

SATURDAY APRIL 20th, 2019 SOUTHCREEK OFFICE PARK OVERLAND PARK, KS



Participants -

Thank you for joining us for the eighth annual Easter Egg 5K! Please take a moment to review this guide for important race day information. We are proud to partner with Cornerstones of Care for this event. Learn more about this organization below.





Cornerstones of Care -

In 1997, Gillis and Ozanam and Spofford joined forces to form the Gillis-Ozanam-Spofford (G.O.S.) Consortium with the goal of sharing best practices and leveraging capacity to better develop infrastructure. Marillac joined in 1998, and G.O.S. became Cornerstones of Care, which also grew to include Healthy Families. Together, our Cornerstones of Care family of agencies provided a full spectrum of preventive and treatment services for children and families throughout the region for almost 20 years.

In 2017, the founding agencies came together as true building blocks or 'cornerstones' of compassionate care for even more children and families. Today, their expertise and historical significance are honored through the Cornerstones of Care name, and their individual names have been preserved in the form of campus locations within one Cornerstones of Care organization. Together we have a shared mission and an even greater vision to strengthen our children, families, and communities.

Learn more at cornerstonesofcare.org

Packet pick up

We suggest coming to packet pick up on Friday to avoid long lines on Saturday morning.

Friday 4/19

2-6 pm at both KC Running Company Store Locations

Martin City – 200 E. 135th Street, Kansas City, MO

Lee's Summit – 1555 NE Douglas St., Lee's Summit, MO

Saturday 4/20

6:30 am-7:45 am at Southcreek Office Park (7200 W 132nd St., Overland Park, KS)

About packet pick up

- We will have a list of everyone registered, but it is helpful to bring a copy of your confirmation email (printed or on your phone).
- You are welcome to pick up packets for friends and family.
- Your packet will contain your bib, timing chip, and twist ties to attach the chip to your shoe.
- If you decide not to run or walk or do not wish to be timed, please turn your timing chip in at packet pick up or mail to KC Running Company (200 E. 135th St., Kansas City, MO 64145)



Race day: Saturday 4/20

5K start time: 8 am

Lil' Bunny Fun Run start time: approximately 9 am (after the completion of the 5K)

Lil' Bunny Easter Egg Hunt approximately 9:15 am

Start location: Southcreek Office Park (7200 W 132nd St., Overland Park, KS)



About race day

- The race will be chip timed your start time will be when you cross the starting mats; finish time, when you cross the finish mats
- Attach the timing chip to your shoe with the twist ties (chip MUST be on your shoe; your time will not be captured if the chip is in your pocket or anywhere other than on your shoe)
- The timing chips are reusable and will be clipped off your shoe at the finish line
- If it rains or snows the race will still be held, but if it is unsafe to run or walk the race director reserves the right to cancel the event and no refunds will be given.
- Please line up according to your pace faster runners in front, walkers and strollers in the back.



Lil' Bunny Fun Run

- The Lil' Bunny Fun Run is for kids ages 8 and younger. It will start at approximately 9 am (after the completion of the 5K) at the same start/finish line of the 5K.
- Participants will receive a shirt and bib at packet pick up and a medal after they run.
- There will be an Easter Egg hunt after the kids run plus a visit from the Easter Bunny! - Bags will be provided for the Easter Egg hunt, please do not bring your own bag or basket.





All participants in the Kids Fun Run (Must have Bib on) will recieve a free shaved ice from Paige's Dessert Truck!

All participants in the 5k or spectators can purchase a shaved ice for \$3.75 and 20% of the sale will go to Cornerstones of Care!

Paige's Food Truck will offers homemade from scratch desserts and warm beverages to the Kansas City area. Paige's serves up refreshing shave ice with fresh fruit flavors and many specialty drinks. Based in Overland Park Kansas, Paige's Food Truck is a great option for birthday parties, corporate events, customer appreciation, employee appreciation, graduations, social gatherings!

Course map

Plenty of parking is available in parking lots throughout the Southcreek Office Park. Please DO NOT park in the People's Bank Parking lot.



Participant shirts

At packet pickup you will get to choose your 5K shirt color from four options! (Limited to the remaining colors in your size when you pick up your packet)

You will receive the shirt size you ordered (printed on your packet). You may exchange sizes with remaining shirts starting at 7:45 am race morning.



Event map

Race site: Southcreek Office Park 7200 W 132nd St, Overland Park, KS



Awards

Finisher's medals will be given at the finish line to all those who finish the race.

Age group awards will be given out at the event.

Results will be posted online at www.kcrunningcompany.com.

Photos will be taken at the event and posted online by April 21st at www.kcrunningcompany.com.

Awards will be given to the top overall male and female finishers, top overall masters male and female, and top three males and females in each age group.

- 10 & Under
- 11-14
- 15-19
- 20-24
- 25-29
- 30-34
- 35-39
- 40-44

- 45-49
- 50-54
- 55-59
- 60-64
- 65-69
- 70-74
- 75-79
- 80+

Find Your Results on your Bib!



How Do You Do It?

- 1. Open your camera on your phone
- 2. Hover the camera over the QR Results
- 3. A pop up will open and ask if you would like to go to runsignup.com
- 4. Click the pop up and you will be taken to runsignup.com and be able to view your results

PRINT YOUR FINISHER CERTIFICATE



After the race, you can view or print a finisher's certificate like the one above!

View your result by going to https://runsignup.com/easteregg5k/Results and search for your name, click on it, and then click "VIEW CERTIFICATE"

Thank you for participating in the Easter Egg 5K!

Have a great time at the event and we hope to see you again next year!

Like us on Facebook, follow us on
Twitter and Instagram @KCRunningCo
for event updates!
#EasterEgg5K

