

RIDE THE TIDE

PRESENTED BY EVEN KIEL RACING

Athlete Guide

Hello....Thank you for participating in Ride The Tide. Please read the guide as it contains important information about the ride. The main thing I want to stress is that this ride is on open roads with traffic so you MUST obey all traffic laws.

Arrival/Check In

The ride will start and finish at Slack Tide Brewery.The address is 1879 Route 9 Clermont NJ 08210 .Check in begins at 8:15am. We ask that you are on the road no later then 9:00 for the full Metric Century Ride . We ask that you are on the road then by 9:15 am for the half. Check in for the Fun Ride begins at 9 When you check in you will receive your drink ticket and your coaster.

Please note that there is limited parking at the brewery. You are also able to find parking on your own at a nearby location. Once you get there make sure you check in before you head out on your ride. Even though it is not a race we need you to check in for safety purposes so we can know who is on the course. The bathrooms will be open pre ride.

Course Info

Once you are checked in you may begin your ride. Please note that the ride is on roads that are open to traffic so you must obey all traffic laws. Helmets are required. We also suggest that you wear bright clothing and have a light on your bike. The course will be marked with signs and route arrows on the road. At every turn there will be an arrow sign and or arrows on the road. The Metric Century will be marked with PURPLE arrows. The half will be marked with GREEN arrows. Some of the course is the same for both the full and the half. The first miles 12.7 miles of both courses is the same. At mile 12.7 the Century riders will turn left and the Half riders turn right. Please pay attention to the signs. We also have the course maps and the turn by turn available for download on the Runsignup page. We will have aid stations at miles 15.5 and 40 for the full century. There will be a station at mile 15 for the half. The aid stations will have bottled water, granola bars, candy etc. If for some reason you can not finish your ride you can call me at 609-501-0565 and I will pick you up.

If you are doing the Fun Ride you will follow the orange arrows to the bike path. Once you are on the bike path you will follow it all the way to the zoo. If you go all the way to the zoo and turnaround you get a little over 12 miles of riding. If you want to want to cross over CourtHouse Road to get more distance you may. Just turnaround and follow the bike path back.

Post Race

After the ride we encourage you to stick around and enjoy the brewery . One complimentery beer is included in your registration. There will be a food truck. We will also have water, and snacks available for you after the ride. They are also collecting donations of food or other cat related items.

Charity Partner

We would like to thank Every Little Kitty for providing volunteers to support this ride. If you have not done so yet please consider making a donation to their cause. They will also have a table setup at the brewery selling baked goods and merchandise. They are non profit organization which helps rescue cats in South Jersey.

Thank you for joining us on this ride. If you have any questions or concerns please email me at ckiel78@gmail.com.

Chris Kiel
Even Kiel Racing