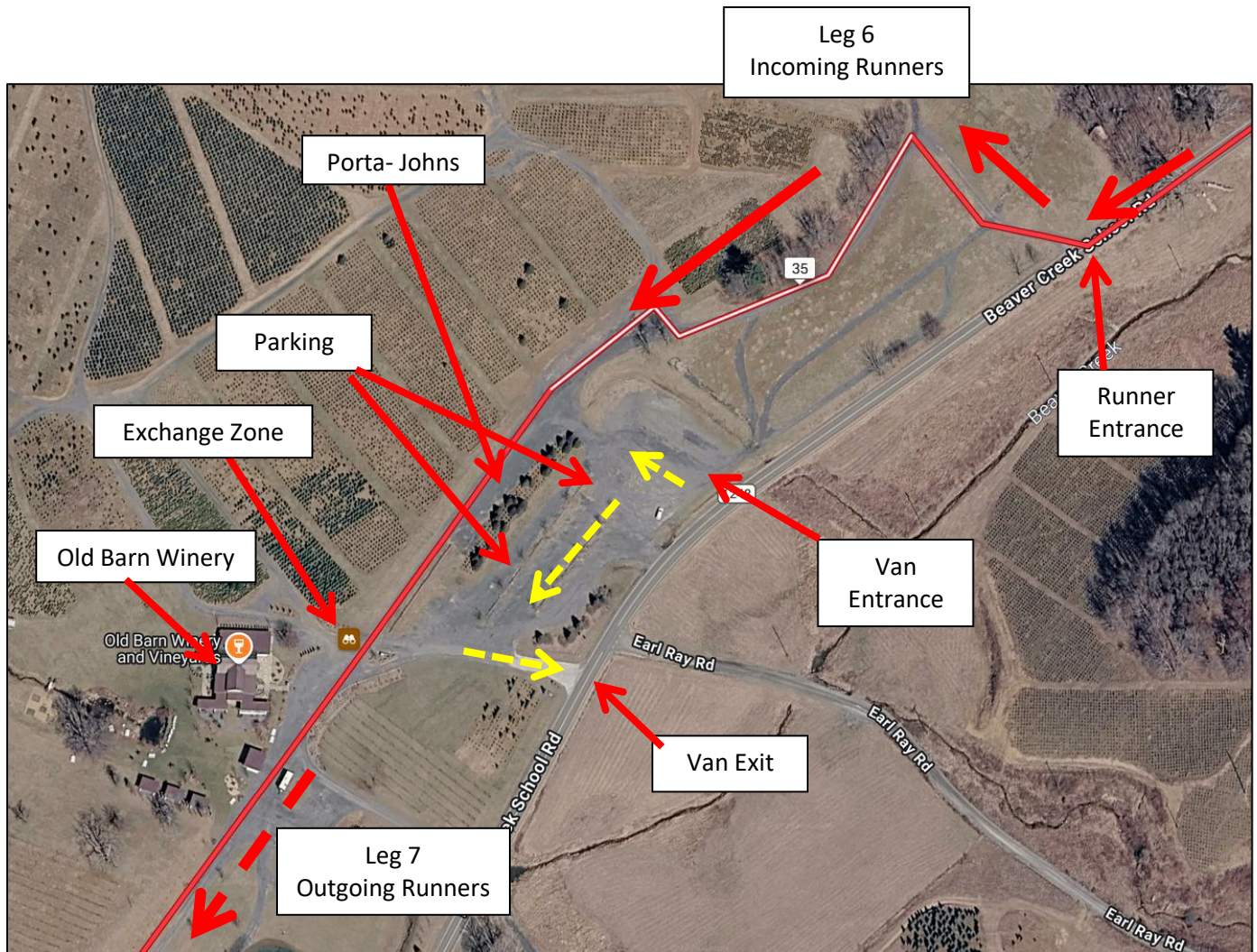
EZ 4: Ashe County Park: Ashe Park Rd, Jefferson



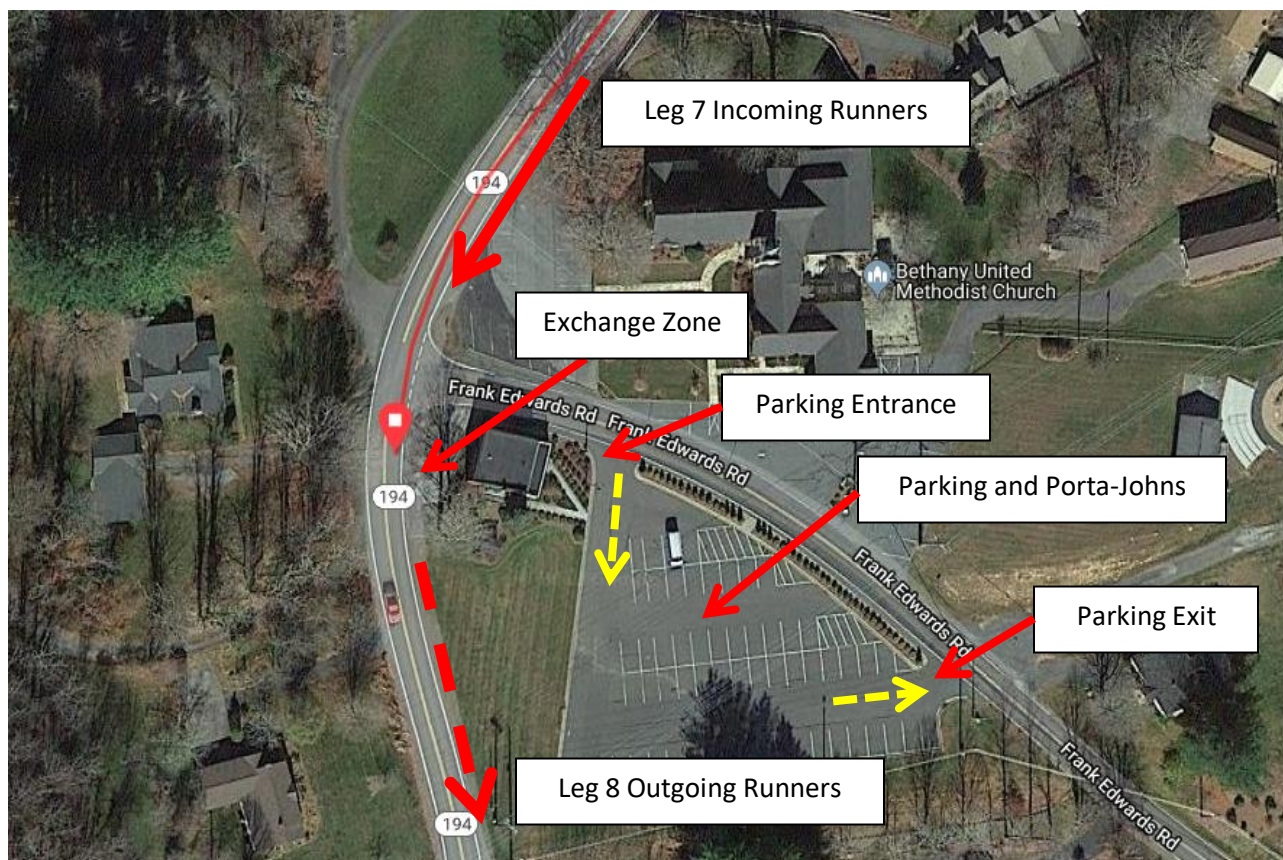
EZ 5: Friendly Grove Baptist Church: 444 Buck Mountain Rd, West Jefferson



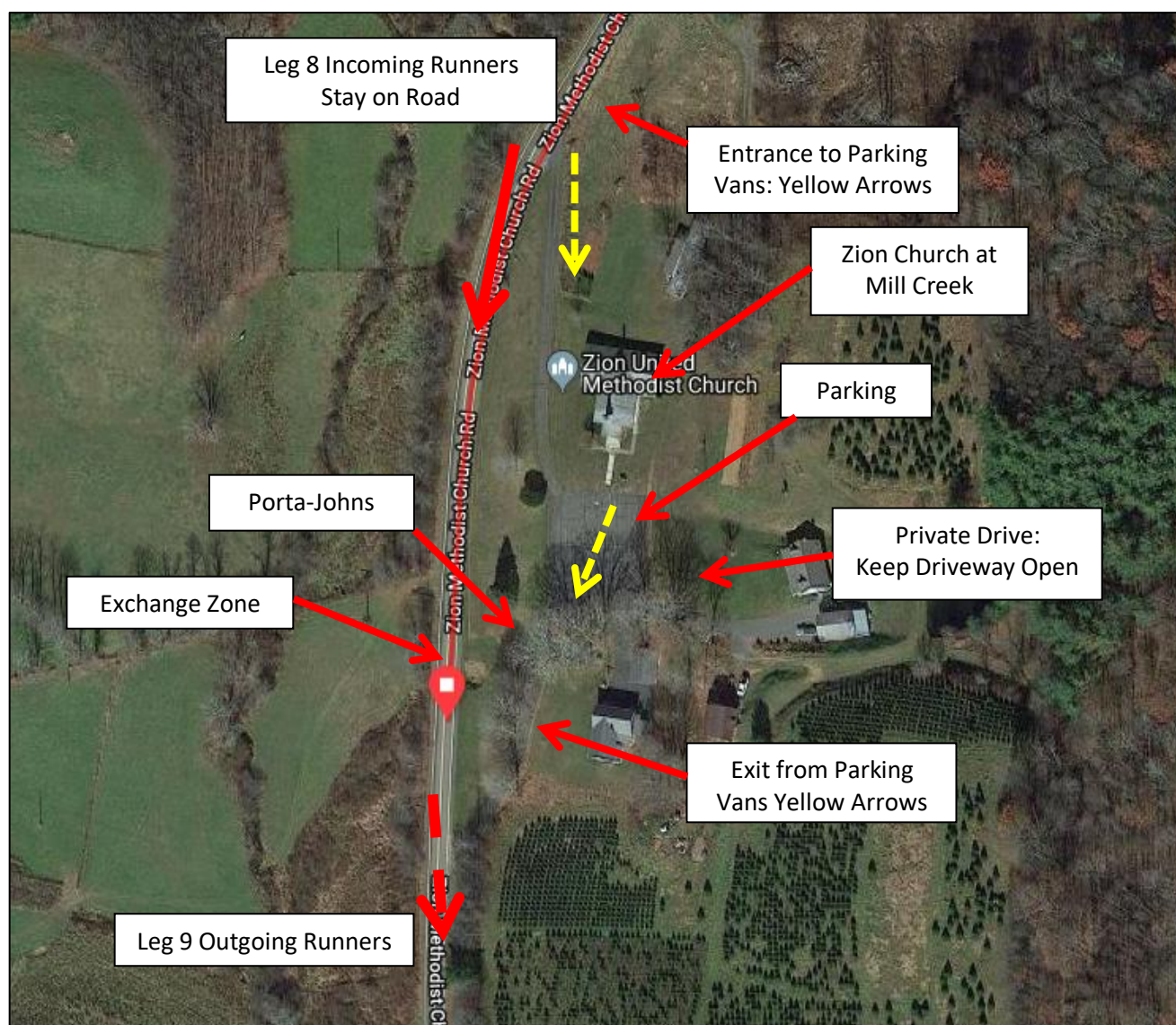
EZ 6: Frosty's / Old Barn Winery: 2152 Beaver Creek School Rd, West Jefferson



