

# MSU's Food and Nutrition Association 4<sup>th</sup> Annual HEALTHY HUSTLE 5k

**Saturday, April 11, 2015**

**Location:** CONRAD HALL, MSU CAMPUS

**Start Time:** 9:00 AM

**Course:** SCENIC AND ACCURATE 5K THROUGH THE BEAUTIFUL MSU CAMPUS

**Awards:** AWARD TO OVERALL WINNER. MEDAL TO TOP PLACE IN EACH AGE GROUP

**Age Groups:** 12 & UNDER, 13-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

**Entry Fee:** POSTMARKED BY APRIL 4<sup>TH</sup>, 2015: **\$20**      **AFTER APRIL 4<sup>TH</sup> UNTIL RACE DAY: \$25**

**Registration:** ONLINE REGISTRATION AT: [HTTP://WWW.RUNNINGFOUNDATION.COM/HEALTHY\\_HUSTLE5K.HTML](http://www.runningfoundation.com/Healthy_Hustle5k.html)

**OR** MAKE CHECK PAYABLE TO AND MAIL THIS FORM TO:

**PAYABLE TO:** Food and Nutrition Association

**MAILING ADDRESS:**

Jaclyn Forbes  
735 East Shaw Lane. Room 509 E  
East Lansing, MI. 48825

**Packet Pickup:** BEGINS AT 8:00 AM RACE DAY APRIL 11<sup>TH</sup> AT CONRAD HALL

**INFORMATION: JACLYN FORBES – FORBESJ8@MSU.EDU**

***PROCEEDS WILL BENEFIT CAMP CASEY, A MICHIGAN NON-PROFIT HORSEBACK RIDING PROGRAM FOR CHILDREN WITH CANCER. STARTED BY MSU ALUMNI.***

HEALTHY HUSTLE, APRIL 11<sup>TH</sup>. START TIME 9:00 AM

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY/STATE/ZIP: \_\_\_\_\_

**GENDER:** (CIRCLE ONE)      **M**      **F**      **AGE ON RACE DAY:** \_\_\_\_\_

**SHIRT SIZE:** (CIRCLE ONE)      **S**      **M**      **L**      **XL**

**ENTRY FEE:** POSTMARKED BY APRIL 4<sup>TH</sup>: \$20      APRIL 5<sup>TH</sup> → RACE DAY: \$25

**WAIVER:** BY SUBMITTING THIS ENTRY FORM, I HEREBY, FOR MYSELF, MY HEIRS AND MY EXECUTORS, WAIVE AND RELEASE ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST, MICHIGAN STATE UNIVERSITY, THE MSU FOOD AND NUTRITION ASSOCIATION, CITY OF EAST LANSING AND ALL THEIR DEPARTMENTS, AND ALL SPONSORS, AND RACE MANAGEMENT ORGANIZATION, FOR INJURIES SUFFERED BY ME IN THIS EVENT.

\_\_\_\_\_  
PARTICIPANT'S SIGNATURE

\_\_\_\_\_  
PARENT'S SIGNATURE IF UNDER 18

\_\_\_\_\_  
DATE SIGNED

