

Blue Ridge Relay Course Outline

leg	leg distance	segment distance	direction	road markers
1				Grayson Highlands State Park Visitors Center
	3.90	3.90	S	Grayson Highlands State Park Office and Gate (right)
2			S	Grayson Highlands State Park Office and Gate
	0.80	0.80	R	Highlands Parkway #58 (Park Entrance)
	1.70	0.90	L	Spencer Branch Rd. #797 (gravel/dirt)
	3.70	2.00	R	Wolf Knob #746 (gravel/dirt)
	4.70	1.00	LS	Remain on Wolf Knob
	6.60	1.90	RS	Wallen's Creek #1374 (paved)
	7.10	0.50	L	194 N (paved)
	7.50	0.40		Creekside Christian Church (left)
3				Creekside Christian Church (left)
	0.90	0.90	R	Silas Creek #1523/Helton Creek #1527 (paved)
	0.95	0.05	R	Silas Creek #1523 (one lane bridge, gravel/dirt)
	2.60	1.65	R	Stop Sign (Silas Creek Continues, paved)
	5.20	2.60		Landmark Baptist Church (left)
4				Landmark Baptist Church
	2.70	2.70	L	North Fork New River Rd. #1513 (two lane bridge, paved)
	3.30	0.60	R	Old 16 South #1573 (paved)
	6.20	2.90	R	Ashe County Park Rd. #1511 (paved)
	6.90	0.70		Ashe County Park (left)
5				Ashe County Park
	0.40	0.40	R	Old 16 South #1573 (paved, run on right)
	1.30	0.90	S	South Main St. (Town of Jefferson, run on right)
	3.00	1.70	L	North 6th Ave
	3.20	0.20	R	East Main St
	3.30	0.10	L	South Third Ave
	3.40	0.10	R	East Ashe St
	3.40	0.00	S	West Ashe St (Cross S. Jefferson Ave)
	3.50	0.10	L	South Second St
	3.60	0.10	R	Long St.
	3.60	0.00	L	Graybeal Ave. (1st Left)
	3.70	0.10	R	Buck Mountain Rd. #1134 (Right at road's end, Stop Sign)
	4.90	1.20		Friendly Grove Baptist Church
6				Friendly Grove Baptist Church
	1.50	1.50	S	(pavement ends, gravel/dirt begins)
	2.30	0.80	L	Bald Mountain Rd. #1138 (gravel/dirt)
	4.00	1.70	L	Bald Mountain Rd. (paved)
	4.90	0.90	L	Golf Course Rd
	6.40	1.50	R	Beaver Creek School Rd
	6.50	0.10	R	Tree Farm (grass/gravel road)
	6.80	0.30		Frostys Choose & Cut / Old Barn Winery (right)
7				Frostys Choose & Cut / Old Barn Winery
	0.00	0.00	S	Remain on gravel tree farm road
	0.50	0.50	R	Right onto Beaver Creek School Rd
	1.90	1.40	R	194 South
	2.30	0.40		Bethany Methodist Church (left)
8				Bethany Methodist Church
	0.60	0.60	L	Grant Houck Rd, #1114 to East Mill Creek #1112
	2.90	2.30	LS	East Mill Creek
	3.10	0.20		Zion Church at Mill Creek (left)
9				Zion Church at Mill Creek (left)
	2.50	2.50	R	Railroad Grade Rd. #1106
	4.60	2.10		Riverside Restaurant (left)