EZ 7: Bethany United Methodist Church: 495 NC-194, West Jefferson



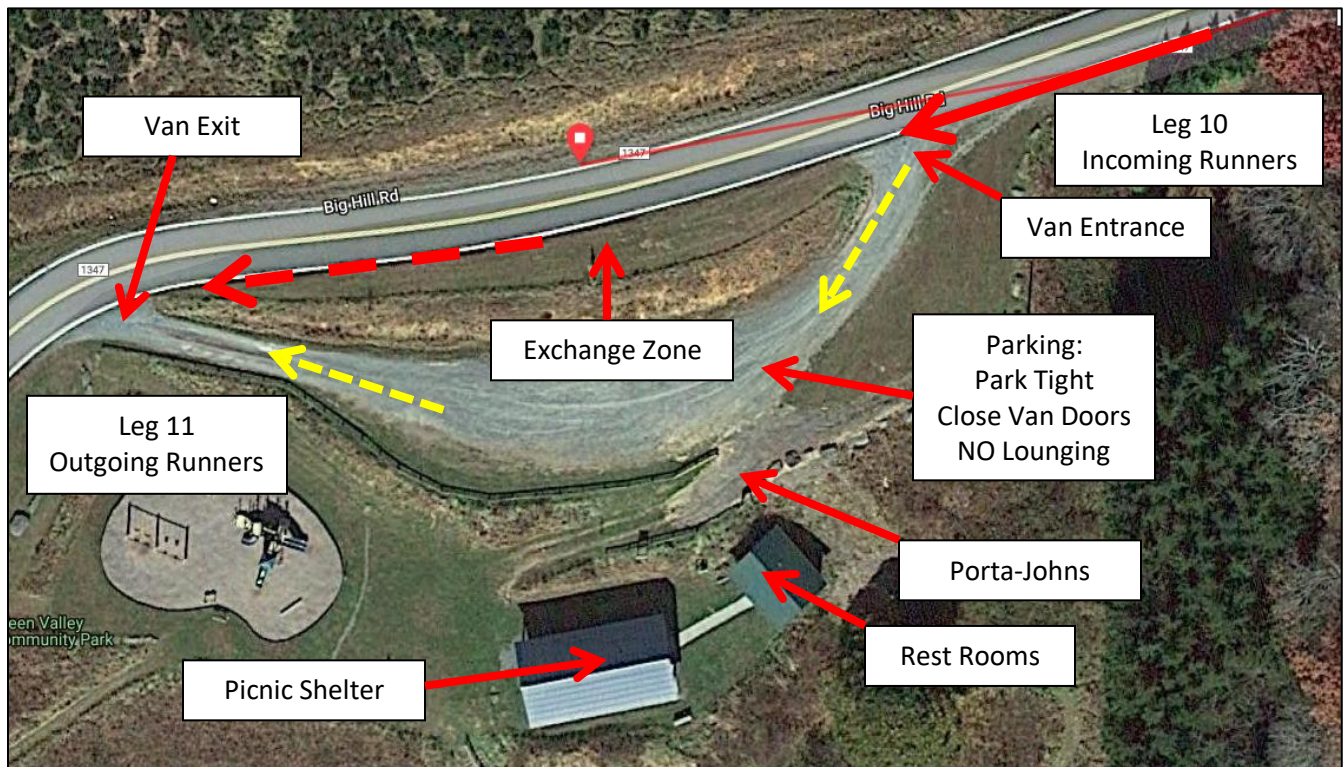
EZ 8: Zion Church at Mill Creek: 319 Zion Methodist Church Rd, Todd



EZ 9: Riverside Restaurant: 7181 Railroad Grade Rd, Todd



EZ 10: Green Valley Community Park: 3896 Big Hill Rd, Todd

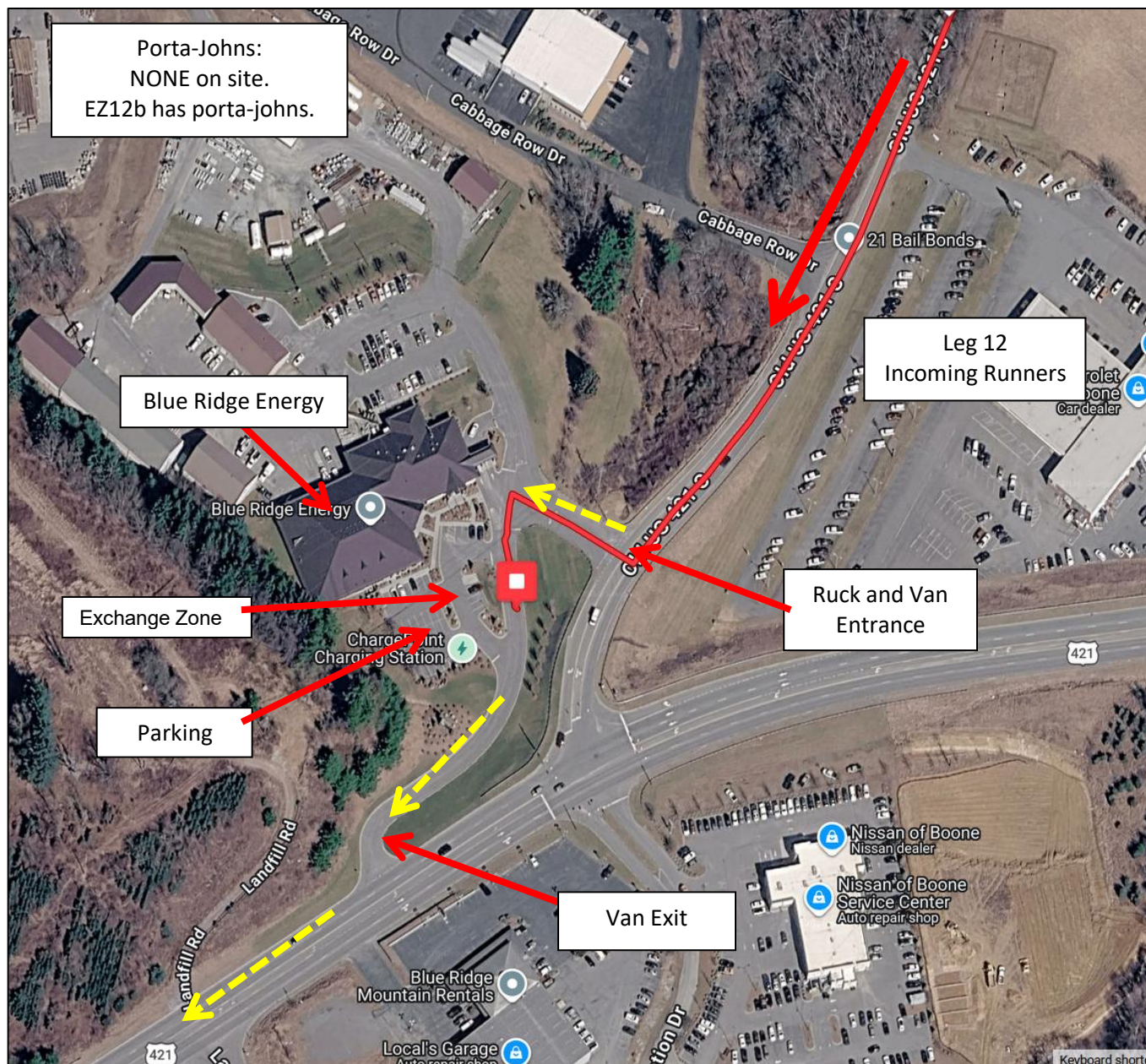


EZ 11: Mill Camp Wines and Ciders: 1584 Tom Jackson Rd, Boone

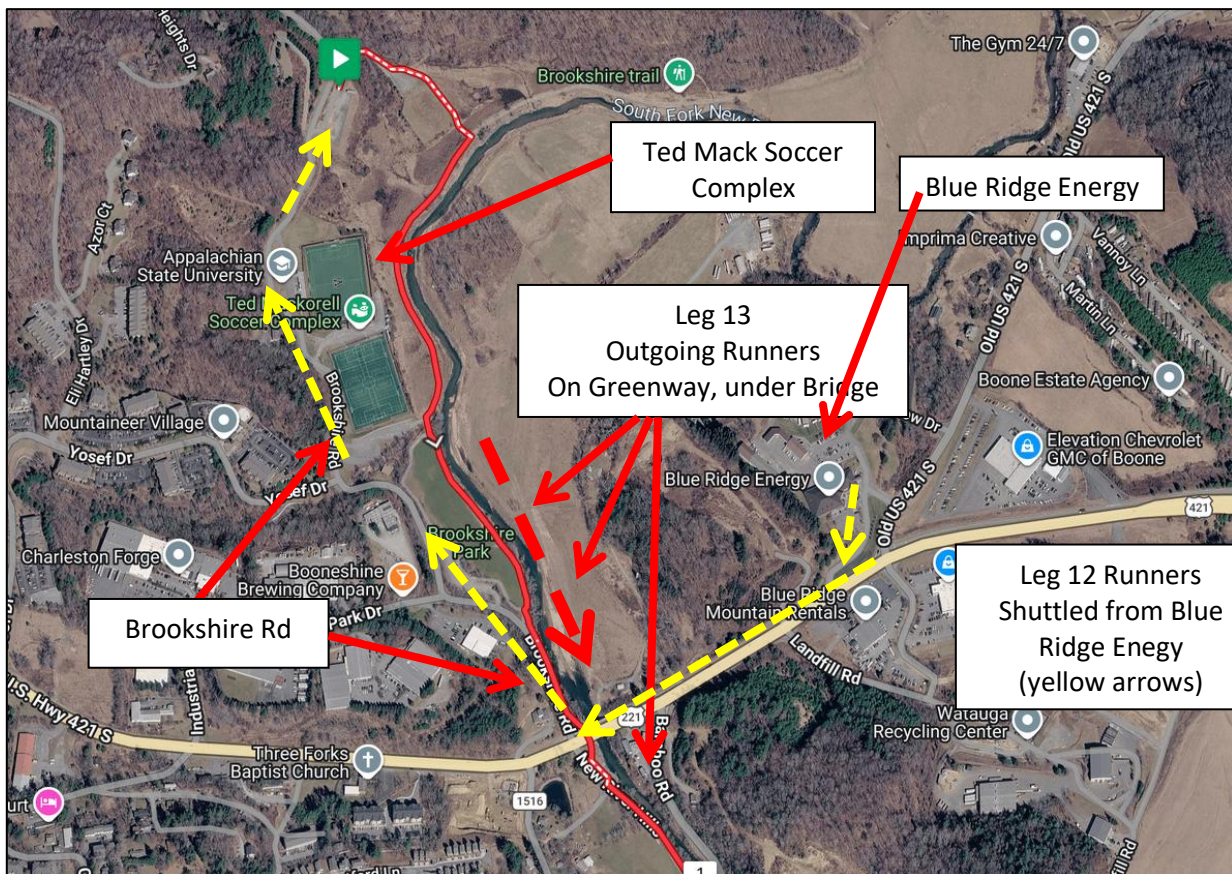
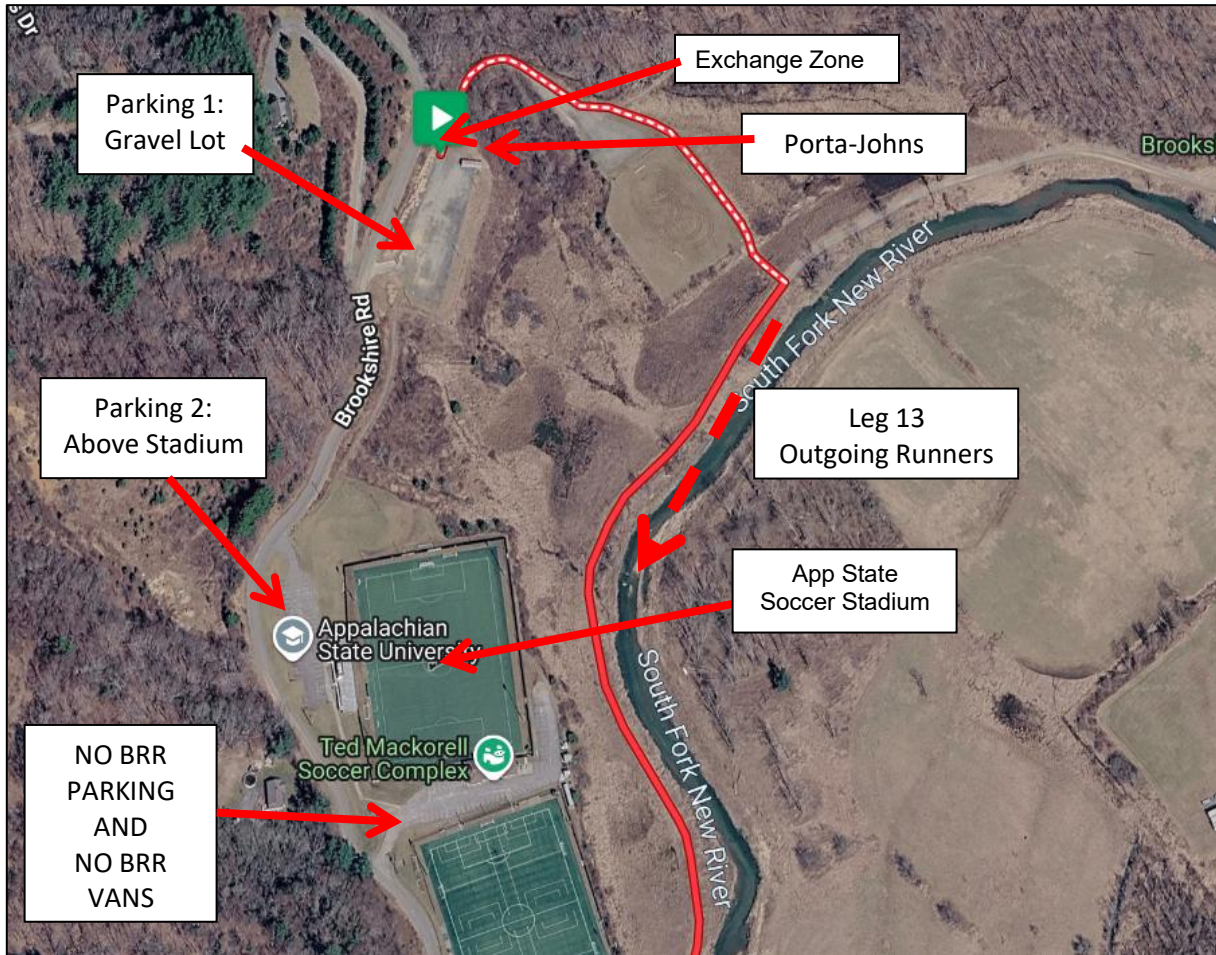


