

MSU's Food and Nutrition Association 7th Annual

HEALTHY HUSTLE 5k



Saturday, April 7, 2018

Location: CONRAD HALL, MSU CAMPUS

Start Time: 10:00 AM

Course: SCENIC AND ACCURATE 5K THROUGH THE BEAUTIFUL MSU CAMPUS

Awards: MEDALS WILL GO TO 1ST, 2ND, AND 3RD PLACE

Entry Fee: POSTMARKED BY APRIL 1ST, 2016: **\$20** **AFTER April 1st UNTIL RACE DAY: \$25**

Registration: MAKE CHECK PAYABLE TO AND MAIL TO:

Food and Nutrition Association
233 River Street, Apt B105
East Lansing, MI 48823

Packet Pickup: BEGINS AT 9:00 AM RACE DAY APRIL 7TH AT CONRAD HALL

INFORMATION: KRISTIN HEIM – HEIMKRIS@MSU.EDU

PROCEEDS WILL BENEFIT LANSING'S NON-PROFIT ORGANIZATION *THE ASSOCIATION FOR CHILD DEVELOPMENT* THAT EDUCATES PARENTS AND CAREGIVERS ABOUT NUTRITION TO PROMOTE THE DEVELOPMENT OF CHILDREN AND ESTABLISH HEALTHY EATING HABITS TO LAST A LIFETIME.

HEALTHY HUSTLE, APRIL 7TH. START TIME 10:00 AM

NAME: _____ PHONE: _____

ADDRESS: _____ CITY/STATE/ZIP: _____

GENDER: (CIRCLE ONE) **M** **F** **AGE ON RACE DAY:** _____
SHIRT SIZE: (CIRCLE ONE) **S** **M** **L** **XL**

ENTRY FEE: POSTMARKED BY 4/1 : \$20 APRIL 1ST – RACE DAY: \$25

WAIVER: BY SUBMITTING THIS ENTRY FORM, I HEREBY, FOR MYSELF, MY HEIRS AND MY EXECUTORS, WAIVE AND RELEASE ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE MSU FOOD AND NUTRITION ASSOCIATION, CITY OF EAST LANSING AND ALL THEIR DEPARTMENTS, AND ALL SPONSORS, AND RACE MANAGEMENT ORGANIZATION, FOR INJURIES SUFFERED BY ME IN THIS EVENT.

PARTICIPANT'S SIGNATURE

PARENT'S SIGNATURE IF UNDER 18

DATE SIGNED