10				Riverside Restaurant
	3.70	3.70	L	Big Hill Rd. (Community of Todd/left)
	5.30	1.60		Green Valley Community Park (left)
11				Green Valley Community Park
	1.30	1.30	S	Tom Jackson Rd
	2.80	1.50		Mill Camp Wines and Ciders
12				Mill Camp Wines and Ciders
	0.10	0.10	R	Castleford Rd.
	0.70	0.60	L	Roby Green Rd
	2.10	1.40	R	Roby Green Rd (after bridge)
	4.40	2.30	R	Old 421
	5.15	0.75	R	Blue Ridge Energy
	5.20	0.05	L	Blue Ridge Energy
				(Team Shuttle from Blue Ridge Energy to Ted Mack. 15 minutes required.)
13				Ted Mackorell Soccer Complex
	0.20	0.20	R	after passing grass soccer field, R on paved Greenway
	0.70	0.50	SL	Continue on Greenway
	0.80	0.10	S	Continue on Greenway under 421
	0.85	0.05	L/S	New River Hills Rd
	1.50	0.65	L	Casey Lane
	1.60	0.10	R	Greenway Trail
	2.40	0.80	L	Cross Bridge
	3.00	0.60	R	Cross Covered Bridge
	3.25	0.25	L	Greenway Trail between baseball fields
	3.40	0.15	S	Cross MLK Jr St onto Greenway Trail
	3.70	0.30	R/L/L	Cross Footbridge & Cross under State Farm Rd on Greenway
	3.75	0.05	R	Furman Rd (remain on Greenway)
	3.90	0.15	R/S	Greenway Trail (along Lowes and under Blowing Rock Rd)
	4.20	0.30	L	Pride Dr (Greenway ends)
	4.30	0.10	R	Leola St (run on right on trail)
	4.40	0.10	L	Greenway Baptist Church
14				Greenway Baptist Church
	0.40	0.40	L	Winklers Creek Rd
	3.60	3.20	S	onto Flannery Fork Rd at Payne Branch Rd
	5.90	2.30	L	Shulls Mill rd
	6.10	0.20	R	Blue Ridge Parkway access road
	6.10	0.00	L	221 to Blowing Rock
	7.50	1.40	R	Clark St
	7.60	0.10	L	Lakeside Dr
	7.60	0.00	S	Blowing Rock Robbins Pool
15				Blowing Rock Robbins Pool
	0.00	0.00	R	Clark St
	0.10	0.10	L	211 South
	6.10	6.10		Grandfather Country Store (left)
16				Grandfather Country Store
	0.00			221 South
	10.50	10.50		Grandfather Mountain (left)
17				Grandfather Mountain
	0.00			Enter Old Yonahlossee Rd. (Vans NOT permitted on Old Yonahlossee Rd)
	1.60	1.60	R	remain on Old Yonahlossee Rd.
	2.20	0.60	L	221 South
	2.40	0.20	S	Through Traffic Light
	3.10	0.70	S	Through Traffic Light
	6.50	3.40	L	Pineola St (194) at Traffic Light
	6.60	0.10	R	Carolina BBQ parking lot (across street from McDonalds Restaurant)
18				Carolina BBQ
	0.20	0.20	L	Old Toe River Rd.
	1.00	0.80	L	Cow Camp
	4.20	3.20	R	Spanish Oak
	4.50	0.30	L	Mount Pleasant Rd
	4.60	0.10		Christmas Tree Lot (left)

19				Christmas Tree Lot
	0.80	0.80	R	Bud Ledford Rd
	1.30	0.50	L	Little Plumtree Creek Rd
	3.00	1.70	R	Stamey Branch Rd/Big Plumtree Creek Rd (stay to the Right)
	5.40	2.40	S	Big Plumtree Creek Rd
	5.70	0.30	L	Hwy 19 E
	5.80	0.10		Plumtree Presbyterian Church (Left)
20			S	Plumtree Presbyterian Church, follow 19E South
	5.00	5.00	R	Dollar General (First Ruck team must notify store employee of BRRuck)
21				Dollar General
	0.15	0.15	R	Hanging Rock Rd.
	6.75	6.60		Mt. Carmel Baptist Church (left)
22				Mt. Carmel Baptist Church
	0.10	0.10	R	Cabin Rd. (Vans NOT permitted on Cabin Rd)
	1.00	0.90	L	Beaver Creek Rd.
	1.10	0.10	R	19E (run on Right)
	1.20	0.10	R	Oak Avenue
	1.20	0.00	L	Oak Avenue
	2.30	1.10	L	Highland Avenue
	2.50	0.20	L	Summit Ave
	2.60	0.10		First Baptist Church
23				First Baptist Church
	0.00	0.00	S	Down Greenwood Rd toward Ingles
	0.35	0.35	R	Stroup Rd (Vans NOT permitted on Stroup Rd)
	0.70	0.35	LS	Creed Pittman Rd
	1.10	0.40	R	Broadwater Way
	1.20	0.10	L	Meadow Lane
	1.30	0.10	R	226 North
	5.10	3.80	R	Ledger Ace Hardware (right)
24				Ledger Ace Hardware
	0.00		R	Remain on 226 North
	5.10	5.10	L	South Mitchell Ave.
	5.50	0.40	L	Baker Lane
	5.70	0.20	R	Remain on Baker Lane
	5.80	0.10		Bakersville Fire Dept. (right)
25				Bakersville Fire Dept
	0.00	0.00	L	226 North
	4.30	4.30		Red Hill Baptist Church (left) (Gate is not locked)
26				Red Hill Baptist Church
	1.00	1.00	S	Remain on 226 N, 197 N joins
	1.10	0.10	L	197 North
	3.00	1.90	L	Remain on 197 N at Harrell Hill Rd. (after bridge)
	4.40	1.40		Bradshaw Fire Department (right)
27				Bradshaw Fire Department
	2.20	2.20	L	Whitson Branch Rd./Green Mt. Rd. (turn left before going under bridge)
	2.50	0.30	R	cross RR tracks (do not race train)
	2.60	0.10	L	Left after bridge, Green Mt. Rd.
	5.70	3.10	R	Jacks Creek Road
	9.30	3.60		Clearmont School Rd. (left)