EZ 12a: Blue Ridge Energy: 2491 U.S. Hwy 421 S South, Boone

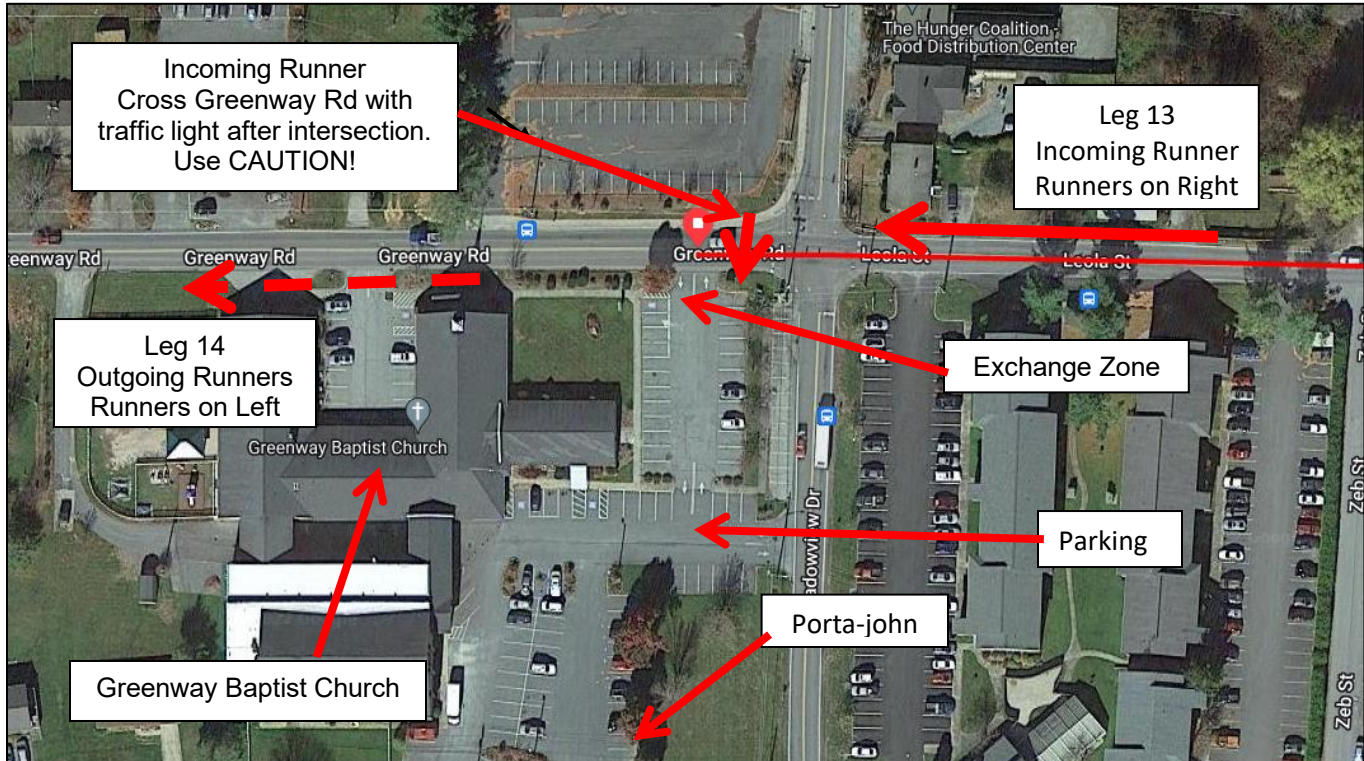
Ruck Teams: You are required to have a 15-minute interval from the arrival of the Leg 12 Ruck to the start of the Leg 13 Ruck at Ted Mackorell Soccer Complex. This mandatory 15-minute interval allows you plenty of time to drive without rushing and is consistent for all Ruck and Run teams.



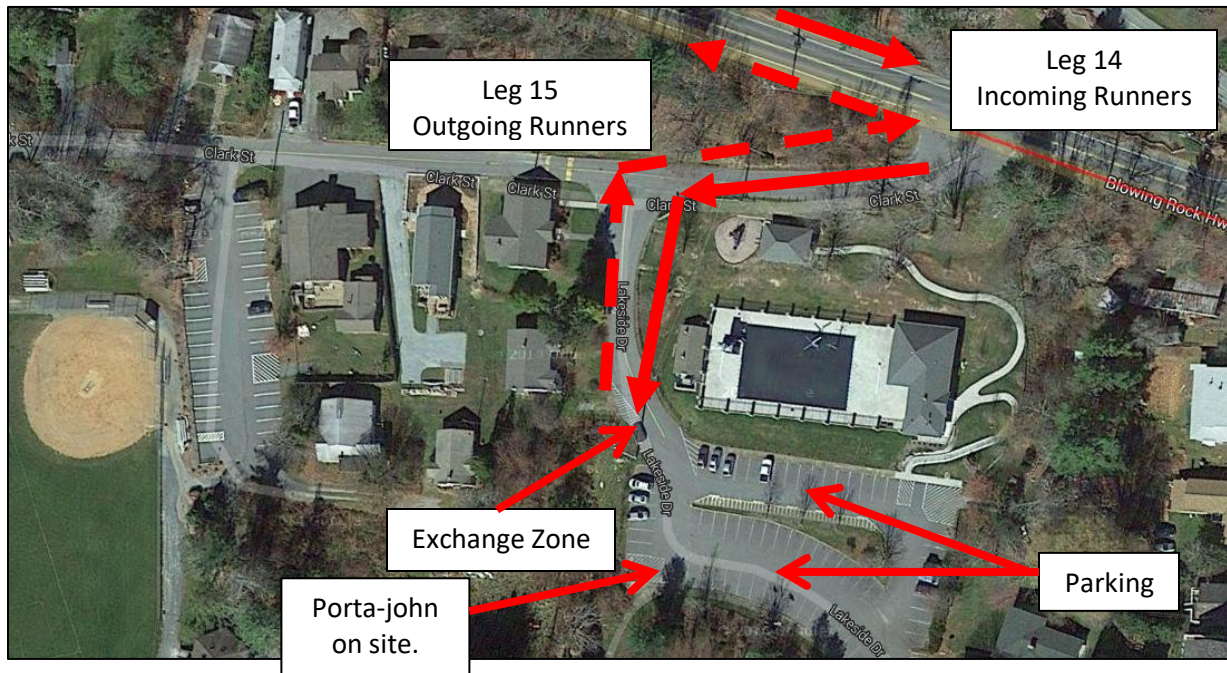
EZ 12b: Ted Mackorell Soccer Complex: 574 Brookshire Rd, Boone



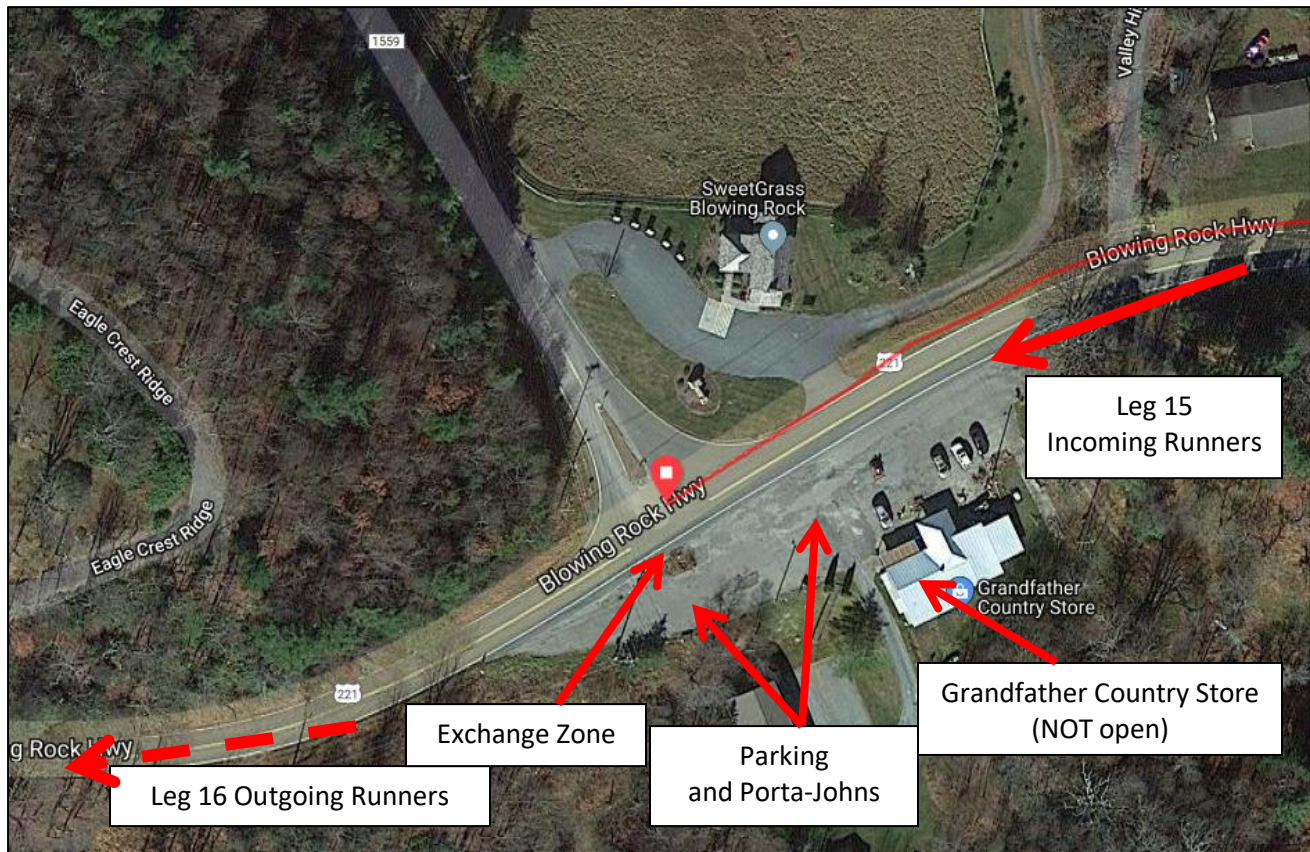
EZ 13: Greenway Baptist Church: 880 Greenway Rd, Boone



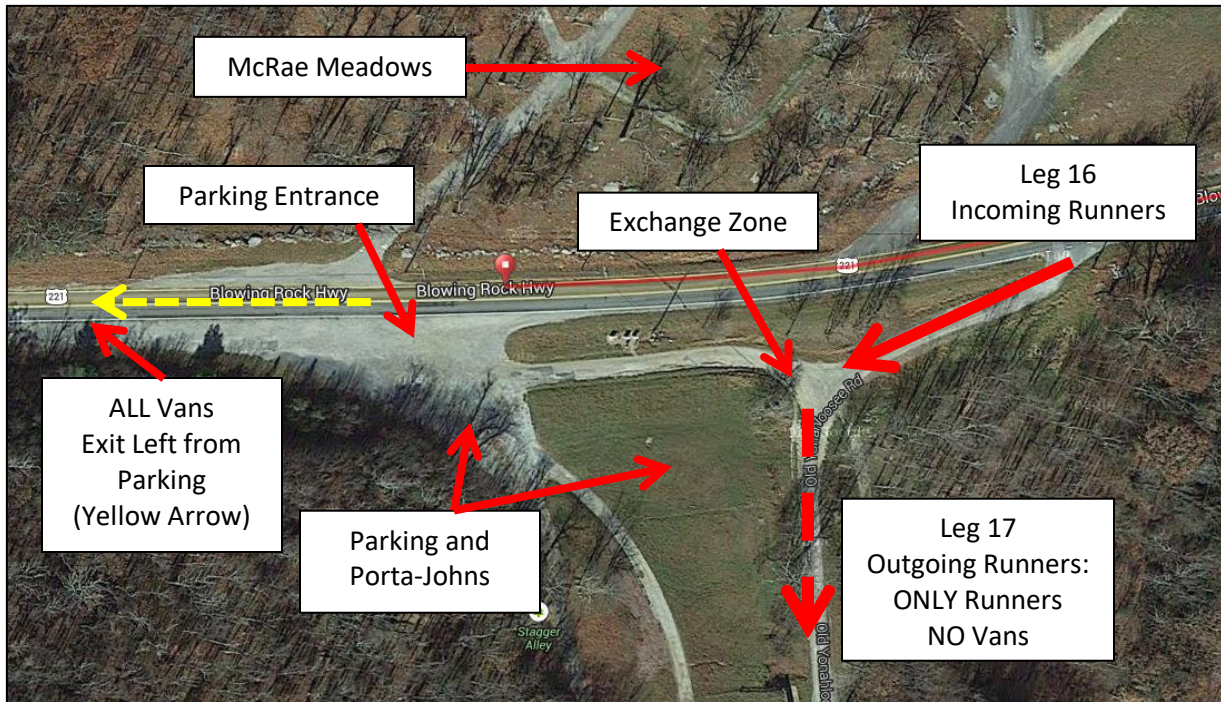
EZ 14: Blowing Rock Pool: 173 Lakeside Dr, Blowing Rock



