Miriam Kittrell 5K Race Feb. 10, 2019

Forest Lake
EDUCATION CENTER

Location & Time

FLEC - 1275 Learning Loop,
Longwood, FL 32779
Check-in Registration begins at 7:00 am &concludes at 7:50 am.

5K Run/Walk

Third–Eighth Grade, Staff, Community Runners
Course: Race starts at FLEC to Sand Lake Rd., go West on Sand Lake Rd. to Hunt Club Blvd. and back to school.

5K Entry Fee

$25.00 - through Jan. 31
$30.00 - Feb. 1-7
$40.00 - Race Day in person
$10.00 - Fun Run

Fun Run

Pre-K-Second Grade Runners Course: One lap around school track.

Beneficiary

Race proceeds go directly to the Worthy Student Fund. The funds help to take away financial barriers from families who wish to be in a Christian environment but can't afford it. It is in our schools that children are shown kindness and what it means to be like Christ. It is in our schools that children are taught to live for a purpose.

Awards

All FLEC student who meet their $100 sponsorship goal as well as all pre-registered entrants will receive a Run/Walk Commemorative T-shirt. Trophies will be awarded to the top 3 FLEC Males/Females students per grade. Trophies will be awarded to the top community Male/Female in each age group. All particpants will receive a finisher medal.

Registration Information

The 5K & Fun Run is open to all runners, joggers, and walkers. Fill out the attached entry form and mail to the address below, or fax to Sophia at: 407-774-7723. Additional entry forms may be obtained online at www.myflec.com. Registration will also be held in the gym on race day.

For More Information or to complete Registration Online visit us at www.myflec.com

Credit Card registrations may be faxed to 407.774.7723. Checks may be mailed to address below. Payments accepted on race day.

FLEC – 17th Annual Miriam Kittrell 5K & Fun Run

OFFICIAL ENTRY FORM (Mail-in Deadline: Feb. 6, 2019)

Mail form and checks payable to:
Forest Lake Education Center, Attn. Sophia Forde
1275 Learning Loop, Longwood, FL 32779

RUNNER'S FIRST NAME

RUNNER'S LAST NAME

AGE

SEX M F

T-SHIRT SIZE S M L XL

DATE OF BIRTH

AMOUNT PAID WITH THIS ENTRY .

STREET ADDRESS OR BILLING ADDRESS FOR CREDIT CARD IF DIFFERENT

CITY

STATE

ZIP CODE

TELEPHONE NUMBER - -

METHOD OF PAYMENT CASH CHECK CHARGE __VISA __MC

CREDIT CARD #

V CODE (3-DIGIT SECURITY CODE ON BACK OF CARD)

EXPIRATION DATE MONTH YEAR

SIGNATURE_____

AMOUNT TO CHARGE $_____

OFFICIAL USE ONLY

NAME AS APPEARS ON CARD

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: fall, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Forest Lake Education Center, the Florida Conference of Seventh-day Adventist and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Please sign here (Parent must sign if participant is under 18 years of age)

Date Signed