



5K Wellness Walk

5K & 10K Run



Saturday, April 25, 2015

Race Begins at 9:00 AM

Lakeview High School

"Community Wellness Event"

Register online at www.bcspringintoaction.com

Course: All events will begin and end at the track. Timed events will run on paved roads south, east, and west of the school. Aid stations will be available for timed events with water and energy drinks.

Registration: **5K/10K Run (Timed Event)**

Pre-Registration: \$30 Adults with shirt
\$20 Adults without shirt
\$15 Students (18 & Under) with shirt

Race Day Registration:

\$25 Adults (\$35 with shirt, *limited)
\$20 Students (18 & Under) with shirt, *limited)

5K Wellness Walk

Pre-Registration: \$20 Adults with shirt
\$10 Adults without shirt
\$10 Students (18 & Under) with shirt

Race Day Registration:

\$15 Adults (\$25 with shirt, *limited)
\$20 Students (18 & Under) with shirt*)

***KAR \$2 Discount:** Participants must register online!

Family Registration Special: (3 or more individuals) Pre-Registration: \$60 with shirt

Race Day Registration: \$70 without shirt (\$10 with shirt, *limited)

Race Day Registration: You may register on the day of the event from 6:30-8:30 AM at the Lakeview High School.

*For race day registrants, t-shirts will be available for \$10 (limited supply available).

Packet Pick Up: All participants should use the gym entrance. Race day pick-up is from 6:30-8:30 AM at Lakeview High School Gym.

T-Shirts: T-shirts will be DRI-FIT. Men's, women's and youth sizes are available so be sure to indicate your size. Additional DRI-FIT t-shirts will be available for purchase (limited supply available).

Awards: Awards will be given to the overall male/female winners of the 5K & 10K running events. Age divisions are by **FIVE YEAR** increments. Awards will also be given to the top finisher by gender in each age group. Participation medals will be handed out to all participants in running/walking events.

- For early registration by mail, payment and registration form must be **received** by April 21, 2015.
- Please make all checks payable to [Lakeview School District](#)

Please send registrations to:

Lakeview School District

C/O: BC Spring Into Action

15 Arbor Street

Battle Creek, Michigan 49015

Please Print

Name: _____

Gender: M F (Circle One)

Address: _____

City: _____

State: _____

Zip: _____

Birth Date: _____

Age: _____

Email: _____

Phone: _____

School: _____

T-Shirt Size: _____

T-Shirt Size:

Men's S M L XL

Women's S M L

Youth S M L

I am registering for: ____ 5K (Timed Event) ____ 10K (Timed Event) ____ 5K Wellness Walk

*I understand that participation in this event is voluntary, and I will not hold the Lakeview School District, the City of Battle Creek, or other event sponsors of the BC Spring Into Action event, responsible for any injuries incurred during the event.

Participant Signature: _____

Parent Signature (17 & Under): _____