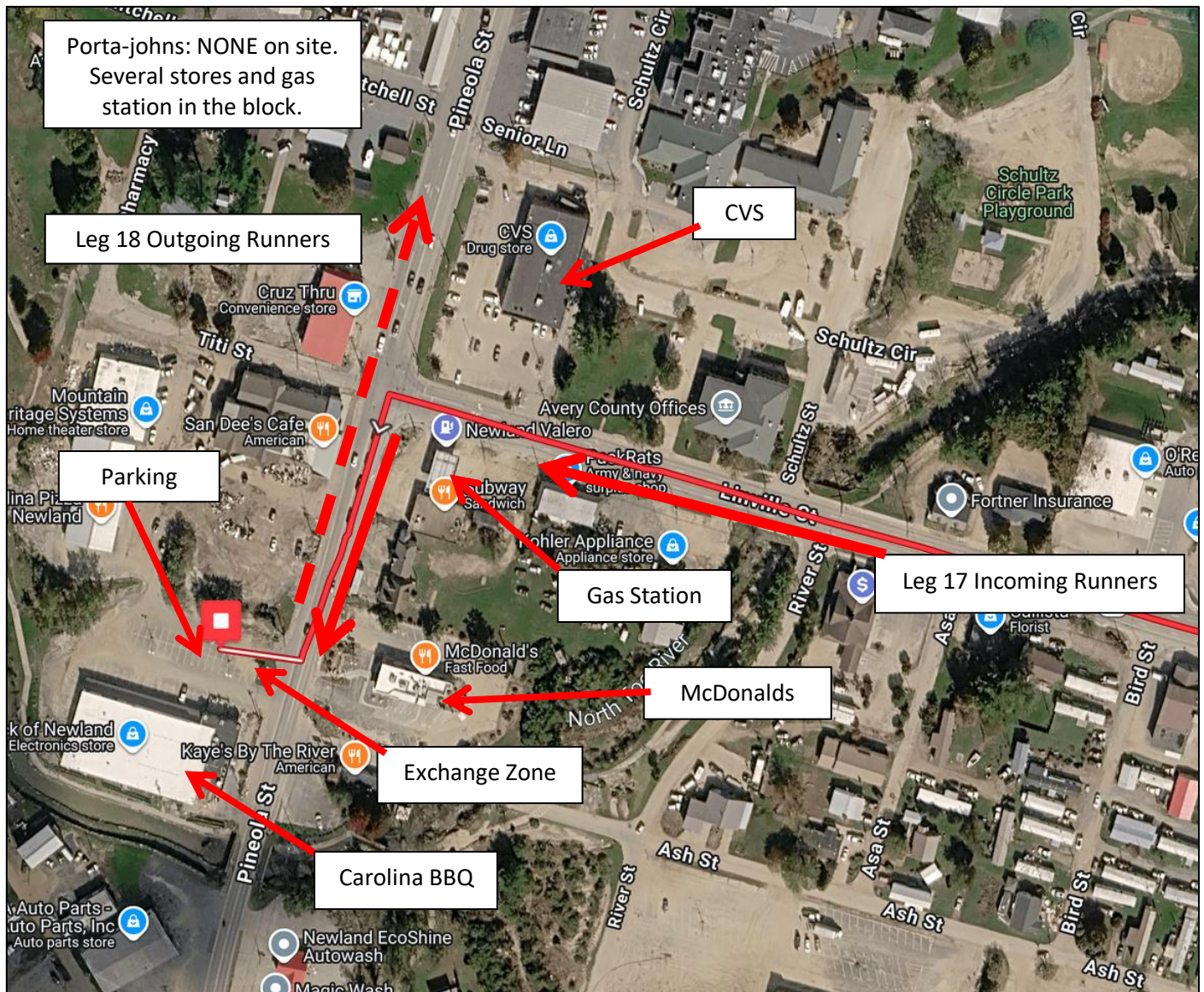
EZ 15: Grandfather Country Store: 6371 US-221, Blowing Rock



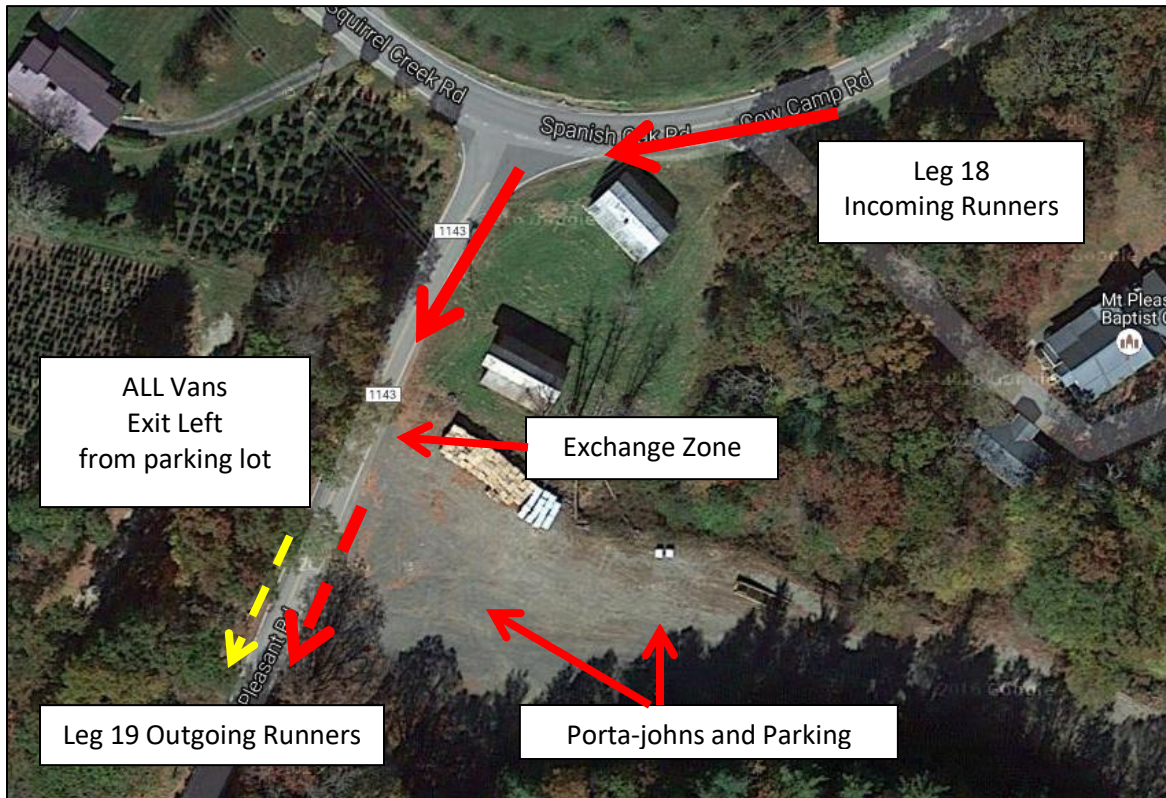
EZ 16: Grandfather Mountain, McRae Meadows: 2050 Blowing Rock Hwy, Linville



