

Tunnel to Towers Run and Walk 5K

40 Lawrenceville St
McDonough, GA 30253



USATF Certificate:
GA25052WC
Issued 8/26/2025
Thru 12/31/2035

Race Contact:

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NOTES:

1. The Shortest Possible Route (SPR) was always taken for measurement. This course was measured using the full width of the road. This course moves out SW on Lawrenceville St from the Start/ Finish line. Course turns right onto Atlanta St and then moves in a counter clockwise fashion. 5K distance.
2. Stay on Atlanta St passing the highway split / merge.
3. Left turn onto Woodruff St.
4. Turn Left onto Low St then Left turn onto Carmichael St.
5. Turn Right onto Hwy 23 / Griffin St. Stay right.
6. Runners stay on Hwy 23 passing town square.
7. After passing Old Griffin Road runners make hard left U-turn onto Lawrenceville St.
8. Turn Right onto Rogers St then turn left staying on Rogers St.
9. Turn Left onto College St. then turn Right back onto Lawrenceville St.
10. Stay on Lawrenceville St running pass the town square again then veering right to stay on Lawrenceville St back to the Start/ Finish line. 5K distance

Start/Finish: On Lawrenceville St directly in front of the Court House in the middle of pedestrian path. Pin on NW side of road. 10'1" south of crossing sign. (**33.4494473, -84.1454978** Start Finish)

Mile 1: On Hwy 23 / Griffin St in front of Van Matre Law Firm. 13'4" SW of No Parking Sign and 19'1" NE of stair rail for building. (**33.4483043, -84.1472996** mile 1)

Mile 2: On Lawrenceville St in front of Cemetery. East Side of road. Double Telephone poles, Northern Pole 10'9" W, Southern Pole 12'7" NW. (**33.4379627, -84.1463202** mile 2)

Mile 3: On Lawrenceville St before fork. 10'11" West of wood telephone pole and 15'6" North of Lamp Post

Measured By: Jeff Smith
Atlanta, Ga 770-309-2242
August 25, 2025