28				Clearmont School Rd.
	6.50	6.50	L	19 E (Run on Left)
	8.20	1.70	L	West Burnsville Church Rd
	8.40	0.20		West Burnsville Baptist Church
29				West Burnsville Baptist Church
	0.40	0.40	L	Burnsville Business (West Main St. to East Main St)
	1.30	0.90	L/S	Left around town square to get from West Main to East Main.
	2.00	0.70	R	Pensacola Rd.
	2.10	0.10	S	Pensacola Rd./ 197 South (cross 19 E at Traffic Light)
	2.80	0.70	L	Bolens Creek Rd
	4.10	1.30		Bolens Creek Baptist Church (on Right)
30				Bolens Creek Baptist Church
	2.40	2.40	L	197 South
	4.30	1.90		Laurel Branch Baptist Church (right)
31				Laurel Branch Baptist Church
	1.40	1.40	R	197 South (continues)
	6.70	5.30		paved ends, gravel begins (left)
32				gravel begins
	4.40	4.40	S	gravel ends/paved begins
	9.20	4.80	L	Paint Fork
	9.30	0.10		Barnardsville Elementary School (right)
33				Barnardsville Elementary School
	3.10	3.10	S	Maney Branch Rd.
	5.30	2.20	S	Beech Community Center (right)
34				Beech Community Center
	0.10	0.10	L	Reems Creek
	2.50	2.40	L	Ox Creek Rd (2109)
	4.50	2.00		Ox Creek Community Center/South Fork Church
35				Ox Creek Community Center/South Fork Church
	0.00	0.00	S	Ox Creek Rd (2109)
	2.20	2.20	L	Ox Creek Rd
	2.30	0.10	R	Mountain to Sea Trail (MST) (White Blaze)
	4.10	1.80		Craven Gap
36				Craven Gap (Team Vans not allowed on Parkway when exiting Craven Gap)
	0.00	0.00		Cross Blue Ridge Parkway
	0.00	0.00		Enter Mountain to Sea Trail (White Blaze)
	0.00	0.00		Remain on MST, keeping Parkway on Right, DO NOT take spur trails to left or right.
	4.30	4.30	S	Cross Blue Ridge Parkway, remain on MST
	4.30	0.00	S	Remain on MST, keeping Parkway on Left running toward Folk Art Center, DO NOT take spur trails to the left or right.
	5.20	0.90	L	Cross driveway. Folk Art Center will be on your right before making the Left across the driveway.
	5.30	0.10	L/S	Re-enter MST, keeping Parkway on your left.
	5.65	0.35	S	Cross Parkway exit/entrance ramp. Remain Straight on MST.
	5.80	0.15	S	Up steps, running along right shoulder of Parkway over Tunnel Rd.
	5.90	0.10	R	MST turns away from Parkway shoulder. Continue to follow MST keeping Parkway on your left. Avoid left and right spur trails.
	6.60	0.70	R	Azalea Rd (paved road)
	7.70	1.10	L	at Traffic Circle
	7.70	0.00	L	Azalea Rd.
	7.90	0.20	L	Gashes Creek Rd
	8.80	0.90	R	Enter Highland Brewing Co. rear parking lot
	8.90	0.10	S	Finish at The Meadow, Highland Brewing Co.
		203.05		