EZ 17: Carolina BBQ: 500 Pineola St, Newland



EZ 18: Christmas Tree Lot: Corner of Spanish Oak Rd/Mt Pleasant Rd, Newland

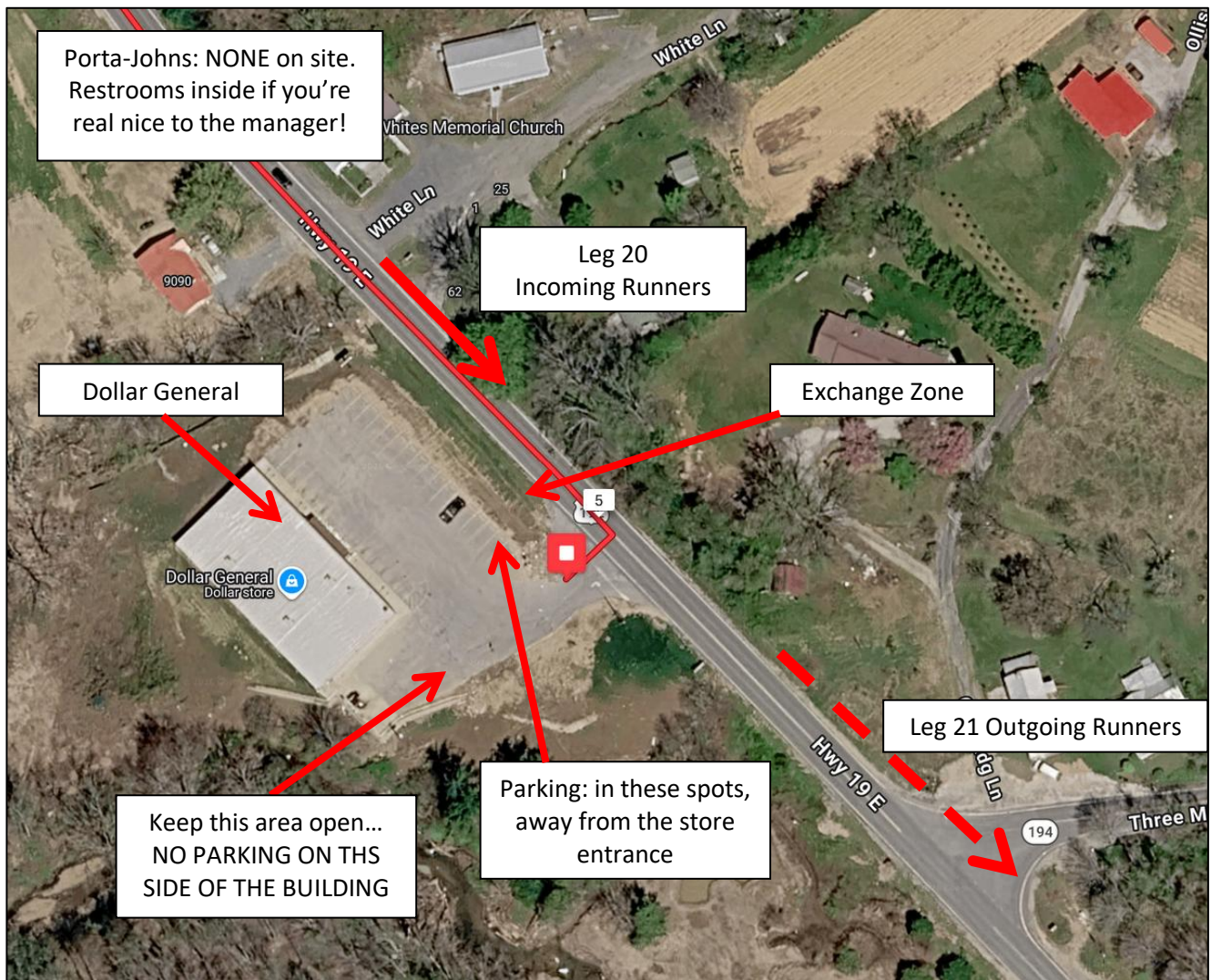


EZ 19: Plumtree Presbyterian Church: 4527 US-19E, Plumtree

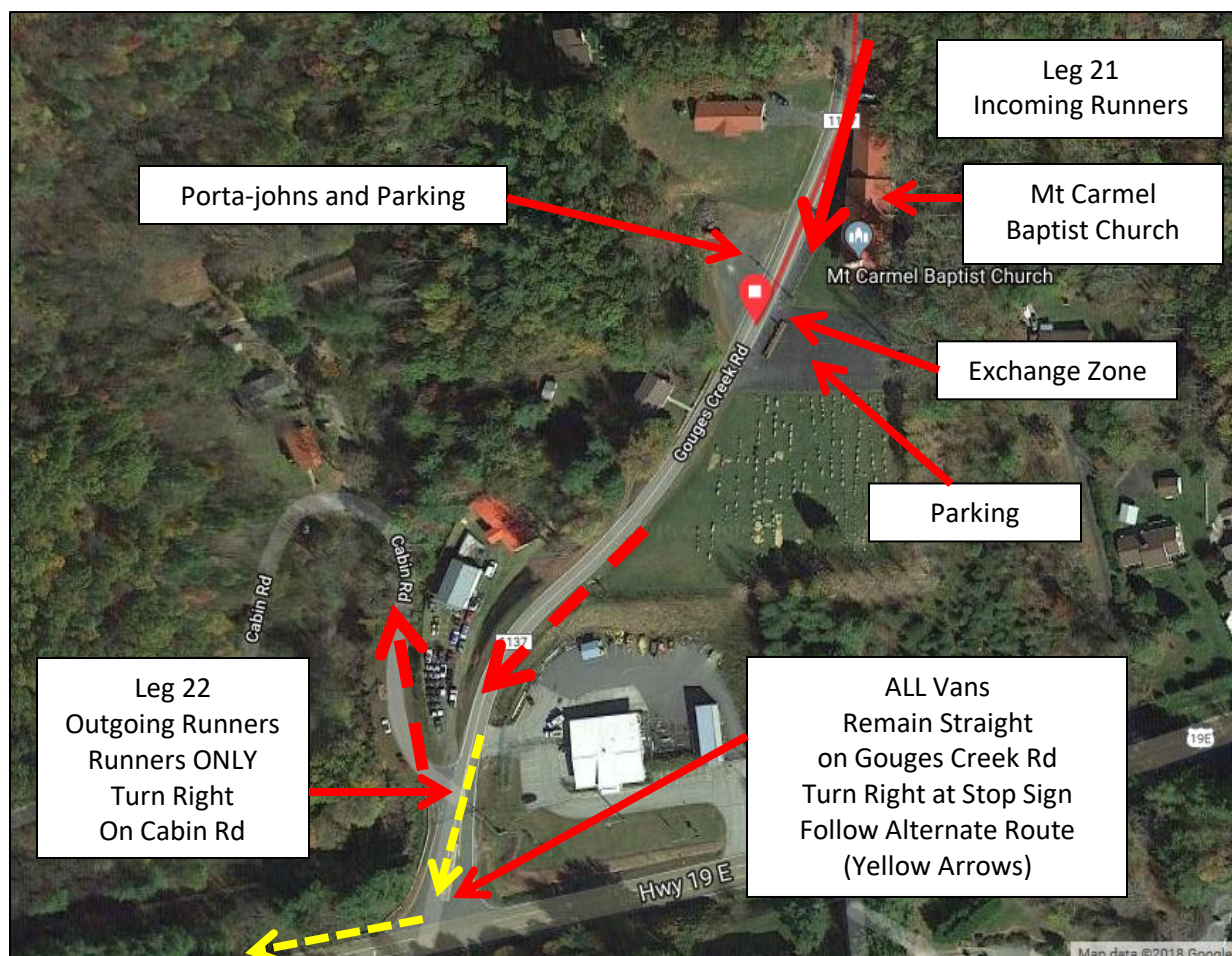


EZ 20: Dollar General: 9172 US-19E, Newland

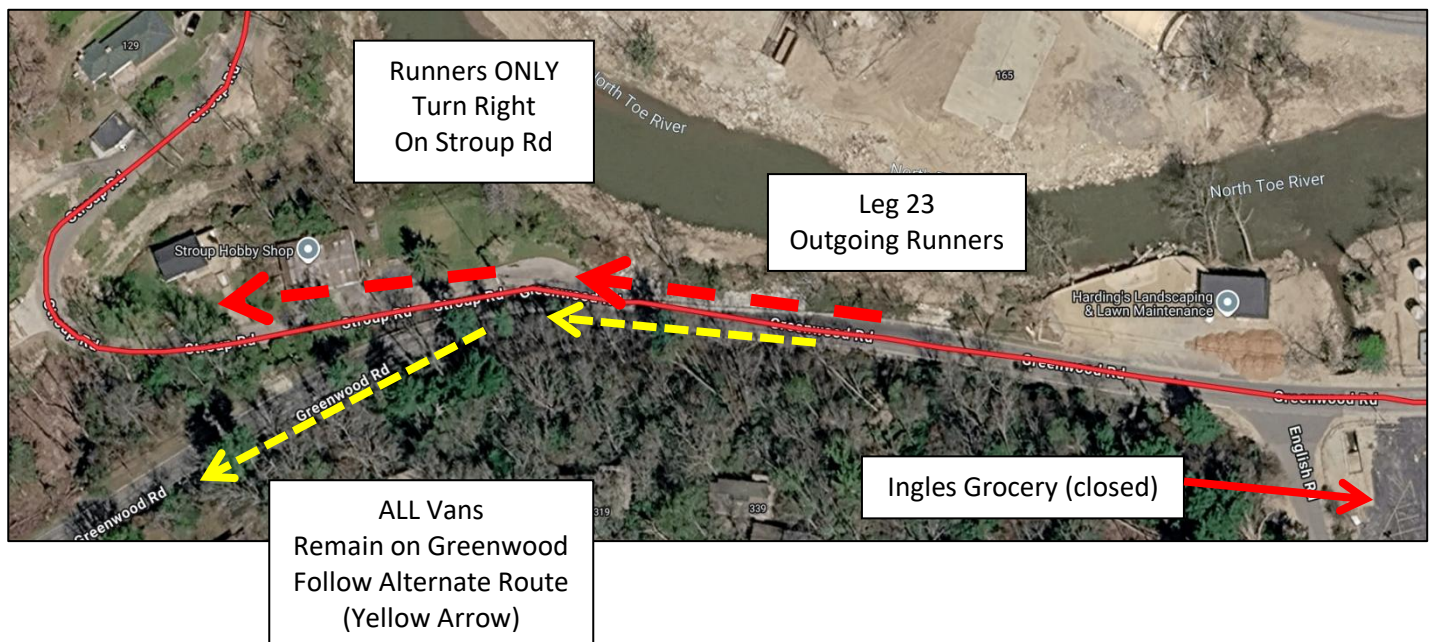
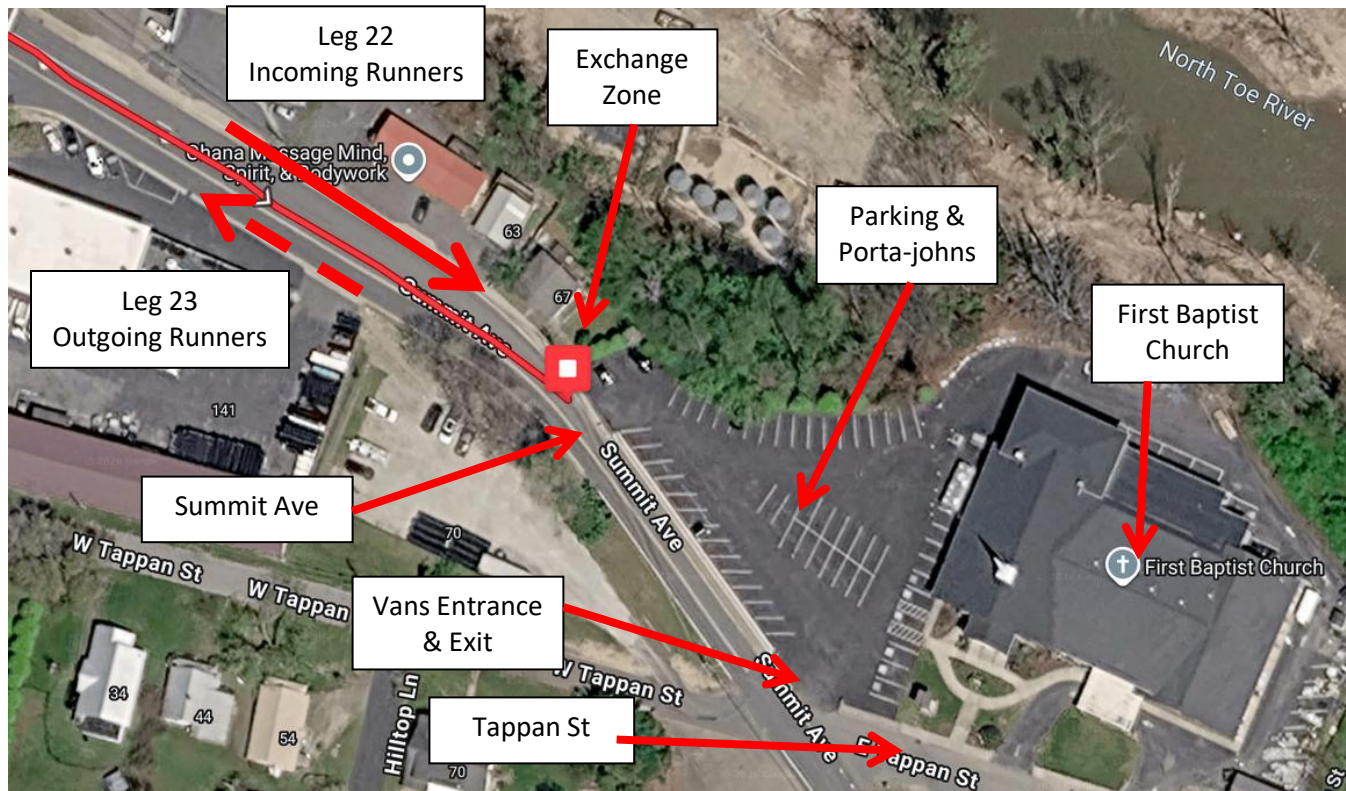
First Ruck team to arrive at EZ. Please go into the store and tell the employee/manager that you're part of a 208-mile Blue Ridge Relay Ruck event. You'll be waiting on your teammate who is approaching from Plumtree. You'll depart as soon as your athlete arrives. There are 3 other Ruck teams. NOTE: Park away from the store entrance. DO NOT PARK on the side of the building.



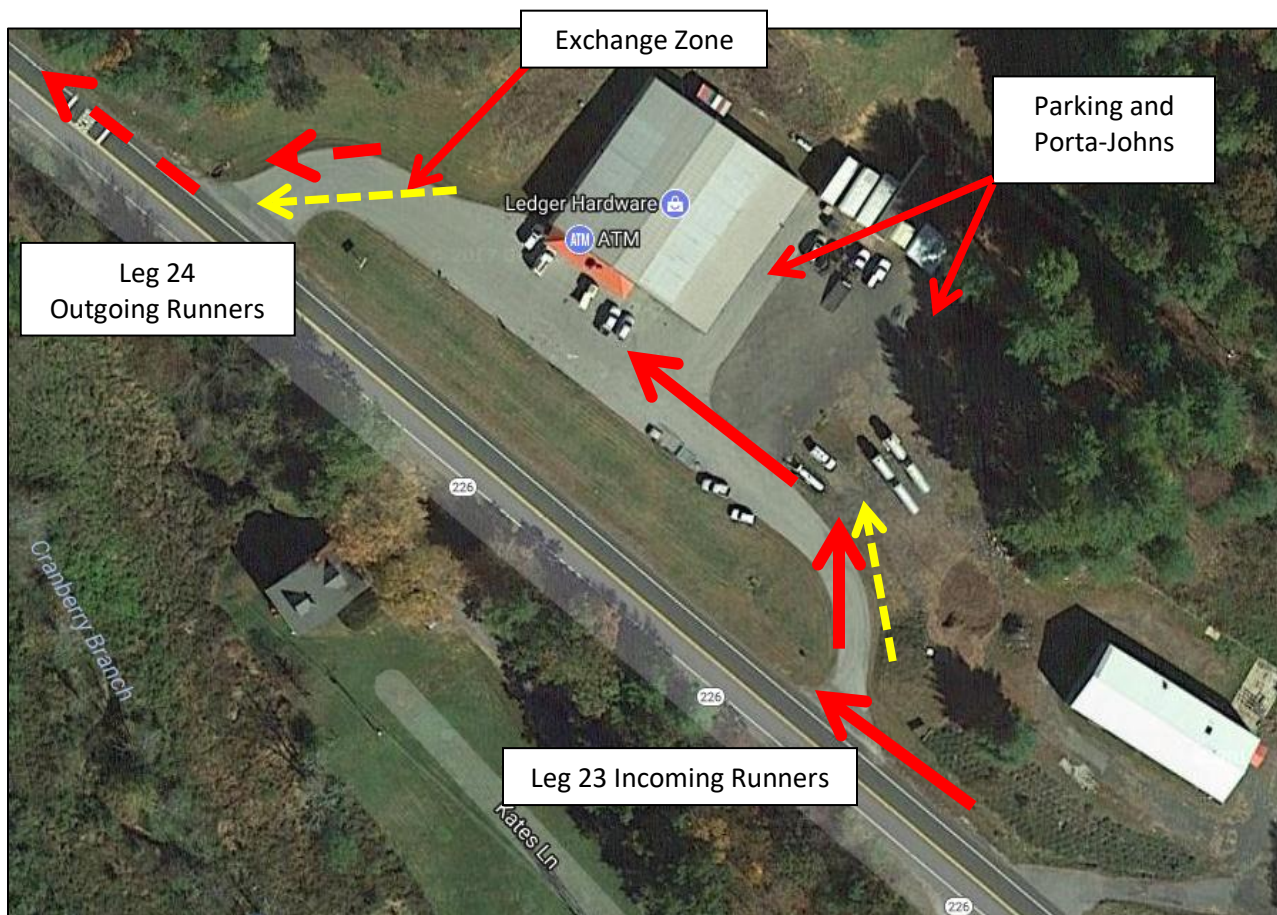
EZ 21: Mt. Carmel Baptist Church: 195 Gouges Creek Rd, Spruce Pine



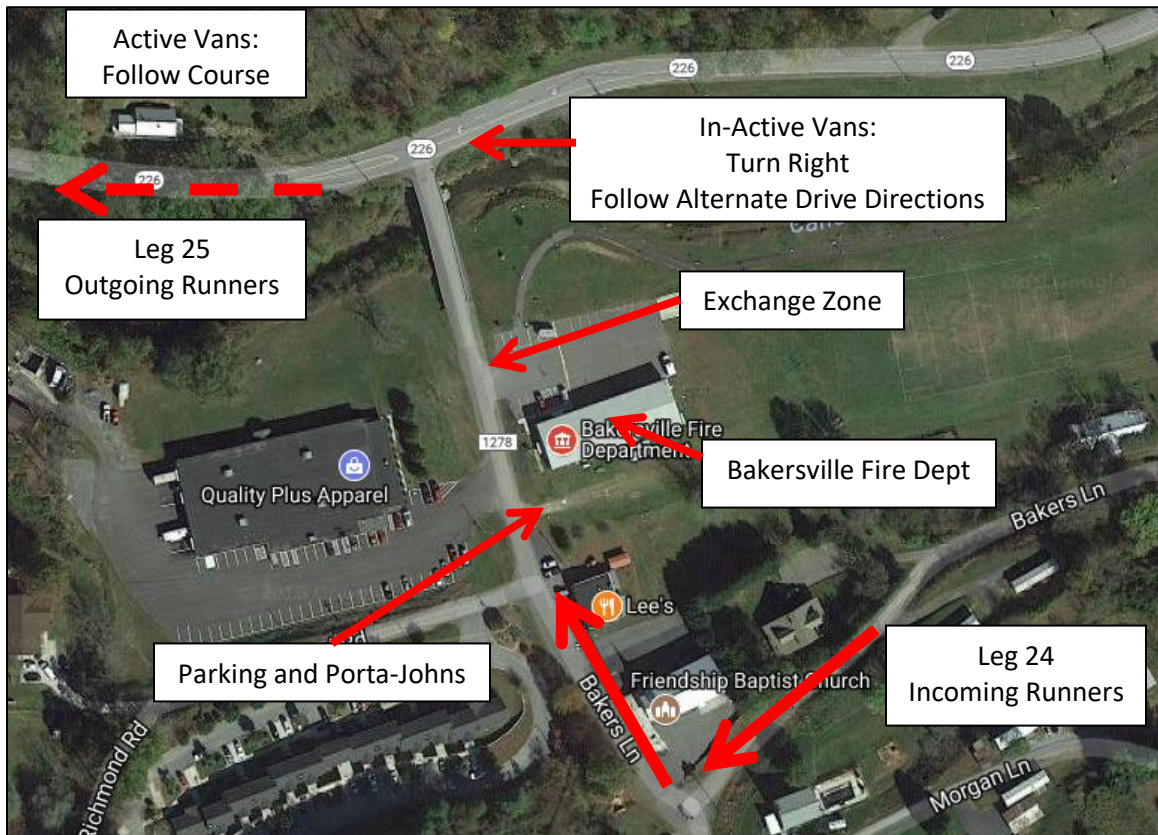
EZ 22: First Baptist Church: 125 Tappan St, Spruce Pine



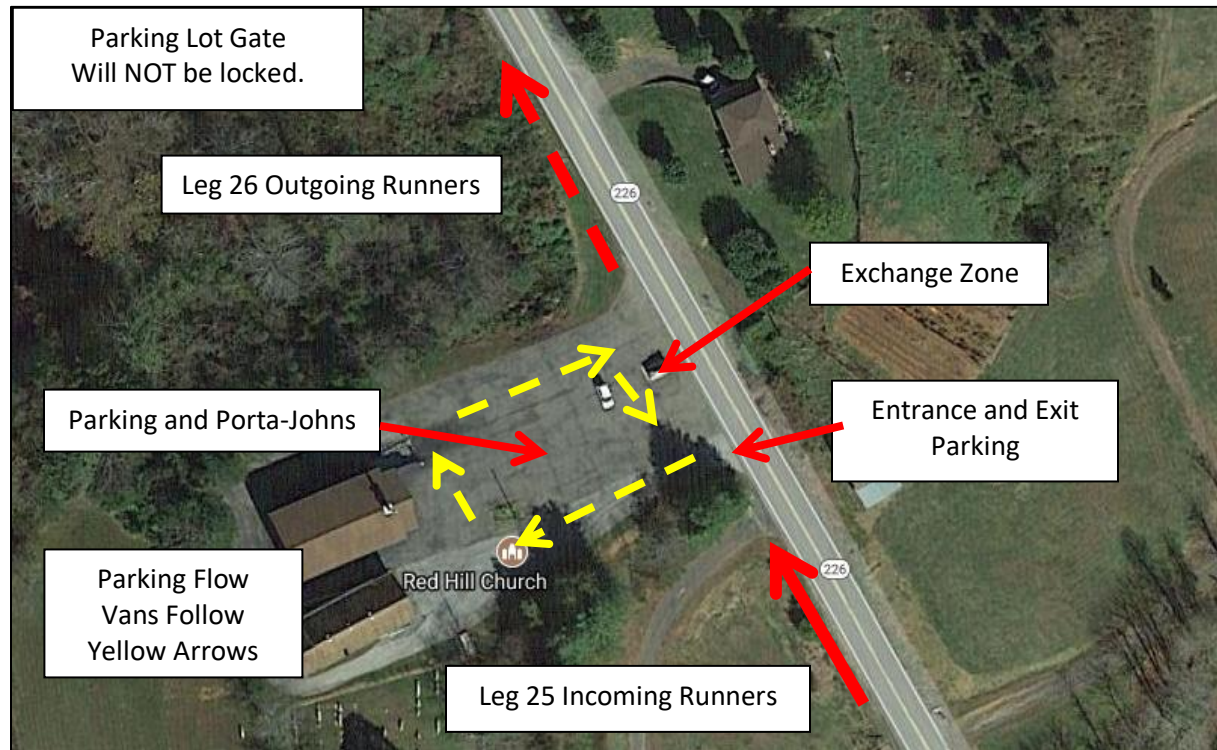
EZ 23: Ledger Ace Hardware: 5489 S 226 Hwy, Bakersville



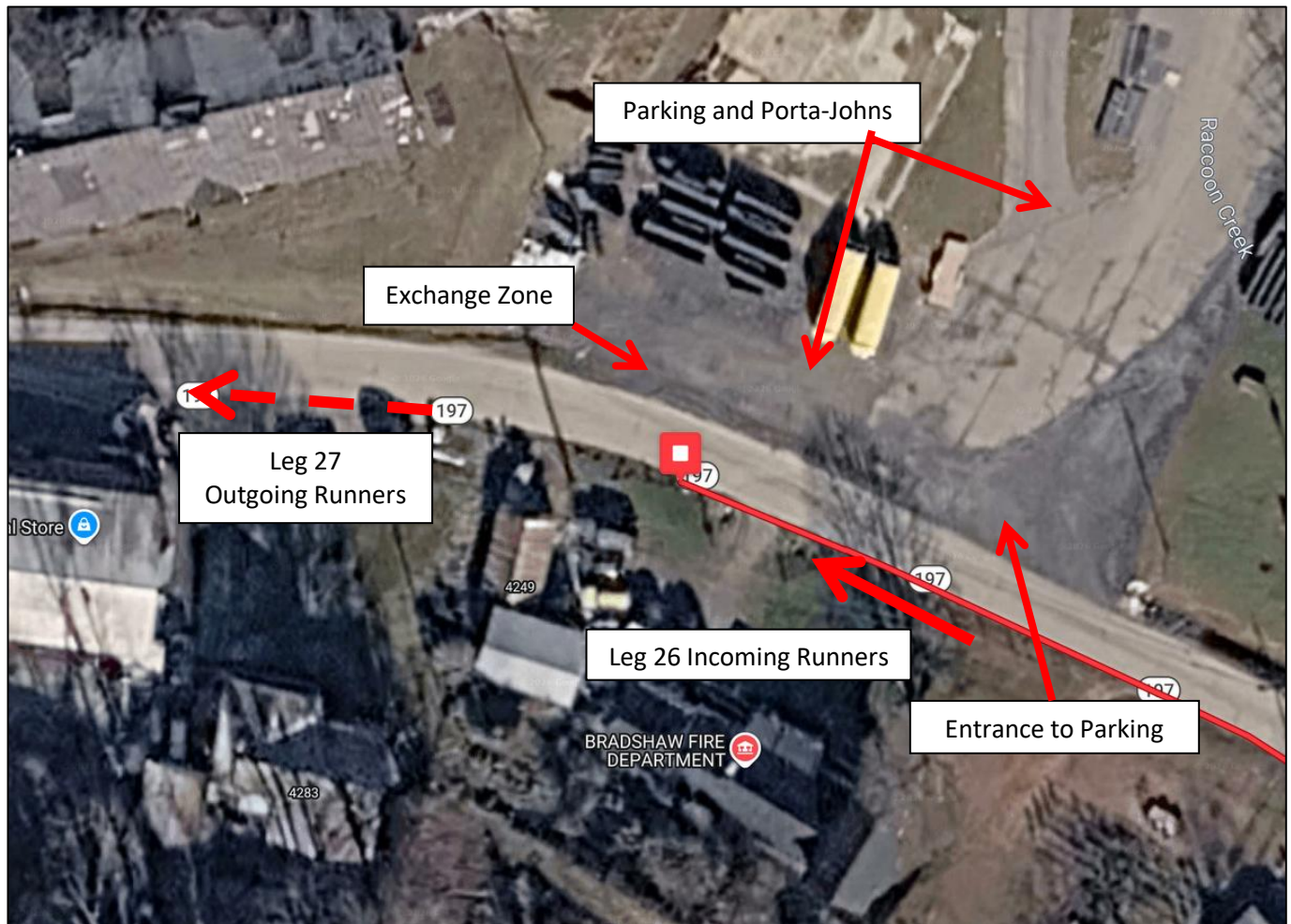
EZ 24: Bakersville Fire Department: 306 Baker Ln, Bakersville



EZ 25: Red Hill Baptist Church: Highway 226 North, Bakersville



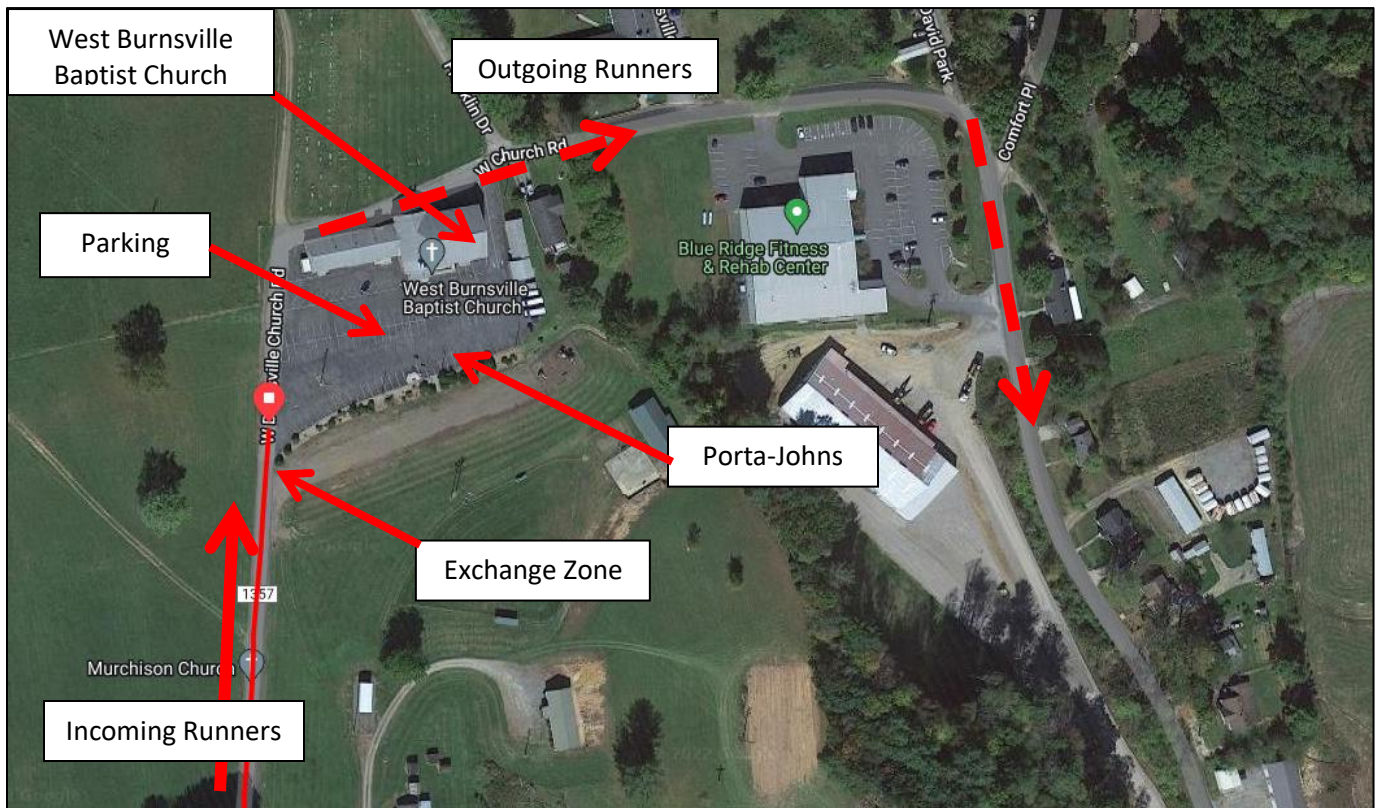
EZ 26: Bradshaw Fire Dept: 4256 NC 197, Green Mountain



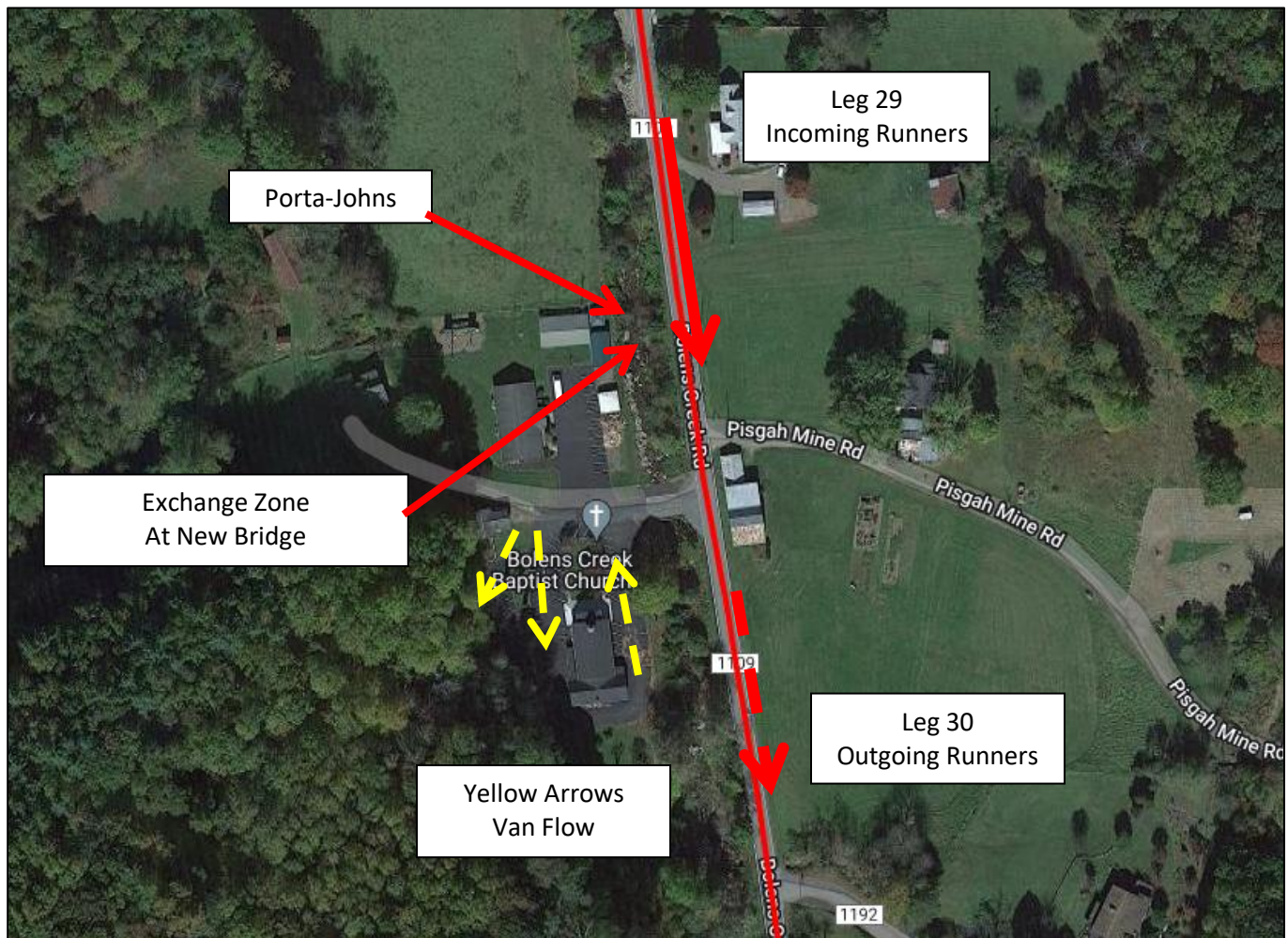
EZ 27: Clearmont Elementary School: 1175 Clearmont School Rd, Burnsville



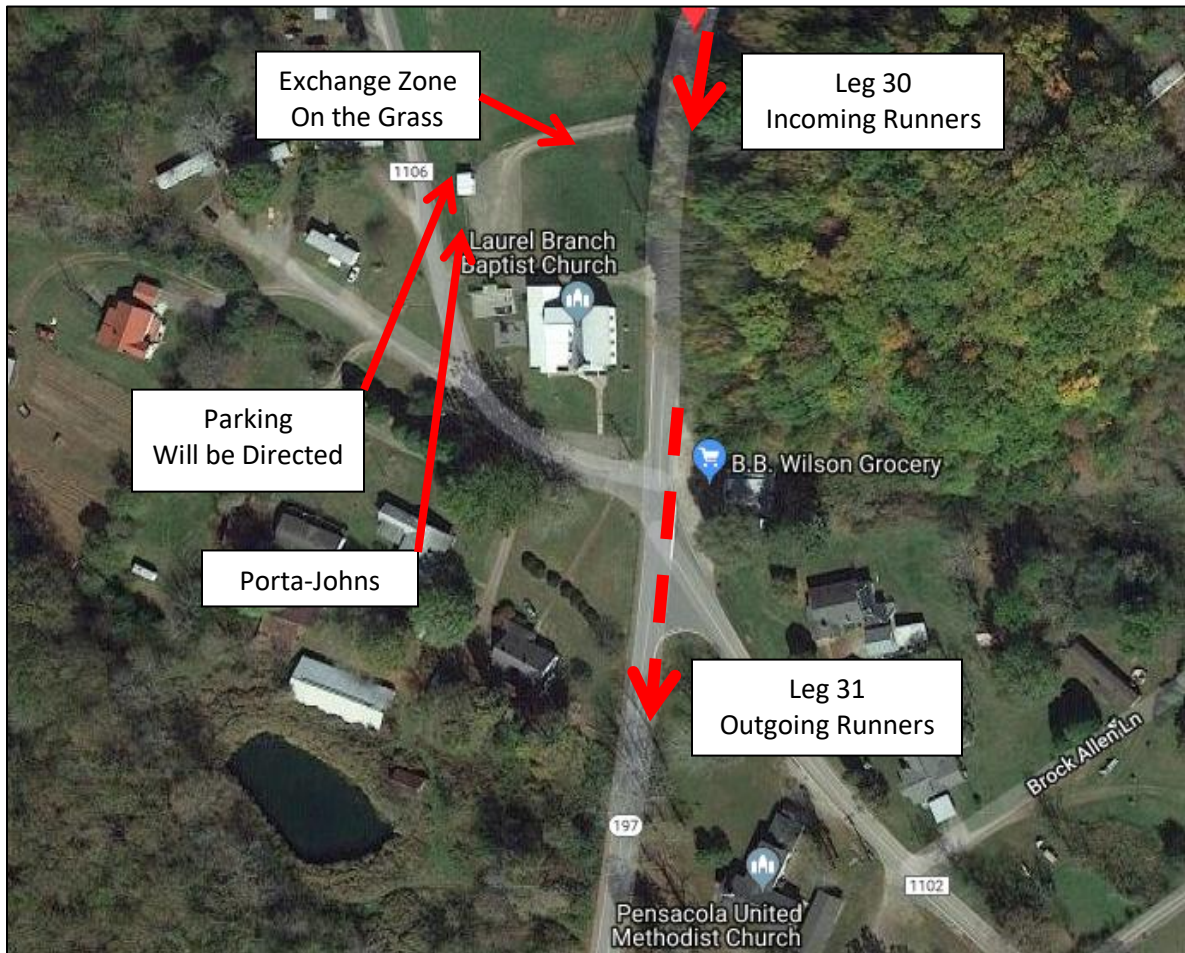
EZ 28: West Burnsville Baptist Church: 222 West Burnsville Church Rd, Burnsville



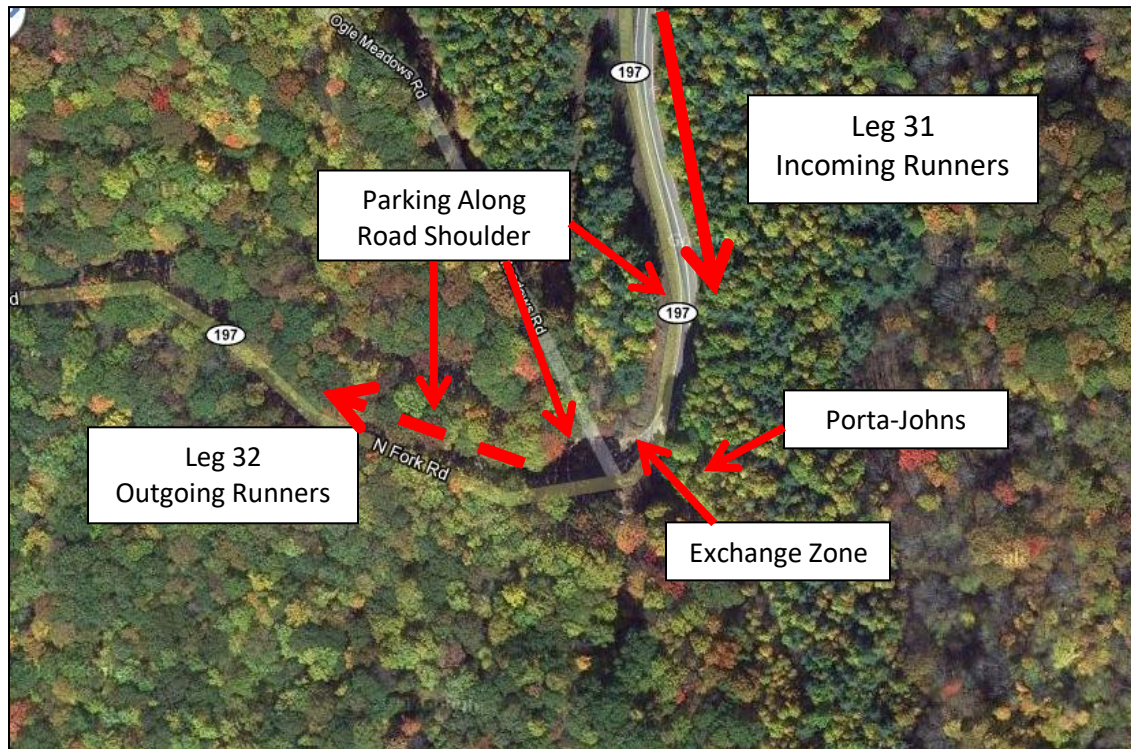
EZ 29: Bolens Creek Baptist Church: 19 Heavenly Lane, Burnsville



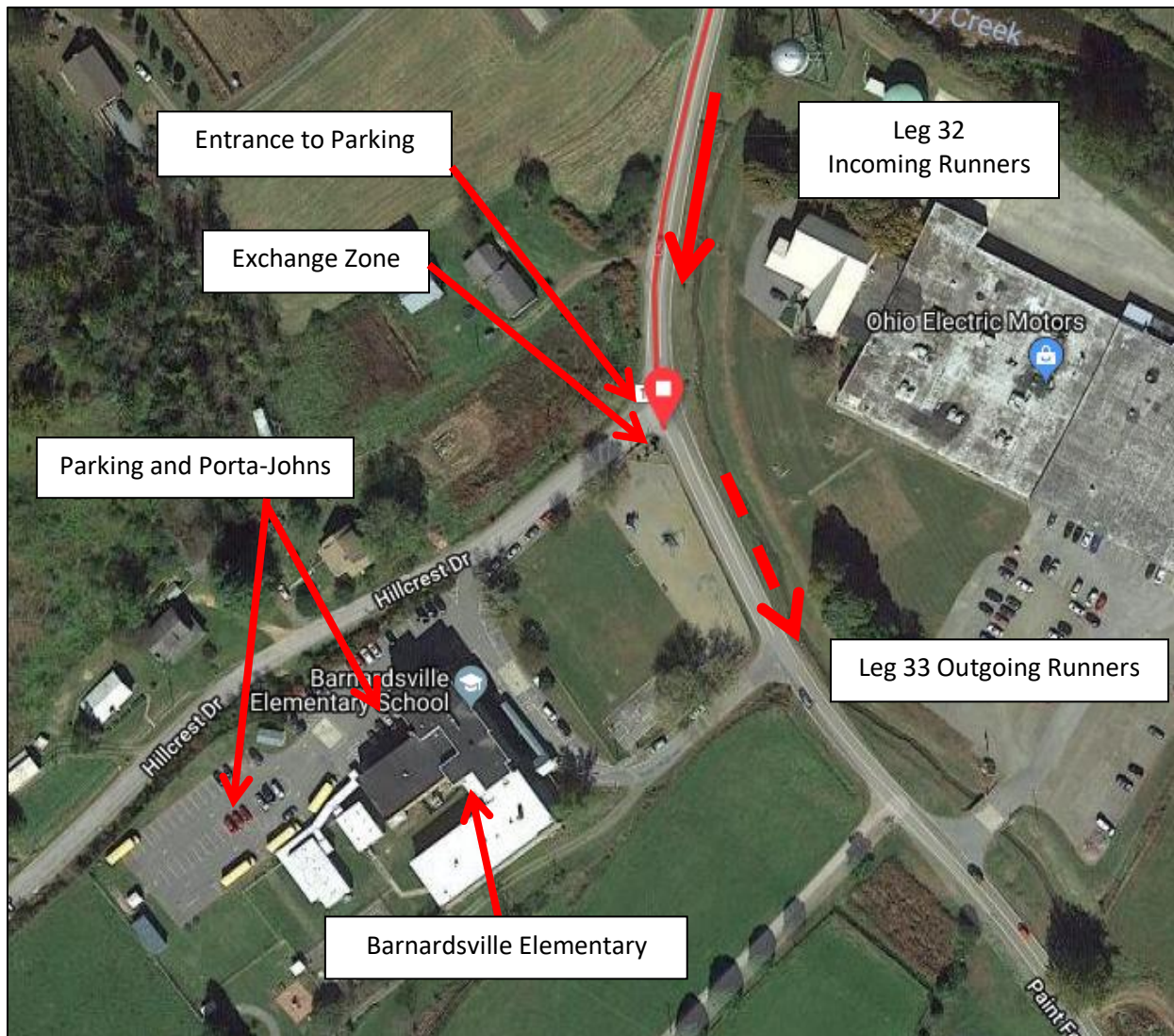
EZ 30: Laurel Branch Baptist Church: 9449 NC-197, Burnsville



EZ 31: Top of the Mountain: 197 South



EZ 32: Barnardsville Elementary School: 20 Hillcrest Dr, Barnardsville



EZ 33: Beech Community Center: 15 Sugar Cove Rd, Weaverville

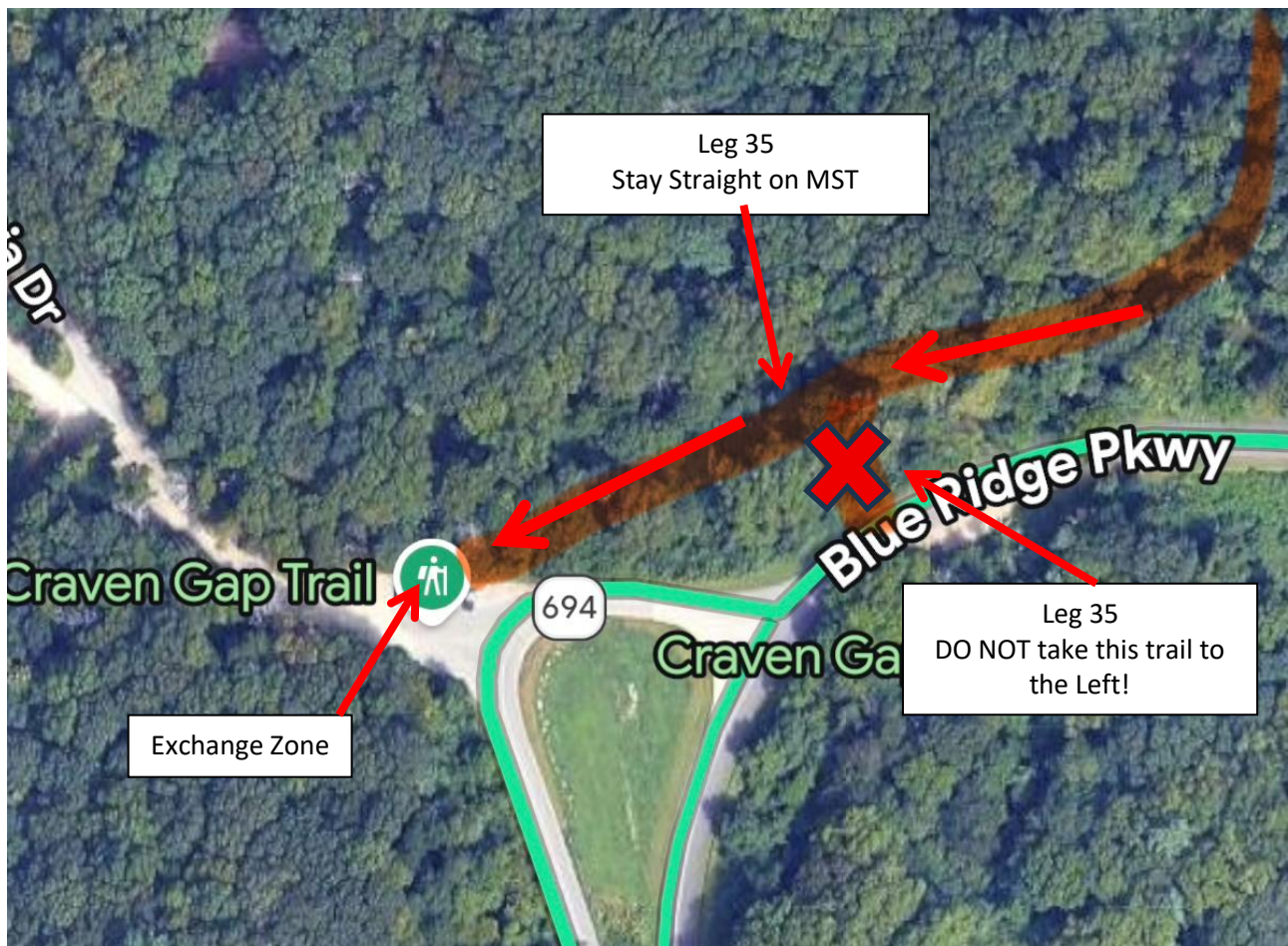
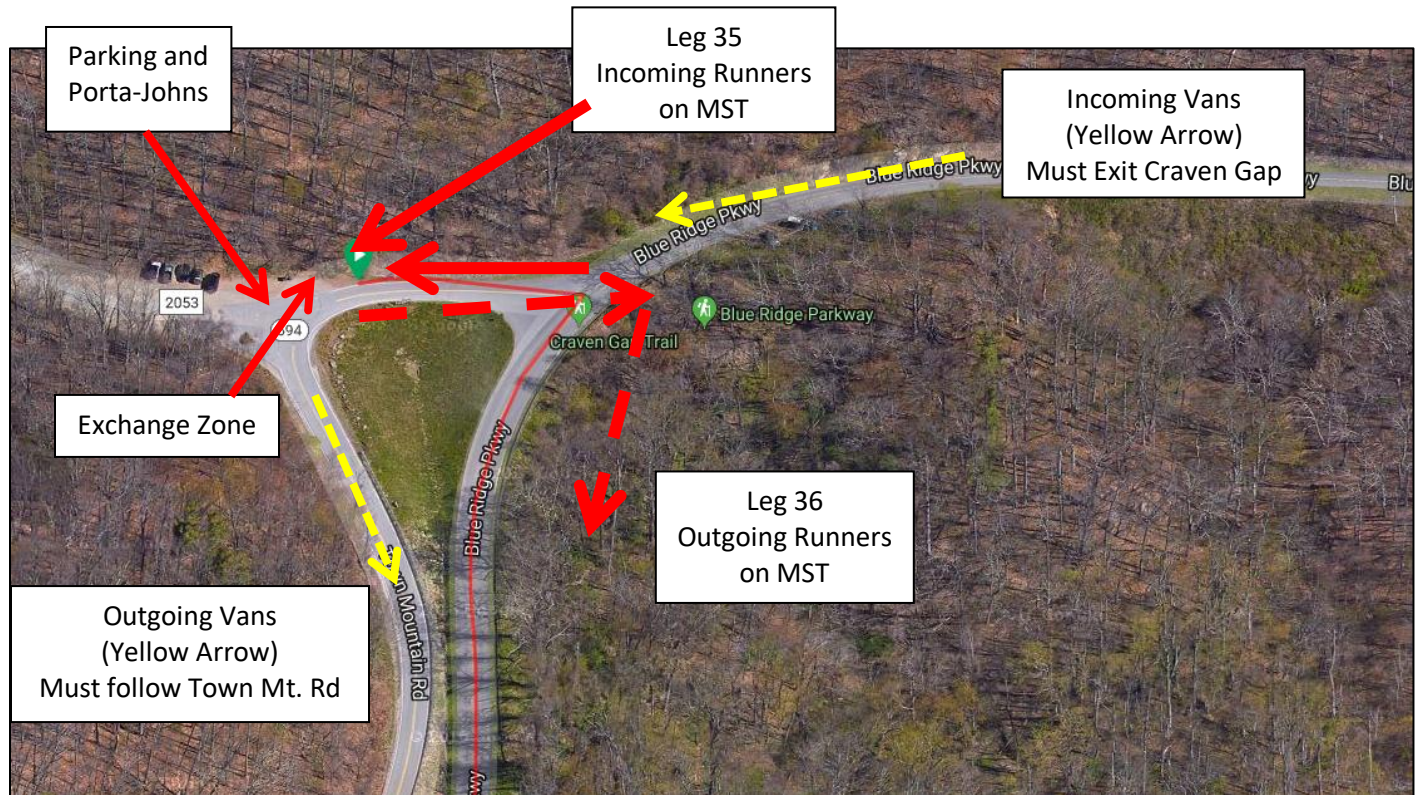


EZ 34: Ox Creek Community Center/South Fork Church: 360 Ox Creek Rd, Weaverville

Ruck team vans must delay departure from EZ34 for a minimum of 30 minutes after the departure of the team's Leg 35 rucker. Parking at EZ35, Craven Gap, is tight with Hurricane Helene debris still on site. EZ35 is National Park Service land and BRR is required to limit the number of vehicles on site. Leg 35 is 4.1 miles with over 1,000 feet of elevation gain and the final 1.8 miles are on MST, a technical single-track trail. IF a rucker can carry 15:00/mile pace on this leg, the Leg time will be 60+ minutes. Your team's drive time at 20 mph will be approximately 12 minutes. Ideally, we would like team vans to arrive at EZ35 10-15 minutes before the arrival of their Leg 35 rucker.



EZ 35: Craven Gap: Blue Ridge Parkway/Town Mountain Rd, Asheville



Finish: Highland Brewing Company: 12 Old Charlotte Hwy, Asheville

